



*A Recovery Fellowship for Healthcare
Professionals and Their Loved Ones*

MISSION STATEMENT

The mission of IDAA is to carry the message of recovery to healthcare professionals and their families.

VISION STATEMENT

IDAA envisions recovery for all health care professionals and their families impacted by substance use disorders.

WHAT IS IDAA?

A worldwide support system of healthcare professionals, families and significant others striving to help one another attain and maintain recovery from addiction



MEMBERSHIP

- Physicians, dentists, veterinarians, psychologists, pharmacists, podiatrists, chiropractors, and other doctoral level healthcare providers
- Advanced registered nurse practitioners, certified registered nurse anesthetists, physician assistants
- Family members of these professionals

A confidential, non-compulsory fellowship for healthcare professionals, not affiliated with any disciplinary entity, treatment center, or monitoring organization



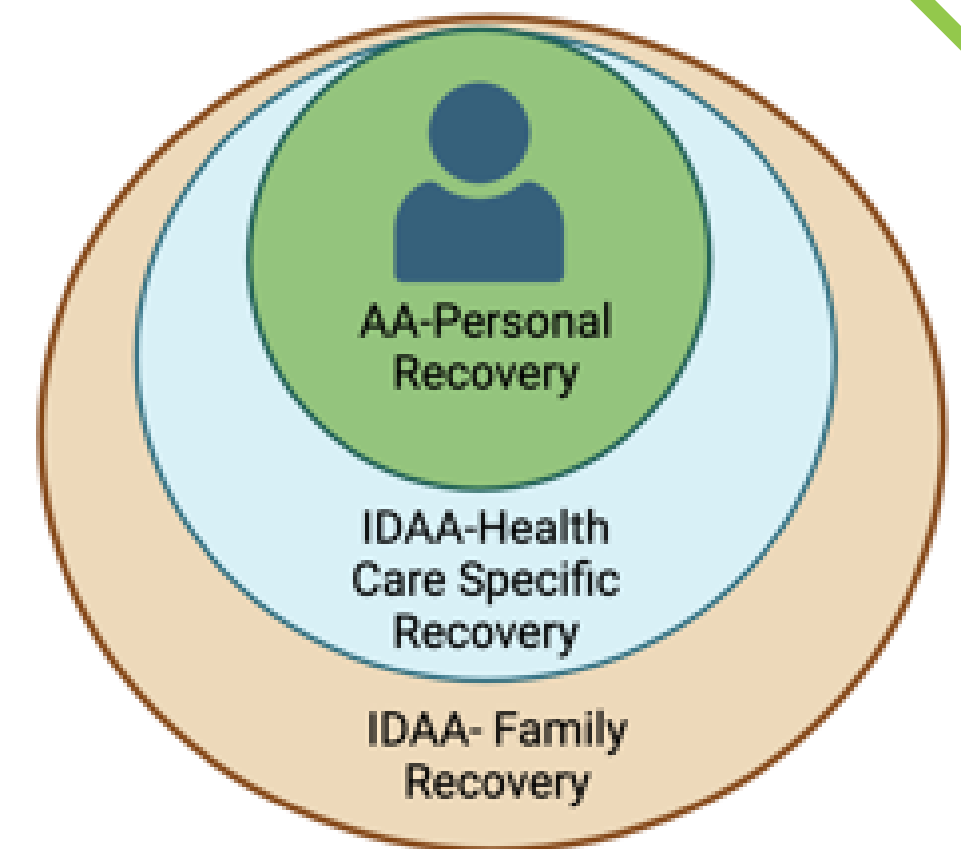
HISTORY OF IDAA

- Physicians have always been part of 12 Step recovery, including co-founder of Alcoholics Anonymous, Robert H. Smith, M.D. (Dr. Bob).
- In 1949, Clarence Pearson, M.D., a physician who found recovery in AA, sought out other doctors in an ad in AA's monthly magazine, The Grapevine. He hosted 34 members at the first IDAA meeting with his wife Polly, in Cape Vincent, NY.
- IDAA annual meetings are now attended by 500-1000 healthcare professionals, family members and guests.

