# ENEWS IAAP DIVISION 8 HEALTH PSYCHOLOGY

July 2021

## **Contact Us**

**IAAP Division 8** 

### **Executive Committee**

Prof. Sonia Lippke, President Prof. Urte Scholz, Past President Prof. Yiqun Gan, President-Elect Prof. John de Wit, Secretary

More information about Division 8 and contact details can be found on the IAAP Division 8 webpages.

iaapsy.org/divisions/division8/



# **NEW BEHAVIOR AND HEALTH DIVISION**

## On January 12, 2021, the Chinese psychological society approved the establishing of a Behavior and Health Division.

Yiqun Gan, IAAP Division 8 president-elect, was elected as the founding president of this new CPS divisioon. The inaugural conference of the division will be held in Shandong, from 24 to 26 September 2021. Four professors of IAAP Division 8 (Brian J. Hall, Sonia Lippke, Aleksandra Luszczynska, and John de Wit) speak at the inaugural conference.

# **NEWLY PUBLISHED SPECIAL ISSUE**

**German Journal of Human Resource Management: 'Always on, never done? How the mind recovers after a stressful work day'.** This special issue, consistingof an editorial five articles and an interview, aims to bridge the gap between research on recovery processes mainly examined in occupational health psychology, and research on work stress and working hours, often investigated in the field of Human Resource Management.

See: https://journals.sagepub.com/toc/GJH/current

# **REFLECTION ON DIVISION 8 WEBINAR**

Mobility, Migration and Mental Health: Translation to Action, presented by Division 8, as part of the IAAP webinar series.

Six experts from the USA, China, Netherland and Germany participated in this webinar on 22 April, 2021, organized and moderated by Prof. Yiqun Gan, president elect of Div. 8 IAAP. Prof. Brian J. Hall provided an overview of his research on how to conduct.and evaluate effective interventions to improve migrants' physical and mental health. Prof. Danhua Lin shared her views on how to design and develop theory and evidence-based health promotion programs among migrant population. Prof. Sita G. Patel gave a presentation on the psychosocial implications of family separation and reunification among unaccompanied immigrant adolescents. Prof. John de Wit contributed a presentation on mental health and the social drivers of psychological vulnerability in LGBT-refugees. Prof. Sonia Lippke concluded with a summary and reflection. The audience appreciated the focus on mobility and migration of people as this has been identified as one of the most important contemporary phenomena and an increasingly necessary component of economic and social development in today's globalized world. The presentations showed that mobility can lead to physical and psychological vulnerability, is of relevance for health psychologists. Migrants face stressors such as high risk of exposure to traumatic events, low social status, poor social integration, separation from their family and familiar social surroundings, and barriers to access to needed health services. The discussion ranged around the key risk and protective factors that mediate or moderate the effect of migration on the health of migrants, the conduct and evaluation of effective intervention to improve migrants' physical and mental health, and the gaps in our knowledge about migration, mobility and health.

The meeting concluded that, despite its social relevance, the impact of migration on health remains an understudied topic in the different areas of psychology. It was also noted that limited psychological research has been conducted on the impact of internal migration on health in developing countries and regarding international migration from low- and middle-income countries. The increasing recognition of the importance of migration on mental health outcomes warrants a more comprehensive examination of psychological research and its effective translation and implementation. Health psychology, but also other divisions of IAAP, can contribute accordingly. This webinar motivated to formulate and prioritize a translational research agenda that is responsive to real-world needs. More work is needed from health psychologists and other fields.

## **RECENT PUBLICATIONS**

This is the small selection of member publications that were brought to the attention of the newsletter editor. Please send us recent publications for inclusion in the next newsletter.

### **Books**

Mpofu, E. (Ed.) (2021). *Sustainable community health: systems and practices in diverse settings*. Palgrave/Macmillan.

Warr P. (2019). The psychology of happiness. Routledge.

#### Papers

- Bedert M., Davidovich, U., de Bree, G., van Bilsen, W., van Sighem, A., Zuilhof, W., Brinkman, K., van der Valk, M., & de Wit, J. (2021). Understanding reasons for HIV late diagnosis: a qualitative study among hiv-positive individuals in Amsterdam, The Netherlands. *AIDS and Behavior*. Advance online publication. doi: 10.1007/s10461-021-03239-3.
- Chen, Y., Ma, J., Zhu, H., Wu, J., Li, W., & Gan, Y. (2021). The mediating effect of media usage on the relationship between anxiety/fear and physician–patient trust during the COVID-19 pandemic. *Psychology and Health*. Advance online publication. doi: 10.1080/08870446.2021.1900573
- De Munnik, S., Vervoort, S. C. J. M., Kraan, L., Ammerlaan, H. S. M., Grondhuis Palacio, L. A., Kok, G., Elzevier, H. W., de Wit, J., & den Daas, C. (2021). Sexual health counselling by Dutch HIV care providers: A cross-sectional survey among physicians and nurses in the Netherlands. *AIDS Care*. Advance online publication. doi: 10.1080/09540121.2021.1906400 (2021).
- Keller, F. M., Derksen, C., Kötting, L., Schmiedhofer, M., & Lippke, S. (2021). Development of the perceptions of preventable adverse events assessment tool (PPAEAT):



