

FEBRUARY, 2026 E-News
Division of Professional Psychology (Division 17)
<https://www.iaapsy.org/division-17>



President (2022-2026)

Susan McDaniel, PhD

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President-Elect (2022-2026)

Tim Carey, PhD

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February E-News:

- **Welcome to New Members:**

Since Registration for ICAP (International Congress of Applied Psychology) requires IAAP membership, we usually have a Congress-related-influx of new members at this time. For those of you who have joined and expressed a preference for affiliation with the Division of Professional Psychology (Div 17) we say **Welcome!!** - and hope that what we do as a Division is of interest and benefit to you in your professional psychology careers. We encourage you to look at our Website: <https://www.iaapsy.org/division-17> and previous E-Newsletters (accessible under Resources at the base of the Home page). We are an active Division and welcome input from new members, so please do contact us on the email addresses provided in this Newsletter.

- **IAAP Elections:**

Given the four-year cycle of elections (focused around ICAP and the meeting of the IAAP Board of Directors (BoD) at the Congress), most of our elections are held at this time: for Fellowships (date past); ‘Members-at-Large’ of the BoD and Presidents-Elect of each of the 18 IAAP Divisions (See: <https://www.iaapsy.org/governance-and-structure>)

- **[Election of President-Elect: Division 17 \(Professional Psychology\)](#)**

Election for and appointment of our next Division President-Elect is due to occur by the end of ICAP in Florence in July. Nominations from both current and new Division Members are welcome, so please consider the attached information. Given that it is a ‘ten-year rolling position’ (President-Elect: 2026-2030; President: 20230-2024; and two years as Past-President: 2034-2036) it is important to give thought to what it is you would like the Division to achieve during this time, prior to nomination.

All the materials need to be emailed (deadline: March 15) to Professor Christine Roland-Levy (christine.roland.levy@gmail.com) and Chair, Division 17 P-E Elections Committee/Past-President (robbynvines@bigpond.com)

See: https://assets.noviams.com/novi-file-uploads/iaap/migrated%20assets/rules_of_procedure_for_division_elections_as_ratified_by_bod_2020-12-17_a4.pdf

- **Election of ‘Members at Large’ of the IAAP Board of Directors**

A number of our Division 17 Executive Committee are nominating as ‘Members-at-large’ of the BoD (closing date: 13.3.16) See: <https://www.iaapsy.org/governance-and-structure>

- **Monthly Division 17 Executive Committee zoom meeting:**

As outlined in our previous E-Newsletters, we meet monthly as a team to discuss professional practice issues and the Division of Professional Psychology’s contribution to IAAP.

Our last meeting was held on **22/23 January** with one of our Executive Committee members:

Professor Judith Gullifer: *Deputy Head of School (Education), School of Psychological Sciences Turner Institute for Brain and Mental Health, Monash University*

presenting on the following topic:

Fostering Psychological Literacy and Career Readiness in Psychology Training: Insights from a Work-Integrated Undergraduate Course

Please see attached slides of the presentation

Abstract: Undergraduate psychology degrees are among the most popular globally, with graduates pursuing diverse career pathways beyond traditional clinical roles. This talk presents PSY3034: *Psychological Science in Practice*, a work-integrated course unit at Monash University, and its alignment with the International Competences for Undergraduate Psychology (ICUP) framework. Using unit-level student evaluation data, we examine how placements, reflective portfolios, and collaborative learning experiences develop psychological literacy, ethical reasoning, cultural responsiveness, and transferable professional skills relevant to multiple areas of work. Findings highlight the unit’s effectiveness in preparing students for diverse career pathways, providing a model for evidence-based curriculum design that bridges disciplinary rigor with real-world applicability. Attendees will gain practical insights into applying competency frameworks to enhance course design, teaching, assessment, and graduate employability in psychology.

see: [International Declaration on Core Competencies in Professional Psychology](https://assets.noviams.com/novi-file-uploads/iaap/pdfs-and-documents/Divisions/Division_17/internationaldeclarationoncorecompetenciesinprofessionalpsychology.pdf) (https://assets.noviams.com/novi-file-uploads/iaap/pdfs-and-documents/Divisions/Division_17/internationaldeclarationoncorecompetenciesinprofessionalpsychology.pdf)

Next meeting: March, 2026:

Agenda items will include:

- Preparation of ICAP invited symposia
- Early career/student representation on our committee to ensure mentorship and ‘succession planning’ into the next generation.

