

SEPTEMBER 2025 E-News

Division of Professional Practice (Division 17)



President (2022-2026)
Susan McDaniel, PhD



President-Elect (2022-2026)
Tim Carey, PhD

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September, 2025 E-News:

KEY ACTIVITIES: Division of Professional Practice:

The last two months have been focused both on reflection about the recent European Congress of Psychology in Cyprus (July 1-4, 2025) and preparation for ICAP: our own IAAP congress in Florence in 2026: **The International Congress of Applied Psychology (ICAP: July 21-25, 2026)**

- **ECP: Cyprus (July 1-4, 2025)**

As mentioned in our July E-News, three of our Executive Committee (James Bray, John-Francis Leader and Robyn Vines) attended on behalf of Division 17. The Congress was hosted by EFPA (The European Federation of Psychologists' Associations) and included the General Assembly of EFPA and multiple other events.

- **Details of the ECP programme and photo gallery:**
<https://cyprusconferences.org/portfolio/european-congress-psychology-25>
- **Our own Participation:**
Symposium: "International Perspectives on Psychologists in Integrated Health Care: Equitable, Accessible and Innovative Models"
- *Workshop:* James Bray presented a workshop on 'Extending Accessible Health Care with Digital Mental Health Apps' which was well-attended and generated a lot of interest.
- **Roundtable:** John Francis Leader participated as part of a panel focused on the 'European Year of Mental Health':
- **Networking:** As is always the case at these international conventions, it was a superb opportunity to network with our colleagues from the IAAP (including those involved in representing the profession of psychology at the United Nations and World Health Organisation), the IUPsyS, EFPA and other Psychological Associations around the world (e.g. the APA, BPS, APS, etc). We look forward to this opportunity at ICAP in Florence in July, 2026 and invite all those interested to submit abstracts.
- **Consumer Representation:** An interesting and valuable feature of the Congress was the presence and advocacy of Mental Health Consumers amongst those attending. Ms Poly Gregora – an 'Expert by Experience' – opened the Congress with an eloquent call for those whom we impact so profoundly with our interventions (i.e.

patients, clients, consumers) to be included in discussions around quality control of services provided and optimal engagement.

- **ICAP, 2026: Florence**

- **Invited symposia and other presentations: ‘Integrated health care’**

In line with our 15-year-campaign focused on the need for integrated general and mental health care, involving psychologists as a core part of a multi-disciplinary team in primary and hospital-based mental health care (*since ICAP in Melbourne in 2010; ICP: 2012, Capetown; ECP: 2013, Stockholm; ICAP: 2014, Paris; ECP: 2015, Milan; ICP: 2016, Okinawa; ECP: 2017, Amsterdam; ICAP: 2018, Montreal; post-COVID – ECP: 2023, Brighton; ICP: 2024, Prague; ECP: 2025, Cyprus*) –

we are re-convening multiple invited symposia and other presentations advancing this cause. Further details will be provided, once abstract submissions are in and confirmations received.

- **Other presentations have also been welcomed with our President, Susan McDaniel issuing an [invitation](#) to all IAAP and Division 17 members to submit ideas and abstracts for all presentations: symposia, workshops, posters, etc. The submission deadline (28.9.25) may have passed by the time September E-News is received; however, it has been a key part of our activity over the past month to review and encourage multiple submissions in different areas.**

- **Monthly Division 17 Executive Committee zoom meeting:** our latest meeting was held on 9th September with attendees from the USA, Ireland, Argentina and Australia, a key focus was ICAP and generating ideas for symposia, workshops, etc. **We now have a monthly series** in which members of the Executive make presentations.

Matias Salgado: presented his work in Argentina which is based on the Method of Levels (MOL) approach, in which psychological distress is understood as having one main psychological process – control of experience. This is based on Perceptual Control Theory, under-pinned by 3 principles – control, conflict, and re-organization. This is a flexible a-diagnostic therapy created by our own President-Elect: Tim Carey - see below. It is client-led and aims to help them shift their awareness to higher levels, where reorganization can resolve the conflict.

There are 2 therapeutic goals: (1) explore the problem in detail by asking curious questions and (2) explore disruptions (shifts in the focus of awareness). Research findings support this approach and Matias presented a series of articles outlining the therapeutic model. In addition to good empirical outcomes, there is a lot of positive feedback from clients and low drop-out rates.

