



IDAA

A Recovery Fellowship for Healthcare Professionals and Their Loved Ones

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Hello,

We are excited to announce that each week leading up to the 77th Annual Conference in Chicago, IL, we will be highlighting one of our esteemed CE (Continuing Education) speakers! This week, we're thrilled to shine the spotlight on **Yeshaia Blakeney**, who will be sharing his expertise on **Why Are Young Men Stuck? Anxiety, Isolation, and the Path to Purpose.**

Yeshaia Shimone Frankel Blakeney is the founder of Recover Integrity, a dual-diagnosis treatment program in Los Angeles, and Antedote, an experiential program focused on psychological maturation, purpose, and resilience in young men. He has over two decades of experience working in addiction treatment, men's mental health, and spiritual counseling across residential, outpatient, and community-based settings.

His clinical work centers on adolescent and young adult males presenting with anxiety, isolation, substance use, and developmental arrest. He specializes in helping clinicians differentiate primary psychiatric pathology from

developmentally mediated presentations shaped by family dynamics, technology immersion, and disrupted identity formation. His approach integrates developmental psychology, psychoanalytic insight, philosophy, and contemplative practice to support engagement, regulation, and long-term recovery.

Yeshia is a writer and speaker on trauma, masculinity, moral development, and contemporary challenges in mental health treatment. He is known for bringing intellectual rigor, clinical depth, and grounded practical insight to complex developmental issues. He is married with four children, and his work is informed by both his clinical practice and lived experience as a father.

The objectives of Yeshia's CE presentation are outlined below:

- Identify key developmental and psychosocial factors contributing to anxiety, isolation, and motivational arrest in adolescent and young adult males, including technology immersion, family dynamics, and delayed individuation.
- Differentiate between primary psychiatric pathology and developmentally mediated presentations of anxiety, withdrawal, oppositional behavior, and substance use in young men.
- Describe the impact of dopamine-driven environments, including gaming, social media, and substances, on emotional regulation, identity formation, and treatment engagement in young male patients.
- Apply a developmentally informed framework of Calling, Craft, and Character to clinical assessment, case conceptualization, and treatment planning with young men experiencing anxiety, depression, or substance-related disorders.
- Recognize how dysregulated agency, aggression, and drive may present clinically as anxiety, acting out, or disengagement, and identify strategies for guiding these forces toward integration rather than suppression.
- Integrate purpose-oriented, embodied, and responsibility-based interventions into clinical and recovery settings to support maturation, engagement, and long-term stability in young male patients.

Stay tuned as we introduce additional CE speakers in the coming weeks. Our CE credits are approved by the appropriate accrediting bodies and can help you meet licensure and certification requirements. [Click here](#) to see the types of CE credits that are available. Our 2026 CE Accreditation Statement can be found [here](#).

[Register Here!](#)

Yours in Service,
Michael M. & Jim T. - Chicago CE Co-Chairs

Register for Chicago!

Get In Touch

IDAA
5123 W 98th St., #1110,
Minneapolis, MN 55437
651-299-3452

Contact Us

Visit our Website



IDAA | 5123 W 98th St. #1110 | Minneapolis, MN 55437 US

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