ENEWS IAAP DIVISION 8 HEALTH PSYCHOLOGY

October 2022

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IAAP Division 8

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DIVISION 8 WEBINAR

Three years of Covid-19: lessons learned from a health psychology perspective

In the three years since its emergence, the Covid-19 pandemic and mitigation measures have affected all aspects of the lives of people across the globe. Health psychology theory and research play a critical role in understanding the impacts of the pandemic and mitigation responses, including with respect to people's mental health, health behaviors, and engagement with or rejection of protective measures. In many countries, behavioral science expertise was, however, insufficiently involved in responses to curb the pandemic and mitigate its impact.

As the spread of Covid-19 has markedly decreased, restrictions have been lifted. It is now timely to assess and understand the long-term impacts of Covid-19 and mitigation responses from a health psychology perspective. The Covid-19 pandemic provides a critical opportunity to identify lessons learned that can guide responses, not only to potential future Covid-19 outbreaks, but also to pandemic and crisis preparedness more generally. Identifying shared lessons learned also advances theory and research on acute large-scale public health crises in health psychology and enables a much-needed strengthening of the translation of health psychology insights into government policies and public health interventions.

This webinar brings together leading health psychologists who are closely involved in the Covid-19 response in various countries through their research, critical analysis, commentary, as well as advisory roles. They will share their perspectives on key lessons learned that can guide response to future crises that pose acute and large scale health and social challenges.

Webinar outline and contributors

- Welcome and introduction: Chair, Prof John de Wit, Utrecht University
- Speaker: Prof. Aleks Luszczynska, SWPS University of Social Sciences and Humanities
- Speaker: Prof. Sonia Lippke, Jacobs University Bremen
- Speaker: Prof. Yiqun Gan, Peking University
- Discussant: Prof. Susan Michie, University College London
- Interactive discussion with all participants
- Closing remarks: Chair, Prof John de Wit, Utrecht University

Day/time

Wednesday 14 December 2022, 14-15h Central European Time (1-2pm GMT) – link to be shared later on

MEMBER SPOTLIGHT



Harleen Kaur, is a Doctoral Student at the Department of Psychology, Banaras Hindu University, Varanasi, India. She is pursuing her doctoral thesis on Indian transgender persons. Her area of interest is social psychology, intersectionality, cultural psychology, gender psychology and health psychology. She has various international publications in esteemed journals. She is involved in various international projects. She represents India at

various International Conferences at countries like Switzerland, France, and United Kingdom. She is former intern at National Institute of Social Defence, Ministry of Social Justice and Empowerment, India. She is also Indian youth delegate from Ministry of Youth Affairs and Sports. She loves to travel and explore apart from reading about health, culture and history. Her present aim is to become a fine researcher and contribute to society as a social justice advocate through her researches.

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RECENT PROFESSIONAL ACHIEVEMENTS AND ACTIVITIES

Dr. Andrian Liem's (University of Queensland, Australia and Jeffrey Cheah School of Medicine and Health Sciences, Monash University Malaysia) MEADOW (Mental Health Assessment of Migrant Domestic Workers) project has been selected as one of the six research projects supported by The 2022-2023 Advanced Research Training Seminar (ARTS). ARTS is a special summer school program organized by the International Association of Applied Psychology (IAAP).

Harleen Kaur, a doctoral student at the Department of Psychology, Banaras Hindu University, Varanasi, India (see the Member Spotlight section) presented a paper titled "A Narrative Account of Intersectionality and stereotypical vulnerability among Indian transgender persons" at the 12th International Academy for Intercultural Research (IAIR) conference in Switzerland as the only Indian PhD candidate.

Prof. Yiqun Gan (President of IAAP Div. 8) chaired The 2022 Psychological Carnival Academic Conference: Global Health from Psychological Perspective, jointly organized by the Division of Behavior and Health Psychology, Chinese Academy of Sciences, IAAP Division 8: Health Psychology, and Wiley.

Prof. John de Wit (President-Elect of IAAP Div. 8) became a member of the Scientific Committee organizing the 37th Annual Meeting of the European Health Psychology Society (EHPS2023), Bremen, Germany, 2023. Moreover, prof. John de Wit realizes research grants:

Public support for Covid-19 behavioral policies; Faculty of Social and Behavioural Sciences, Utrecht University.



- Synergy for HIV cure: Sustainable, continuous and integrated knowledge and collaboration for all stakeholders; Aids Fonds.
- Poverty and youth mental health from a systems perspective towards a Mental-Health-In system approach to transform a vicious cycle into a virtuous cycle. Netherlands Sciences Agenda NWA).
- FLY (Food-related Lifestyles in Youth): Understanding the complex social dynamics of sustainable food transitions in youth from lower socio-economic backgrounds; Netherlands Organization for Scientific Research (NWO).

Congratulations on all the above achievements.

RECENT PUBLICATIONS

Auerswald, T., Hendker, A., Ratz, T., Lippke, S., Pischke, C. R., Peters, M., Meyer, J., von Holdt, K. & Voelcker-Rehage (2022). Impact of activity tracker usage in combination with a physical activity intervention on physical and cognitive parameters in healthy adults aged 60+: A randomized controlled trial. *International Journal of Environmental Research and Public Health*, *19*(7), 3785. <u>https://doi.org/10.3390/ijerph19073785</u>

Buksh, S., M., de Wit, J. B. F., & Hay, P. (2022). Sociocultural influences contribute to overeating and unhealthy eating: creating and maintaining an obesogenic social environment in indigenous communities in urban Fiji. *Nutrients*, *14*, 2803. https://doi.org/10.3390/nu14142803

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De Munnik, S., Vervoort, S. C. J. M., Kraan, L., Ammerlaan, H. S. M., Grondhuis Palacio, L. A., Kok, G., Elzevier, H. W., de Wit, J., & den Daas, C. (2021). Sexual health counselling by Dutch HIV care providers: A cross-sectional survey among physicians and nurses in the Netherlands. *AIDS Care*. <u>https://doi.org/10.1080/09540121.2021.1906400</u>

Derksen, C., Kötting, L., Keller, F. M., Schmiedhofer, M., & Lippke, S. (2022). Psychological intervention to improve communication and patient safety in obstetrics: Examination of the health action process approach. *Frontiers in Psychology*, 13. <u>https://doi.org/10.3389/fpubh.2022.739100</u>

De Wit, J. B. F., Adam, P. C. G., den Daas, C., & Jonas, K. (2022). Sexually transmitted infection prevention behaviours: health impact, prevalence, correlates, and interventions. *Psychology and Health*. <u>https://doi.org/10.1080/08870446.2022.2090560</u>

Duan, Y., Li, X., Guo, L., Liang, W., Shang, B., & Lippke, S. (2022). A WeChat mini programbased intervention for physical activity, fruit and vegetable consumption among Chinese cardiovascular patients in home-based rehabilitation: a study protocol. *Frontiers in Public Health*, 563. <u>https://doi.org/10.3389/fpubh.2022.739100</u>

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ANY NEWS TO SHARE?

You're very welcome to submit items for inclusion in the IAAP Division 8 eNews. The executive committee aim to contribute our eNews 5-times a year (February, April, June, October, December). Your news can be included if you sent it to Karolina Zarychta (kzarychta1@swps.edu.pl) by the 2nd Monday of the preceding month (January, March, May, September, November). Karolina will also send out calls for news ahead of preparing a new edition of this eNews.