See:

https://www.google.com/search?q=method+of+levels+approach+tim+carey&og=method+of+levels+approach+tim+carey&gs_lcrp=EgZjaHJvbWUyBggAEEUYOTIHCAEQIRigAdIBCTEwNzQ2ajBqN6gCCLACAFEFjBHwoMC1AD_xBYwR8KDAAtQA_&sourceid=chrome&ie=UTF-8

- **Our next meeting will be held on 8th/9th October:**

Agenda items will include:

- ICAP submissions
 - Adding junior members to our committee

ONGOING DIVISION 17 ITEMS:

- **Website:** see: <https://www.iaapsy.org/division-17>

all recommendations and assistance welcome. The format has included an **Index/summary** of 'Items/resources of interest' (see below)

See: https://assets.noviams.com/novi-file-uploads/iaap/pdfs-and-documents/Divisions/Division_17/Div17iaap_newsletters_content_tags.pdf

- **Webinars:** (as discussed above): we have been informed that there is opportunity for further Division 17 webinars in 2025 as the IAAP is expanding these during the coming year. We look forward to proposing further ideas- see current Div. 17 Webinars below:
 - **15th May, 2019:** *'The Critical Role of Psychology in an Integrated Primary Care Model'*: James Bray PhD and Robyn Vines PhD
 - **9th October, 2021:** *'The role of psychology in integrated healthcare: Migraine, a work in progress'*: Paul Martin PhD
 - **29th March, 2022:** *'Integrated primary care and the science of teamwork'*: Susan McDaniel PhD and Eduardo Salas PhD

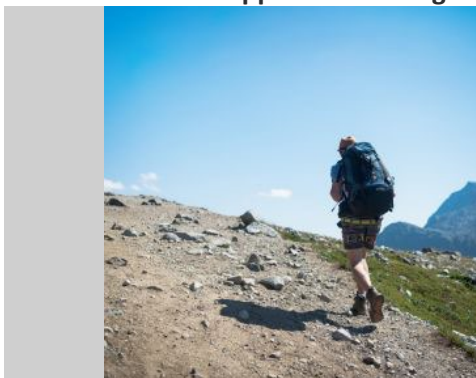
- **Publications by Division Members:**

Our President-Elect, Tim Carey continues to write monthly articles (as he has since 2014), for the internationally renowned journal: *'Psychology Today'* -

Please have a browse: <https://www.psychologytoday.com/au/blog/in-control> - they're interesting and thought-provoking.

Latest articles:

In Control: A new approach to living well (6.6.25)



HAPPINESS

Why You Shouldn't Ever Give Up Control

Timothy A Carey Ph.D. on August 11, 2025

Life is the hurry-scurry of making sure what we pay attention to stays the way we want.

<https://www.psychologytoday.com/au/blog/in-control/202507/why-you-shouldnt-ever-give-up-control>

Control is key to embracing simultaneously inclusion and diversity so that individuals

Other Articles:

Osuagwu UL, Vines R. : *Service Providers' Perspectives on Delivering Support for Domestic Violence Victims in Rural New South Wales*. Inquiry. 2025 Jan-Dec;62:469580251366958. doi: 10.1177/00469580251366958. Epub 2025 Sep 3. PMID: 40899859; PMCID: PMC12409060.

SEPTEMBER, 2025: Items/resources of professional interest:
(with thanks to the APA, APS, WHO, PBS, BBC etc.)

WEBINAR:

'Collective Irrationality, Global Warming, Nuclear Proliferation, and the Omnicultural Solution':

September 24, 2025- 10 am EDT / 16:00 CET

Register: https://us02web.zoom.us/webinar/register/WN_77SUXUzhR8iHRoqkzfcXw



Webinars Program
International Council of Psychologists
www.icpweb.org/webinars



Presentation Summary
Human behavior is characterized by collective irrationality, as reflected by human-induced global warming, continuing wars, and nuclear proliferation. Although individual level irrationality has received considerable attention from psychologists, collective irrationality remains almost completely neglected. This discussion explores collective irrationality, which is more than and different from the sum of individual irrationalities. Solutions are also discussed, and it is argued that omniculturalism - the active celebration of human commonalities - is our best solution.

Fathali Moghaddam
Fathali M. Moghaddam is an Iranian-born professor of psychology at Georgetown University and Editor of the Cambridge University Press series on Progressive Psychology. His recent books include: Political Plasticity (2023), The Psychology of Revolution (2024), The Psychology of Dictatorship (2013), The Psychology of Democracy (2016), Mutual Radicalization (2018), Threat to Democracy: The appeal of Authoritarianism in an Age of Uncertainty (2019), Collective Irrationality (2025), and The Psychology of Multiculturalism, Assimilation, and Omniculturalism (2024).

