



# IDAA

*A Recovery Fellowship for Healthcare Professionals and Their Loved Ones*

May 2024 Newsletter

[2024 Annual Meeting Information](#)

[Donate Now](#)

## IDAA Recovery News and Updates

### Not a member? Join Today!

If you are not a member of IDAA you are missing out on a number of services that are only available to IDAA Members through the **IDAA Member Portal!**

1st Year Discount, use code: *IDAA2024*

Join  
Today

### IDAA Conference 2024

**July 10-14 - Baltimore:**

- [Register Now](#)
- [Conference Lodging](#)
- [Exhibitor Space](#)
- [Baltimore Merchandise](#)



### IDAA Recovery Story

*The Family Recovers - Leigh H.*

There was a time in my life when I was completely unaware that the generational codependency on my maternal side was unusual, or that it didn't contribute to healthy relationships. I adored my great grandmother (who had very restrictive ideas regarding bad language, drinking, religion and sex that she quite vocally shared), was less close to her daughter, my grandmother (who tried to restrict drug and alcohol consumption in both of her husbands over the years), and my mother (who finessed passive aggressiveness to try to make my father control his overeating, but rarely responded

to his anger or criticism with any assertiveness of her own). There definitely were good moments in each relationship as I observed them over the years, but unhealthy communication is what I learned and brought into my marriage.



### **IDAA Bulletin Board Contest!**

Are you a member of IDAA? Dive into our Bulletin Board, a virtual hub where members connect, share, and seek advice. Each post will earn you 1 ticket in our raffle for an **IDAA: The First Sixty Years** or a Baltimore T-shirt! **Raffle to be drawn July 1st!**

Topic Ideas Include:

- Jobs (seeking employee(s) or employment)
- Affirmations
- Connections/Network Building
- Advice seeking

[Click Here to Access the Bulletin Board](#)



### **Silent Auction**

Greetings from the Baltimore LAC Silent Auction Chair!

Exciting news: we're hosting an in-person Silent Auction at our Conference in Baltimore. Your donations make a huge difference in supporting our mission.

Please submit items by June 20.

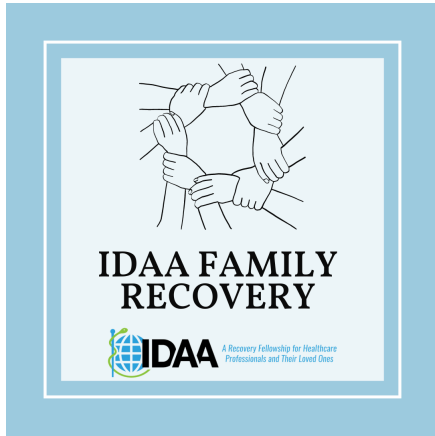
Here are some donation ideas:

- Vacations/Homes: Timeshare vouchers, vacation properties
- Gift Cards: Dining, shopping, gas, airlines, fitness
- Electronics/Technology: Computers, Netflix subscriptions, Bluetooth speakers
- Gift Baskets: Rainy day games, campfire goodies, movie nights

Reach out to [Executive@IDAA.org](mailto:Executive@IDAA.org) to donate or with questions.

Thank you for your support!

Warm regards,  
Fran L. - Auction Chair, Baltimore LAC



## From AI-Anon to Family Recovery

At the 2023 business meeting of the IDAA AI-Anon program in Tucson AZ, it was decided that the IDAA AI-Anon program would be renamed the IDAA Family Recovery program. There were several reasons that this decision was made.

[Read More Here](#)



## 75th Annual Conference Baltimore July 10-14, 2024

Schedule at a glance now available. [Click Here](#)

**Register:** Currently over 475 people are registered! [Click Here to Register Now](#)

**Lodging:** There are a limited number of rooms remaining at the hotel. [Click Here to Reserve Your](#)

### Room

**Exhibitor:** Exhibitor space is limited, reserve yours now! [Click here for additional information.](#)

**Merchandise:** Baltimore Merchandise is NOW available for purchase, only t-shirts and fleece jackets will be sold on-site. [Click here](#)

[Click Here for Additional Updates:](#) Childcare, Medical Equipment Rentals, Aquarium Discounts and more!

