



IDAA

A Recovery Fellowship for Healthcare Professionals and Their Loved Ones

November 2024 Newsletter

[2025 Annual Meeting Information](#)

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IDAA Recovery News and Updates

November 2024 Newsletter

Not a member? Join Today!

If you are not a member of IDAA you are missing out on a number of services that are only available to IDAA Members through the **IDAA Member Compass!**

1st Year Discount, use code: *IDAA2024*

Join
Today



IDAA 2025 - SPOKANE

IDAA Conference July 9-13, 2025

- Spokane, WA:

- [Register Now](#) (Early Bird Rates!)
- [Spokane Merchandise](#)
- [Lodging Now Open](#)
- [Conference Flyer](#)

A message from the Executive Director

During this season of gratitude, I want to take a moment to reflect on all that IDAA embodies and continues to accomplish. Our community's unwavering passion for recovery, support, and volunteerism is truly remarkable. Our Board of Directors and members remain steadfast in advancing our mission and vision.

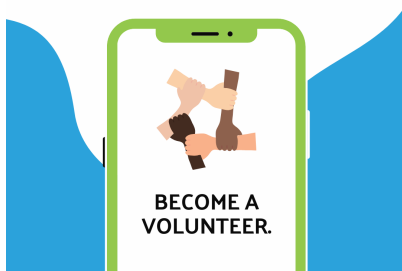
May the strength of peer fellowship bring you warmth and serve as a guiding light throughout this holiday season.

I am deeply thankful for each of you and for the incredible IDAA community we share. Thank you for being an essential part of what makes this organization so special.

With love and appreciation,
Michelle Van Alst



IDAA HELPLINE



Join the IDAA Helpline

As we approach the holiday season and the shorter days of winter, we're reminded how these times can sometimes bring feelings of isolation. It's also a time when more people reach out for connection and support, and that's where the IDAA Helpline plays such a vital role.

We want to encourage you to sign up for the Helpline and help ensure that every call is met with a warm and welcoming response. Your participation can truly make a difference for someone in need.

How do you sign up? [Click here](#) to learn how.



Giving Tuesday

As the holiday season approaches, we want to remind you about GivingTuesday on **December 3, 2024**. We will be collecting donations to support the IDAA Scholarship Fund, helping individuals attend the Annual Conference regardless of financial circumstances. Additional details to come December 3rd!



Virtual Member Meeting*

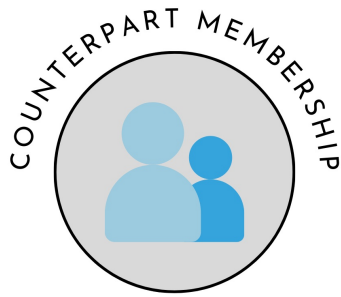
IDAA will be hosting a virtual Member Meeting on **Saturday, February 15th, at 6 PM EST**. This meeting will be similar to the Town Hall Meeting held during our annual conference.

We understand that not everyone can attend in person each year, so we're excited to offer this opportunity for everyone to participate!

**Must be an IDAA member to attend. More details to follow.*

New Membership Type!

This membership allows your spouse or significant other to enjoy their own login, access the member directory (optional), and become more connected to the IDAA



community at a rate of \$100/year. **It is available only to spouses, significant others or partners of current Doctoral (or Equivalent) Members or IDAA Family Recovery Members.**

[Click Here](#) to learn more.



PLANNED GIVING

Planned Giving

A planned gift to IDAA can make a lasting impact on our organization’s future. Whether it’s a bequest, retirement assets, or other charitable gift arrangement, a planned gift provides critical funding to IDAA in the years to come. Learn more on the various planned giving vehicles you can utilize, as well as the tax advantages associated with each ([click here](#)).



Western Doctors in Recovery 2025 Annual Meeting

Join WDR in Sunny La Jolla California for the 11th Annual Western Doctors in Recovery Conference February 20-23, 2025.

Early bird rates available until December 20th, 2024.

[Register Here](#)

COME WEST!



IDAA 2025 - SPOKANE

July 9-13, 2025

Lock in Early Bird Rates!

Come west to the 76th Annual IDAA Conference in Spokane, Washington, from July 9-13, 2025! Explore your authentic self as we delve into the meaning of “To Thine Own Self Be True.”

Did you miss our site visit email? ([click here](#))

Register today ([click here](#))

Book your lodging ([click here](#))

Help us spread the word by sharing our



IDAA Ambassador

Conference Season is Here!

Are you planning to attend an upcoming conference?

We are seeking IDAA Ambassadors to help spread the message of hope and recovery and IDAA fellowship at upcoming conferences. Please reach out if you are interested or need printed materials, info@idaa.org.

Already served as an ambassador? Please remember to complete the form ([click here](#))

so we can track where IDAA has been represented!

[Click Here for Additional Details & Resources!](#)

IDAA Bylaws

The IDAA Board of Directors has approved an updated version of the bylaws. [Click here](#) to view them.



Upcoming International and US Meetings:

February 20-23, 2025

- **Western Doctors in Recovery (WDR)**
- Venue: Hyatt in La Jolla
- [Click Here for Details](#)

June 6-8, 2025

- **28th Annual Australian & NZ Doctors in Recovery Annual Meeting**
- Location: Cairns, Queensland, Australia
- [Click Here for Details](#)

July 9-13, 2025

- **76th Annual IDAA Annual Conference – International Doctors in AA**
- Venue: The Davenport Grand - Spokane, Washington
- [Click Here for Details](#)

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What is IDAA?

IDAA is a nonprofit organization committed to empowering healthcare professionals and their families in their journey to recovery from substance abuse disorder. We connect individuals struggling or in recovery from substance abuse and loved ones to supportive communities, both online and in person. Here, they can find inspiration, strength, and hope as they hear personal stories of recovery from addiction as told by fellow healthcare professionals. To further our mission, we gather annually for a conference, delving into the educational depths of addiction as a disease and providing invaluable spiritual support to one another.

Get In Touch

International Doctors in Alcoholics Anonymous

5123 W 98th St., #1110,
Minneapolis, MN 55437
651-299-3452

Contact Us



Mission Statement: The mission of IDAA is to carry the message of recovery to healthcare professionals and their families.

Vision Statement: IDAA envisions recovery for all healthcare professionals and their families impacted by addictive disorders.

IDAA Inclusivity Statement: IDAA envisions Recovery for all health care professionals and their families

impacted by addictive disorders. We celebrate Diversity and are committed to Equity and Inclusion of people from all Racial, Ethnic, Cultural, Sexual/Gender and Spiritual identities. Many Recovery Pathways in addition to AA are represented at the IDAA Annual Meeting, Regional Meetings, and on our virtual and email meetings.

International Doctors in Alcoholics Anonymous | 5123 W 98th St. #1110 | Minneapolis, MN
55437 US

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