February 2025 Newsletter

**2025 Annual Meeting Information** 

**Donate Now** 

# **IDAA Recovery News and Updates**

February 2025 Newsletter

### Not a member? Join Today!

If you are not a member of IDAA you are missing out on a number of services that are only available to IDAA Members through the **IDAA Member Compass!** 

1st Year Discount, use code: IDAA2025

Join Today



## **IDAA Conference July 9-13, 2025**

- Spokane, WA:
  - Register Now (Early Bird Rates!)
  - Spokane Merchandise
  - Lodging Now Open
  - Conference Flyer



# IDAA Saturday Speaker Meeting Recording

We're thrilled to share that the recording of our recent Saturday Speaker meeting is now available in the archive section of the members-only portal!

Speaker: Corinne S.

Location: Philadelphia, PA Family Recovery Member

Don't miss the chance to listen to each

speaker's unique experiences, strengths, and the hope. Visit the portal now to access the recording!

### **Saturday Speaker Archives (Click Here)**

\*Must be logged in to access



# **Annual Virtual Member Meeting**

IDAA hosted it's 1st Annual Virtual Membership Meeting this month! This virtual meeting followed a similar format to the Town Hall Meeting held during our annual conference.

We know that not everyone can attend in person each year, so we're thrilled we could offer this opportunity for everyone to join us!

For those who couldn't make it, the

recording is now available in the archive section of our website (click here). \*you must be a current member to access



## **Scholarships Open Soon!**

Scholarships open March 1<sup>st</sup> for the Annual Conference being held in Spokane, WA.

Scholarship recipients, like newcomers at a 12-step meeting, are the most important people attending each IDAA Annual Conference. Thanks to the generous contributions of our members, we can continue the tradition of offering full and

partial scholarships for members and their families.

Scholarships are offered for registration fees, CE's, and lodging only and are available for both individuals and their families.

Additional details/applications will be available here March 1st.

The average cost per scholar for the 2025 Conference is \$1200. Click Here to Sponsor a Scholar!



# Join the IDAA Helpline

With the holiday season and the shorter days of winter, we're reminded how these times can sometimes bring feelings of isolation. It's also a time when more people reach out for connection and support, and that's where the IDAA Helpline plays such a vital role. We want to encourage you to sign up for the Helpline and help ensure that every

call is met with a warm and welcoming

response. Your participation can truly make a difference for someone in need.

How do you sign up? Click here to learn how.



# **Counterpart Membership**

This exclusive membership allows your spouse or significant other to enjoy their own login, access the member directory (optional), and become more connected to the IDAA community. It is available only to spouses, significant others or partners of current Doctoral (or Equivalent) Members and IDAA Family Recovery Members.

Click Here to learn more.



## **AA International Convention**

Are you planning to attend AA's International Convention in Vancouver this July 3-6? We're excited to announce that IDAA will have its own hospitality suite at the event! We're looking for IDAA members who plan to attend and may be willing to assist with the suite.

If you're interested in volunteering or getting connected with other IDAA members attending, please take a moment to fill out the form: Click Here



#### **IDAA Ambassador**

#### Conference Season is Here!

Are you planning to attend an upcoming conference?

We are seeking IDAA Ambassadors to help spread the message of hope and recovery and IDAA fellowship at upcoming conferences. Please reach out if you are interested or need printed materials, info@idaa.org.

Already served as an ambassador? Please remember to complete the form (click here) so we can track where IDAA has been

represented!



# IDAA's 76th Annual Conference Updates

Come west to the 76th Annual IDAA Conference in **Spokane**, **Washington**, **from July 9-13**, **2025**! Explore your authentic self as we delve into the meaning of "To Thine Own Self Be True."

Register today (click here)
Book your lodging (click here)

Help us spread the word by sharing our conference flyer (**click here**)

## Family Recovery Volunteer(s) Needed

We need 1-2 people to lead as Family Recovery Chairs. Much of the work for this position has been completed, topics/steps and times are all already set, we just need a couple of volunteers to help in identifying people to take on each topic/step.

This person(s) will ensure that the room is set up accordingly and if necessary, alternatives are found if necessary.

This is a great opportunity to get involved with IDAA and learn more about conference planning. Planning meetings are held the at 12 pm EST, the third Saturday of each month, until June.

If interested please email info@idaa.org

### **Childcare Information**

We're excited to announce our partnership with Herzog Family Center for our Children's Banquets on Thursday and Saturday night!