“Physician, heal thyself (Medice, cura te ipsum)”

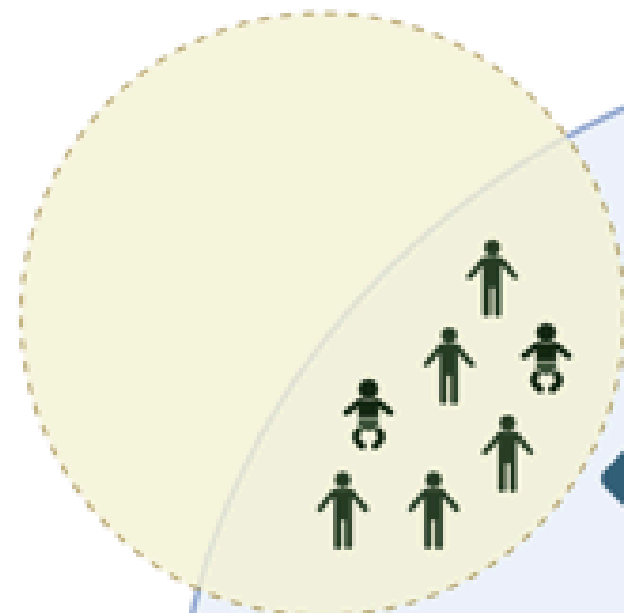
WHAT DOES IDAA DO?

- IDAA programming includes recovery from all substance use and process disorders with the focus on individual and family recovery.
- IDAA is a separate entity from Alcoholics Anonymous; it was and continues to be inspired by 12-Step principles.
- The mission of IDAA is to carry the message of recovery to health care professionals and their families.
- We celebrate diversity and are committed to equity and inclusion of people from all racial, ethnic, cultural, sexual/gender and spiritual identities.

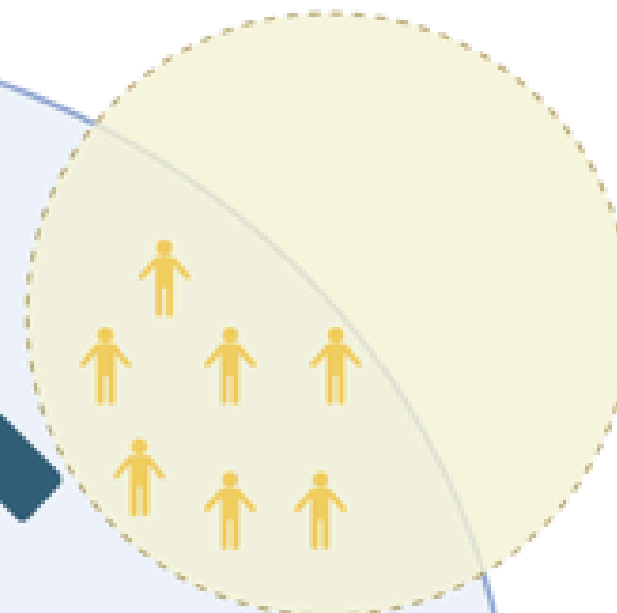




Families



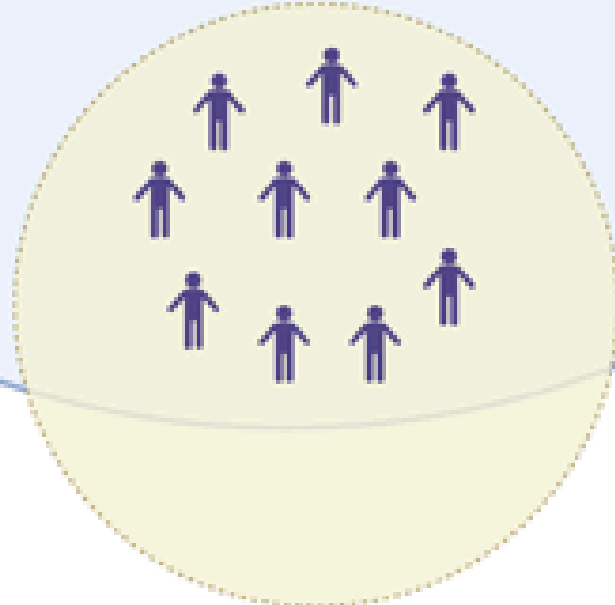
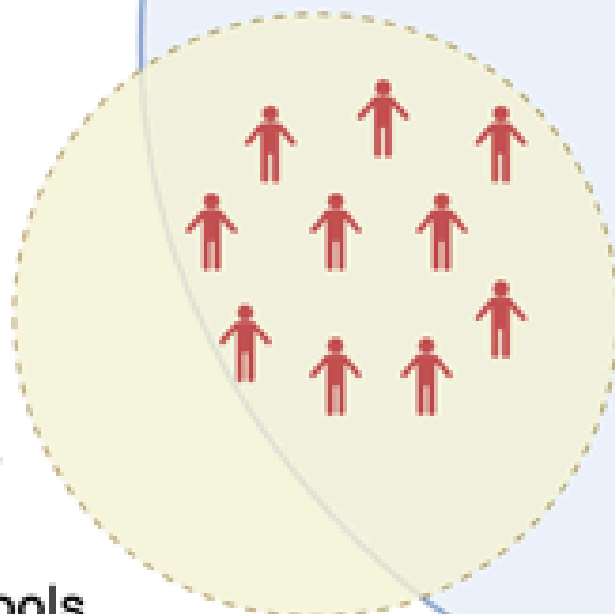
IDAA is the Club House