## Forever Sober

In anticipation of the upcoming Annual Conference, kindly forward any details regarding members who have passed away in the last year. As part of our longstanding tradition, we will be recognizing these members during the conference.



Please send the information to [executive@IDAA.org](mailto:executive@IDAA.org). If possible, include a photograph and a link to the obituary.

## Forever Sober



### IDAA Ambassador

Become an ambassador for change with the IDAA Ambassador Program! If you're a member passionate about spreading the message of hope and recovery, this program invites you to represent IDAA within your network. Equip yourself with informative materials designed to make a meaningful impact. Join hands with us in reaching out to those in need, fostering a community of support and understanding. Ready to be a beacon of hope?

Learn more about the IDAA Ambassador Program by reaching out to [info@IDAA.org](mailto:info@IDAA.org). Together, let's make a difference!

[Click Here for Resources!](#)



### 75th Anniversary Campaign

This year marks an important milestone in IDAA history - our 75th Annual Conference of International Doctors in Alcoholics Anonymous. To support this event and our broader mission, we invite you to contribute to our 75th Anniversary Campaign. Your donation will help us host the conference, offer scholarships, and expand our services beyond this event. Your contribution will also ensure the longevity and impact of IDAA for years to come. I hope you will join us in

celebrating this achievement by making a donation [here](#). All donors will be recognized at the 2024 Annual Conference.

Donate Now



## Upcoming International and US Meetings:

### July 10-14, 2024

- **75<sup>th</sup> Annual IDAA Annual Conference – International Doctors in AA**
- Venue: Baltimore Waterfront Marriott Hotel, Baltimore, MD
- [Click Here for Details](#)

### October 10-13, 2024

- **British Doctors + Dentists Group (BDDG) – Annual Convention**
- Venue: TBD
- [Click Here for Details](#)

### November 7-10, 2024

- **46th Annual New England Professionals Group (NEPG) Conference**
- Venue: The Nonantum, Kennebunkport, ME
- [Click Here for Details](#)

A light blue rectangular graphic. At the top right is the IDAA logo. The main text reads "Follow Us on Social Media" in large, bold letters. To the right is an icon of a thumbs-up and a heart. Below this, it says "Let's Get Connected for Our Latest News &amp; Updates". At the bottom are three green buttons with social media icons and text: "on Twitter @IDAARecovery", "on Facebook @IDAARecovery", and "on Instagram @IDAARecovery".



What is IDAA?

IDAA is a nonprofit organization committed to empowering healthcare professionals and their families in their journey to recovery from substance abuse and addictive behaviors. We connect individuals struggling or in recovery from addiction and loved ones to supportive communities, both online and in person. Here, they can find inspiration, strength, and hope as they hear personal stories of recovery from addiction as told by fellow healthcare professionals. To further our mission, we gather annually for a conference, delving into the educational depths of addiction as a disease and providing invaluable spiritual support to one another.

## Get In Touch

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### International Doctors in Alcoholics Anonymous

5123 W 98th St., #1110,  
Minneapolis, MN 55437  
651-299-3452

Contact Us



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**Mission Statement:** The mission of IDAA is to carry the message of recovery to healthcare professionals and their families.

**Vision Statement:** IDAA envisions recovery for all healthcare professionals and their families impacted by addictive disorders.

**IDAA Inclusivity Statement:** IDAA envisions Recovery for all health care professionals and their families impacted by addictive disorders. We celebrate Diversity and are committed to Equity and Inclusion of people from all Racial, Ethnic, Cultural, Sexual/Gender and Spiritual identities. Many Recovery Pathways in addition to AA are represented at the IDAA Annual Meeting, Regional Meetings, and on our virtual and email meetings.

International Doctors in Alcoholics Anonymous | 5123 W 98th St. #1110 | Minneapolis, MN  
55437 US

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