- **ICAP in Florence (21st-25th July, 2026):**

Our executive team have reviewed submitted **papers and symposia for Division 17**, as requested by the Congress team.

Invited symposia and other presentations: on ‘Integrated health care’

Division 17 is presenting an invited double-symposium on the need for integrated general and mental health care involving **psychologists as a core part of a multi-disciplinary team in primary and hospital-based mental health care.**

The two symposia will be focused on clinical interventions and training & workforce development issues.

We look forward to welcoming as many IAAP members as possible to this latest annual forum.

The double-symposium is in line with our 16-year-campaign of presentations focused on the theme of ‘*The Role of Psychology in Integrated General and Mental Health Care*’ as follows: ICAP in Melbourne in 2010; ICP: 2012, Capetown; ECP: 2013, Stockholm; ICAP: 2014, Paris; ECP: 2015, Milan; ICP: 2016,

Okinawa; ECP: 2017, Amsterdam; ICAP: 2018, Montreal; post-COVID – ECP: 2023, Brighton; ICP: 2024, Prague; ECP: 2025, Cyprus.

Publications by Division Members:

Our President-Elect, **Tim Carey** continues to write monthly blogs/articles (as he has since 2014), for the internationally renowned publication: **'Psychology Today'** –

RELATIONSHIPS

Latest articles:

- **'The Problem With Coercive Control'** (20.1.26): Harmonious social living occurs when people get what they want without stopping others from getting what they want.
- **'You Don't Have to Worry about Giving Your Best Shot'** (10.12.25)
- **'No One Else Can Look in the Mirror for You'** (31.10.25)

Please have a browse: <https://www.psychologytoday.com/au/blog/in-control> - they're interesting and thought-provoking.

Items and Resources of Interest: See below

Please contact us if you have information, items to share, questions to ask and ideas to put forward in relation to Division 17 activities.

We welcome contact from all Members and those interested in joining.

Div. 17 E-News Editor



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GENERAL INFORMATION

Website: see: <https://www.iaapsy.org/division-17> (Including previous editions Division 17 E-Newsletters)

Division 17 and UNITED NATIONS INTEGRATED CARE INITIATIVE:

Statement: **Integrating Mental Health Care into Primary Health**

See: <file:///C:/Users/61477/Documents/.Word%202011/APS/IntegratedMentalHealthCareUnitedNations.pdf>

Webinars:

- **15th May, 2019:** *'The Critical Role of Psychology in an Integrated Primary Care Model': James Bray PhD and Robyn Vines PhD*
- **9th October, 2021:** *'The role of psychology in integrated healthcare: Migraine, a work in progress': Paul Martin PhD*
- **29th March, 2022:** *'Integrated primary care and the science of teamwork': Susan McDaniel PhD and Eduardo Salas PhD*

(February, 2026)

**ITEMS/ RESOURCES OF PROFESSIONAL INTEREST: with thanks to:
APA, APS, WHO, PBS, NPR, BBC etc.
FEBRUARY, 2026:**



APA's 2026 Advocacy Priorities

APA's advocacy focuses on evidence-based policies, robust federal and state advocacy, and coalition partnerships to advance psychology's impact.

Including:

Practice of psychology and psychology workforce

Access to health services, including mental and behavioral health services

<https://www.apaservices.org/advocacy/actions/advocacy-priorities>



Practice Mechanics for Well-Being

Investing time in cybersecurity, marketing, and long-term planning is both smart business and good for your mental health.

<https://www.apa.org/topics/psychotherapy/cybersecurity-marketing-planning.html>

Psychological Impact of Racism

The American Psychological Association and American Psychiatric Association remain committed to combating racism in all its forms.

<https://www.facebook.com/AmericanPsychologicalAssociation/posts/pfbid023Wk9PViJFnP7xQpcF8X4qXLsqbryp8kbqfCwrHGhvVdvDJYuZXxN8RydWrYLqCrYl?rdid=xfWy6vaxNAniR5Zo#>

How Bad Are AI Delusions? We Asked People Treating Them

The New York Times reports on the experiences of more than 100 mental health providers across the United States navigating how to treat problems exacerbated by AI chatbots. While some tools help patients understand their diagnoses, many others can deepen feelings of anxiety and isolation, occasionally triggering dangerous emergencies like psychosis or suicidal thoughts. Their personal, interactive nature and authoritative tone make them a powerful influence. Experts recommend prioritizing consistent human support and strictly limiting time spent with these interactive programs.