For families with children under 7 who aren't old enough to attend IDAA's children's program, and who may need private care at other times during the conference, please reach out to Brian at Herzog Family Center directly at admin@herzogfamilycenter.com or call 509.456.2590 and reference the IDAA conference in July.

Learn more about Herzog Family Center (Click Here)

# MJ - The Musical in Spokane, WA

We're thrilled to share that discounted tickets are now available for MJ - The Musical, coming to Spokane during our Annual Conference! This exciting

show will celebrate the music and legacy of Michael Jackson. Visit Spokane has helped us secure this special deal just for our members.

We especially recommend purchasing tickets for **Tuesday** before the conference begins **or Friday night**, when no official programming is scheduled, allowing you to enjoy this spectacular performance without missing any conference events.

Don't miss this chance to witness the magic of MJ live on stage!

To purchase tickets, simply Click Here.

## **IDAA's Silent Auction at the Annual Conference**

Not feeling the gift you got this holiday season? Don't fret—donate it and let it shine here instead!

Jonathan W., this year's IDAA Silent Auction Chair, invites everyone to contribute to the upcoming silent auction at the 2025 Annual Conference in Spokane.

Our annual Silent Auction is known for its one-of-a-kind items: dazzling jewelry, stunning artwork, hand-blown glass, signed books, dreamy vacation stays—you name it, we've auctioned it! But this year? Jonathan is aiming for the most jaw-droppingly eclectic mix of items yet, and he needs your help to make it happen!

Those interested in donating can reach out directly to Jonathan at Jonathanpwynne@gmail.com

# Zoom Backgrounds

If you want to help promote the conference, use these backgrounds for your virtual meetings.

**Background Option 1 Background Option 2** 

## **Conference Format**

Curious about how the days unfold at the conference? Below is a typical schedule format for IDAA:

**Arrival Wednesday**: Mentor/Mentee Match-up, Teen Program/Children's Program Introductions, Programming begins at noon, Welcome reception in the evening

**Thursday**: Early bird sessions begin at 7 am, Newcomers Banquet (included in registration), breakouts in late evening

**Friday**: Early bird begins at 7, Family Recovery Luncheon (included in registration), Programming typically ends by 4 pm, Dinner on your own (or with

new friends!), breakouts in the late evening

Saturday: Full day of programming beginning at 7 am, Speaker Banquet

(included in registration), breakouts following banquet

Sunday: Spiritual Breakfast (included in registration), final wrap-up - attendees

usually leave the hotel by 10-10:30 and head home.

\*Peer Programming is typically in the morning with CE's in the afternoon



# Upcoming International and US Meetings:

#### June 6-8, 2025

- 28th Annual Australian & NZ Doctors in Recovery Annual Meeting
- Location: Cairns, Queensland, Australia
- Click Here for Details

## July 9-13, 2025

- 76<sup>th</sup> Annual IDAA Annual Conference
- Venue: The Davenport Grand Spokane, Washington
- Click Here for Details











## What is IDAA?

IDAA is a nonprofit organization committed to empowering healthcare professionals and their families in their journey to recovery from substance abuse disorder. We connect individuals struggling or in recovery from substance abuse and loved ones to supportive communities, both online and in person. Here, they can find inspiration, strength, and hope as they hear personal stories of recovery from addiction as told by fellow healthcare professionals. To further our mission, we gather annually for a conference, delving into the educational depths of addiction as a disease and providing invaluable spiritual support to one another.

# **Get In Touch**

#### **IDAA**

5123 W 98th St., #1110, Minneapolis, MN 55437 651-299-3452 Contact Us







**Mission Statement:** The mission of IDAA is to carry the message of recovery to healthcare professionals and their families.

**Vision Statement:** IDAA envisions recovery for all healthcare professionals and their families impacted by addictive disorders.

**IDAA Inclusivity Statement:** IDAA envisions Recovery for all health care professionals and their families impacted by addictive disorders. We celebrate Diversity and are committed to Equity and Inclusion of people from all Racial, Ethnic, Cultural, Sexual/Gender and Spiritual identities. Many Recovery Pathways in addition to AA are represented at the IDAA Annual Meeting, Regional Meetings, and on our virtual and email meetings.

IDAA | 5123 W 98th St. #1110 | Minneapolis, MN 55437 US

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