

JULY, 2025 E-News

Division of Professional Practice (Division 17)



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July, 2025 E-News:

KEY ACTIVITIES: Division of Professional Practice:

- ECP: Cyprus: July 1-4, 2025

Of key interest during this past month was our participation in the European Congress of Psychology in Cyprus. Three of our Executive Committee (James Bray, John-Francis Leader and Robyn Vines) attended on our behalf whilst sadly, several cancelled due to the precarious nature of international events the week before in that part of the world. The Congress was hosted by EFPA (The European Federation of Psychologists' Associations) and included the General Assembly of EFPA on the Tuesday (with elections to new positions, discussion of policy, etc)

As outlined in the official ECP Press Release:

*From July 1–4, the scenic coastal city of Paphos (Cyprus) hosted the 19th European Congress of Psychology (ECP 2025), gathering more than 1,100 attendees—including academics, early-career researchers, practitioners, and students—from 73 countries. Held under the theme “**Transforming Psychological Science: the 2030 Agenda**,” the Congress showcased psychology’s vital role in addressing global challenges while strengthening its position in European policy and practice.*

During the opening ceremony, Conference Chair Dr Eleni Karayianni encouraged the congress to “be a space to innovate, collaborate and translate our work in ways that meet the demands of a fast-changing world,” while EFPA President Prof. Dr. Christoph Steinebach called for “a psychological science that is based on a clear, rational, evidence-based understanding of reality.”

For details of the ECP programme and photo gallery see:

<https://cyprusconferences.org/portfolio/european-congress-psychology-25>

- Our own Participation:
 - Symposium: “International Perspectives on Psychologists in Integrated Health Care: Equitable, Accessible and Innovative Models”

This was very much in line with the objectives of the Congress, highlighting our vital role in addressing escalating community mental health need in an accessible and equitable way. (See: [Abstract](#))

- Workshop: James Bray presented a workshop on 'Extending Accessible Health Care with Digital Mental Health Apps' which was well-attended and generated a lot of interest.
 - Roundtable: John Francis Leader participated as part of a panel focused on the 'European Year of Mental Health': discussing ways forward in mental health policy. He shared the stage with Julian Beezhold, Secretary General of the European Psychiatric Association, with the panel agreeing that inter-disciplinary collaboration between psychiatrists, GPs/Family Physicians, psychologists and other mental health practitioners (including the perspectives of 'Lived Experience Experts' – of whom there were several representatives at the Congress) was crucial in determining a more wholistic approach to mental health service delivery. The still current emphasis on the biomedical model was seen to be unsatisfactory. This is very much in line with our own 15-year-campaign (since ICAP in Melbourne in 2010) focused on the need for integrated general and mental health care, involving psychologists as a core part of a multi-disciplinary team in primary and hospital-based mental health care.
 - Networking: As is always the case at these international conventions, it was a superb opportunity to network with our colleagues from the IAAP (including those involved in representing the profession of psychology at the United Nations and World Health Organisation), the IUPsyS, EFPA and other Psychological Associations around the world (e.g. the APA, BPS, APS, etc). We look forward to this opportunity at ICAP in Florence in July, 2026 and invite all those interested to submit abstracts.
- Monthly Division 17 Executive Committee zoom meeting: our latest meeting was held on 25th June with attendees from the USA, Ireland, Argentina and Australia. John-Francis Leader (Irish Psychological Association; EFPA Vice President Finance: 2025-2029) presented his current work on integrating digital techniques into psychological research and interventions (also presented at ECP).
 - At our next meeting in August: Matias Salgado will present his work in Argentina on the 'Method of Levels' – developed by our own President-Elect Tim Carey. Agenda items will also include:
 - reflection on our participation at ECP
 - discussion of our role at ICAP in Florence next year and
 - planning of our next inter-Division Webinar which we hope to do later in the year.

ONGOING DIVISION 17 ITEMS:

- Website: see: <https://www.iaapsy.org/division-17>
all recommendations and assistance welcome. The format has included an **Index/summary** of '**Items/resources of interest**' (see below)
See: https://assets.noviams.com/novi-file-uploads/iaap/pdfs-and-documents/Divisions/Division_17/Div17iaap_newsletters_content_tags.pdf

- Webinars: (as discussed above): we have been informed that there is opportunity for further Division 17 webinars in 2025 as the IAAP is expanding these during the coming year. We look forward to proposing further ideas- see current Div. 17 Webinars below:

29th March, 2022: '[Integrated primary care and the science of teamwork](#)': Susan McDaniel PhD and Eduardo Salas PhD

9th October, 2021: '[The role of psychology in integrated healthcare: Migraine, a work in progress](#)': Paul Martin PhD

15th May, 2019: '[The Critical Role of Psychology in an Integrated Primary Care Model](#)': James Bray PhD and Robyn Vines PhD

- Publications by Division Members:

Our President-Elect, Tim Carey continues to write monthly articles (as he has since 2014), for the internationally renowned journal 'Psychology Today' -

Please have a browse: <https://www.psychologytoday.com/au/blog/in-control> - they're interesting and thought-provoking.

Latest articles:

In Control: A new approach to living well (6.6.25)



MOTIVATION: When Are You Unapologetically You?

There's nothing more beautiful than people controlling the things they care about without hindering others from doing the same thing.



AUTISM: The Other Day I Was Told I Was Neurotypical (18.5.25)

Control is key to embracing simultaneously inclusion and diversity so that individuals

Please contact us if you have information, items to share, questions to ask and ideas to put forward in relation to Division 17 activities.

We welcome contact from all Members and those interested in joining.

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See:

Division Website: <https://www.iaapsy.org/division-17>

Longer Division Newsletters:

- October, 2020: https://iaapsy.org/site/assets/files/2044/div_17_october_newsletter.pdf
- December, 2019: (End of Year Summary: 2019)
<https://iaap.createsend1.com/t/ViewEmail/t/CB562312D9AFD69D2540EF23F30FEDED>

UNITED NATIONS INTEGRATED CARE INITIATIVE:

Statement: [Integrating Mental Health Care into Primary Health](#)

APPENDIX: Items/resources of professional interest:

An update of this section will be provided in the next edition:

(with thanks to the APA, APS, WHO, PBS, BBC etc.)