https://www.nytimes.com/2026/01/26/us/chatgpt-delusions-psychosis.html?unlocked_article_code=1.J1A.yC6s.-u57yR9gvTAa&smid=url-share

And:

<https://www.apa.org/topics/artificial-intelligence-machine-learning/health-advisory-chatbots-wellness-apps>



Caring for Grandchildren Slows Cognitive Decline, Researchers Find

A new study in *Psychology and Aging* finds caregiving for grandchildren slows cognitive decline. *USA Today* highlights that grandparent caregivers score higher on memory and verbal fluency tests than non-caregivers, regardless of frequency or the nature of activities they engage in. However, these benefits rely on the care being voluntary. To avoid burnout, experts recommend setting clear boundaries to ensure the experience remains a rewarding form of mental stimulation rather than a source of family stress.

<https://www.apa.org/topics/artificial-intelligence-machine-learning/health-advisory-chatbots-wellness-apps>

The Invisible Work of Being a Daughter



For many women, being a daughter is not just a family role—it's a lifelong job. **Allison Alford, PhD**, of the Baylor University Hankamer School of Business, joined APA's *Speaking of Psychology* podcast to discuss what she calls daughtering: the work of managing family dynamics, from coordinating schedules to soothing emotions to worrying about a parent's future. She discusses why these expectations fall on daughters; why the work often goes unrecognized; the role of birth order and "eldest daughter syndrome"; and how daughters and families can rethink their roles to make them sustainable and fulfilling for everyone.

<https://www.apa.org/news/podcasts/speaking-of-psychology/daughtering>

In Brief: The Latest Peer-Reviewed Studies Within Psychology



Research highlights from APA's latest *Monitor on Psychology*:

A strong sense of purpose in life may help delay the onset of impairment as we age; for those with ADHD, medication treatment can help decrease negative outcomes such as suicidal behaviors and substance misuse; working fewer hours for the same pay can significantly improve employee job satisfaction and reduce burnout; responding to someone's personal experiences of racism with validation may help create a supportive shared reality, and more.

<https://www.apa.org/monitor/2026/01-02/research-summaries-purpose-cognition>

The 'Bible of Psychiatry' Will Get a New Format and Philosophy for its Next Edition



The Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5) is undergoing a major revision by the American Psychiatric Association to become a "living document," as reported by *NPR*. This new online format allows for regular updates based on scientific advances, such as biological markers for mental illness. To address long-standing criticisms, the overhaul aims to incorporate the underlying causes of disorders—

including trauma and environmental stressors—to better inform diagnoses and treatment.

<https://www.npr.org/2026/01/28/nx-s1-5684121/dsm-5-american-psychiatric-association-diagnostic-mental-health>



To Strengthen Your Body and Brain, Try Failing at a New Sport

Attempting a new sport can be a powerful way to bolster both the body and the brain. According to *SELF*, learning unfamiliar physical skills promotes neuroplasticity, improving emotional regulation and memory. To master "beginner mode," experts recommend committing to a 12-week season to build a routine, balancing new exercises with familiar ones, and embracing frustration as fuel for growth and resilience.

<https://www.self.com/story/benefits-of-trying-new-sport>

TWO ADDITIONAL ITEMS OF INTEREST:

APA Division 52 Global Citizen Citation Call for Nominations 2026

Please consider nominating someone or forwarding this email on to others to nominate for the Division 52 *Global Citizen Psychologist Citation Award* for 2026.

The APA Division 52 *Global Citizen Psychologist Citation Award* is intended to recognize the contributions of outstanding psychologists who have used their psychology expertise outside their typical work activities to benefit their local, national or international community.

You may ask, "**What is a citizen psychologist?**" Great question! Citizen Psychologists are ambassadors for psychological science in their communities, bringing their professional knowledge, experience and expertise to benefit those around them by volunteering in their community at the local, national or international level. Their efforts are undertaken above and beyond their regular work duties, and choose to invest in their communities in a way that merits this special commendation. (Please Note: The term "Citizen" is intended to reflect engagement in one's community, and does not refer to national or legal identity).

To learn more and/or nominate someone please visit: <https://div52.net/awards/apa-global-citizen-psychologist-citation/> and click: "Fill out online nominations form." Nominations are due by April 1, 2026. If you have any questions, please email daniel.balva@outlook.com. Thank you for your helping ensure recognition of the important work in which psychologists across the globe are engaged!

file:///C:/Users/61477/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/ZE9GY2XF/Division%2052%20Global%20Citizen%20Citation%20Call%20for%20Nominations_2026.pdf

An interesting reflection at this time of year.