Join us for a Webinar

DATE & TIME
September 24, 2025
10:00 am EDT/16:00 CET/20:30 IST

Collective Irrationality, Global Warming, Nuclear Proliferation, and the Omnicultural Solution

Speaker:
Dr. Fathali Moghaddam
Georgetown University, USA

Moderator:
Dr. Dominique Eugene
Abu Dhabi

ICP webinars are open to all, but registration is required. A Certificate of Participation is provided. Sessions are recorded and posted on the ICP webpage.

TO REGISTER
https://us02web.zoom.us/webinar/register/WN_77SUXUzhR8iHRoqkzfcXw

For more information about this event, please contact:
Dominique Eugene, ICP Webinar Chair,
breathe@dominiqueeugene.com

See the latest edition of the Global Network of Psychologists for Human Rights *BULLETIN*

<https://humanrightspscychology.org/gnphr-bulletin-july-august-2025/>

and special Blogs:

New GNPHR blogs:

- George Drazenovich, [The United Nations Declaration on the Rights of Indigenous Peoples \(UNDRIP\) and International Trade Agreements: Why it Matters for Human Rights Psychologists](#)
- Neal S. Rubin, PhD, ABPP. [The Human Right to Science and the Authoritarian Impulse: A GNPHR Follow-up](#)
- Added to Stories: Dandrea R. Reeder, [When the Conflict Isn't Just a Case Study: Doing Fieldwork in Real-Time Tension](#)

WEBINAR: Best Practices for Managing Risks Associated With Records Requests
Wednesday, September 17, 2025, at 1:00 p.m. ET.

See: https://apa-org.zoom.us/webinar/register/WN_6OXGQ0uORvG8YlJQh-Oexg#/registration (Recording may be available)

TOPICAL WEBINAR FOR APA MEMBERS

An Educational Resource from American Professional Agency



Requests for health records are a routine part of health care—whether from the patient, parents of minors, or a third party. But there are circumstances a psychologist must consider before releasing the information. When you receive a request for records, what steps should you take before their release? This webinar will cover compliance with state and federal regulations, including HIPAA's Right of Access. The speakers will explore scenarios involving confidentiality, patient information release, and handling special requests while emphasizing privacy, scope of practice, and efficient information management.

OTHER:

Correcting Misinformation About Autism

<https://www.apa.org/monitor/2025/09/advocate-autism-wave-misinformation>



Amid recent administration policies on autism that are stoking misinformation, confusion, and fears about patient privacy, psychologists have reported an upsurge in autism evaluation cancellations and medical record redaction requests. "Diagnosis is supposed to be a doorway to support, not a trap. Autistic people already face devastating rates of trauma, suicidality, and mental health misdiagnosis," said autistic psychologist and neurodiversity advocate **Karissa Burnett, PhD**.

Related: For a brief overview of the most important facts about autism and the misinformation surrounding it, read more at the APA/APASI Response Center:

https://updates.apaservices.org/autism?utm_source=apa.org&utm_medium=referral&utm_content=/monitor/2025/09/advocate-autism-wave-misinformation

Study: Extreme Thinkers, Left or Right, Share Many Brain Patterns

A recent study, published in APA's *Journal of Personality and Social Psychology*, reveals similar brain responses in individuals with extreme political views, whether far-left or far-right. Researchers measuring brain activity of participants who watched a heated political debate discovered that those with more extreme political views had stronger neural responses in brain regions associated with processing emotions, particularly fear and threat. They also found heightened physiological arousal, suggesting emotions and arousal play a role in reinforcing individuals' political beliefs:

<https://www.yahoo.com/news/articles/study-extreme-thinkers-left-share-100851879.html?guccounter=2>



Hot Flashes, Heart Health, and Hormones: Rethinking Menopause

The shifting hormones of midlife can bring troubling symptoms like hot flashes, mood shifts, and memory changes for many women. Now, researchers are learning more about the short- and long-term health effects of menopause. Clinical health psychologist **Rebecca Thurston, PhD**, joined APA's *Speaking of Psychology* podcast to discuss links between menopause symptoms and long-term cardiovascular and Alzheimer's risk; evolving treatments, including hormone therapy and nonhormonal options; and why midlife can be an empowering as well as challenging time for women.

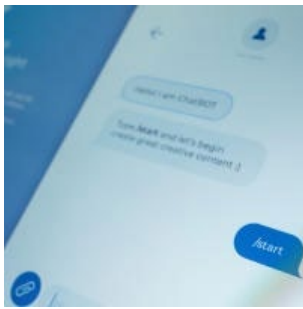
<https://www.apa.org/news/podcasts/speaking-of-psychology/rethinking-menopause>



Aviation Incidents Amplify Fear of Flying, But Therapy Helps People Reclaim the Skies

Recent airplane incidents have led to heightened nerves about flying—about 2 in 3 Americans say recent incidents make them more nervous about flying, with 1 in 4 saying they are much more nervous. Read more about how psychologists are using exposure therapy and screening questionnaires, both to assist with diagnosis and develop a fear hierarchy for use in exposure therapy.