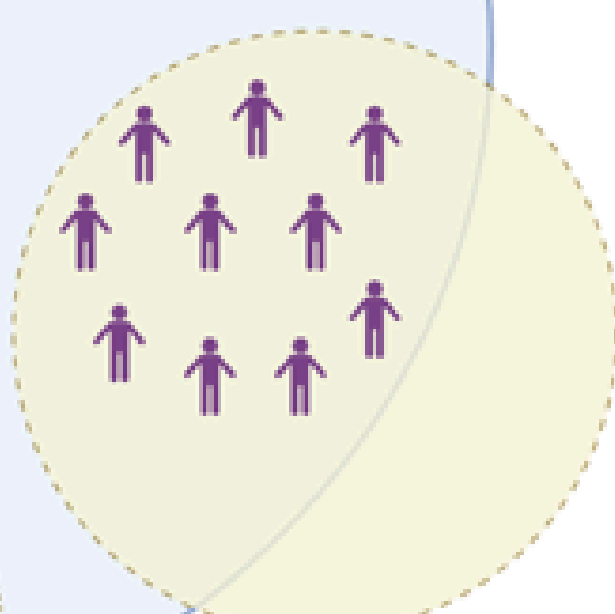
Word of Mouth



Medical Schools



PHPs




Hospitals


WHAT DOES IDAA LOOK LIKE?


- **Support for members throughout the year**
- Weekly virtual/in-person meetings with specific focuses (i.e. subspecialty and location)
- Bulletin board with posting of topics and announcements in the community
- Member directory
- Archives of previous speakers from conferences including CE track topics
- Email listserv


Member Compass™

Dashboard


 Pay Balance


 Account History

 My Events

 Profile

 Login & Password

 Payment

 Logout



Have you updated your member profile lately? Take a look at your information [here](#) and make updates.

Welcome IDAA Member!

Please take a moment to look around, and get acquainted with the new system! Please check your profile and make any necessary updates to ensure accuracy.

[Bulletin Board](#)

[Email ListServ](#)

[Account](#)

[Meeting List](#)

[Archive](#)

[Member Directory](#)

Dues Renewed Until
June 23, 2026

[Contact Us](#)

Member Since
2023

IDA A ANNUAL CONFERENCE

For health care professionals:

- 12-Step recovery meetings in person
- Breakout meetings: women; couples; LGBTQ; medical subspecialties
- CE presentations on topics in addiction and recovery
- Scholarships for those in need

Expansion of CE Credits offered:

- AMA PRA Category 1 Credits™ for Physicians (MD/DO)
- ANCC CE for Nurses (RN, NP)
- ACPE Credit for Pharmacists
- APA CE for Psychologists
- ASWEB CE for Social Workers
- ADA CERP CE for Oral Health Professionals
- NAADAC CE for Addiction Professionals

IDA A ANNUAL CONFERENCE

Family Recovery

- Spouses and loved ones
- Meetings held in parallel with AA at annual meetings

IDA A Children's Program: Ages 7 -12

- Structured 3-day experience with leaders who are specialists in adolescent/family recovery

IDA A Teen Program: Ages 13 -19

- Structured 3-day experience
- Leaders are specialists in adolescent/ family recovery

IDA A Twenties:

- Started by graduates of IDA A Teen Program
- Self-structured

UPCOMING CONFERENCES

- July 8-12, 2026 - Chicago, IL Marriott Magnificent Mile
- July 21-25, 2027 - Orlando, FL Renaissance at Seaworld



PERSONAL EXPERIENCES

- *“I was welcomed with open arms. I immediately felt at home. My life has never been the same.”*
- *“IDAA is the one place where, not only can I be my true self, but I can also meet and connect with others whose experiences are like my own.”*
- *“For the first time in my life, I found hope, friendship, love, and a place to belong. At IDAA, I had found my people.”*
- *“The true gift of IDAA - a safe place for our whole family to shed shame and fear to find solutions, contentment and even serenity.”*

CONTACT IDAA

- **www.IDAA.org**
- IDAA Central Office
5123 W 98th St, #1110
Minneapolis, MN 55437
- Michelle Van Alst – Executive Director executive@idaa.org
- IDAA Central Office: 651-299-3452