<https://click.info.apa.org/?qs=f2fb3ac99d18572d311455ca6b19bb86fd3e9e37f49936c2a04f54ce11b1ffb0759c30248c28834801839ada9adfa1a87e047865f713c0fc>



Key Testimony on AI in Health Care

On Sept. 3, APA's Vaile Wright, PhD, testified at a House Committee on Energy and Commerce Health Subcommittee hearing on "Examining Opportunities to Advance American Health Care Through the Use of Artificial Intelligence Technologies." Wright underscored the critical need for psychological science in shaping oversight of AI in health care at every step and ensuring "a human remains in the loop." She called for clear regulatory guardrails, age-appropriate safeguards to protect youth and other vulnerable populations, a strong federal privacy law to protect patient data, and other critical protections. "The core mission of health care—to help and do no harm—must be our guiding principle," said Wright. "AI should be seen as tool to augment, not replace, the clinical judgment and therapeutic relationship that are the bedrock of quality health care." [Read her full testimony:](https://www.apaservices.org/advocacy/news/psychology-ai-health-care)

<https://www.apaservices.org/advocacy/news/psychology-ai-health-care>



Some Therapists Are Secretly Using ChatGPT During Sessions, Risking Trust and Privacy

The prevalent use of and reliance on large language models has raised concerns, particularly when AI tools like ChatGPT have been used as substitutes for therapists. A less discussed but more recent issue is how some therapists are integrating AI into their practice, potentially at the expense of patient privacy and trust. In an *MIT Technology Review* article, many report shock and betrayal at receiving AI-generated emails from therapists who were apologetic when confronted. While AI can support communication or administration, especially for time-strapped therapists, it is crucial to remain transparent with patients, obtain their consent, and recognize that AI chatbots are not HIPAA compliant.

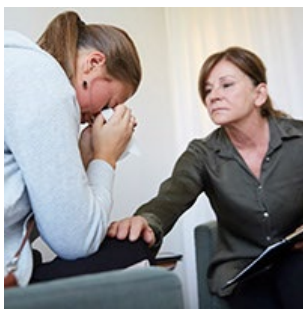
<https://www.technologyreview.com/2025/09/02/1122871/therapists-using-chatgpt-secretly/>



How To Give Better Advice

While offering advice can make us feel helpful, unsolicited suggestions can strain relationships. In professional settings, they can be perceived as self-serving and are less likely to be considered. Research suggests that advice is received as more meaningful and credible when people actively seek it. In this *New York Times* article, experts recommend training yourself not to automatically dispense words of wisdom and seeking permission such as by asking, “Do you want my advice?” It can make the listener feel more empowered, said **Shannon O’Neill, PhD**, a psychologist at Mount Sinai West. “They made the choice to hear you out,” she said. “And that allows an individual, hopefully, to be less defensive and less resistant.”

https://www.nytimes.com/2025/08/08/well/before-you-offer-advice-ask-this-question.html?unlocked_article_code=1.kU8.nvN1.yCMYpeL0MYad&smid=url-share



Managing Countertransference in Therapy

The latest read-for-CE-credit feature in the *Monitor* presents expert guidance on navigating countertransference when it arises. Providers view countertransference as an important facet of therapy to notice and manage—and one that can potentially deepen your therapeutic work and improve patient outcomes.

<https://www.apa.org/monitor/2025/09/managing-countertransference>

Please contact us if you have information, items to share, questions to ask and ideas to put forward in relation to Division 17 activities.

We welcome contact from all Members and those interested in joining.

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Robyn F. Vines, PhD



Past-President; Division of Professional Practice

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(September, 2025)

See:

Division Website: <https://www.iaapsy.org/division-17>

Longer Division Newsletters:

- October, 2020: https://iaapsy.org/site/assets/files/2044/div_17_october_newsletter.pdf
- December, 2019: (End of Year Summary: 2019)
<https://iaap.createsend1.com/t/ViewEmail/t/CB562312D9AFD69D2540EF23F30FEDED>

UNITED NATIONS INTEGRATED CARE INITIATIVE:

Statement: Integrating Mental Health Care into Primary Health

See: <file:///C:/Users/61477/Documents/.Word%202011/APS/IntegratedMentalHealthCareUnitedNations.pdf>