measurement properties and patients' mental health status. *International Journal for Quality in Health Care*, *33*(2), mzabo63. doi: 10.1093/intqhc/mzabo63

- Lippke, S., Fischer, M. A., & Ratz, T. (2021). Physical activity, loneliness, and meaning of friendship in young individuals-a mixed-methods investigation prior to and during the COVID-19 pandemic with three cross-sectional studies. *Frontiers in Psychology*, *12*, 146. doi: 10.3389/fpsyg.2021.617267
- Miao, M., Zheng, L., & Gan, Y. (2021). Future-oriented function of meaning in life: promoting hope via future temporal focus. *Personality and Individual Differences*. Advance onlie publication. doi: 10.1016/j.paid.2021.110897
- Miao, M., Zheng, L., & Gan, Y. (in press). Coping with Coronavirus Disease 2019: relations between coping strategies, benefit-finding, and well-being. *Stress and Health*. Advance online publication. doi: 10.1002/smi.3072
- Shukla, M., Pandey, R., Singh, T., Riddleston, L., Hutchinson, T., Kumari, V., & Lau, J. Y. F. (2021). The effect of COVID-19 and related lockdown phases on young peoples' worries and emotions: novel data from India. *Frontiers in Public Health*, *9*, 645183. DOI: 10.3389/fpubh.2021.645183
- Schmiedhofer, M., Derksen, C., Keller, F. M., Dietl, J. E., Häussler, F., Strametz, R., Koester-Steinebach, I., & Lippke, S. (2021). Barriers and facilitators of safe communication in obstetrics: Results from qualitative interviews with physicians, midwives and nurses. *International Journal of Environmental Research and Public Health*, *18*, 915. doi: 10.3390/ijerph18030915
- Shukla, M., Lau, J. Y. F., Lissek, S., Pandey, R. ,& Kumari, V. (2020). Reduced emotional responsiveness in individuals with marginal elevation in blood pressure within the normal range: Evidence from altered affect-modulated startle response. *International Journal of Psychophysiology*, *153*, 18-26. doi: 10.1016/j.ijpsycho.2020.04.013
- Stok, F. M., Bal, M., Yerkes, M. A., & de Wit, J. B. F. (2021). Social inequality and solidarity in times of COVID-19. *International Journal of Environmental Research and Public Health*, *18*, 6339. doi: 10.3390/ijerph18126339
- Tang, C. S., Gan, Y., Ko, J., Kwon, J. H., Wu, A., Yan, E., & Yogo, M. (2021). The associations among emotional factors, personality traits, and addiction-like eating: a study on university students in six Asian countries/regions. *International Journal of Eating Disorders*, *54*(2), 125–131. doi: 10.1002/eat.23298
- Van Pelt, S., Massar, K., Shields-Zeeman, L., de Wit, J. B. F., van der Eem, L., Lughata, A. S., & Ruiter, R. A. C. (2021). The development of an electronic clinical decision and support system to improve the quality of antenatal care in rural Tanzania: Lessons learned using intervention mapping. *Frontiers in Public Health*, *9*, 645521. doi: 10.3389/fpubh.2021.645521
- Vergeld, V., Wienert, J., Reinwand, D. A., Tan, S. L., & Lippke, S. (2021). An 8-week study on social-cognitive variables for physical activity and fruit and vegetable intake: Are there stage transitions? *Applied Psychology: Health and Well-Being*, *13*(1), 109-128. doi: 10.1111/aphw.12218
- Zheng, L, Chen, J., Li, X., & Gan, Y. (2021). Inherited dreams: a twin study of future orientation and heritability among Chinese adolescents. *European Journal of Developmental Psychology*. Advance online publication. doi: 10.1080/17405629.2021.1889504



# **Classic chapters**

Dr. Edwin Locke shared details of seminal chapters also of interest to health psychologists. For more information, please contact the IAAP Division 8 secretariat (j.dewit@uu.nl).

- Locke, E. A. (2005). Coping with stress through reason. In A. S. G. Antoniou & C. L. Cooper (Eds.), Research companion to organizational health psychology. Elgar.
- Locke, E. A., & Kenner, E. (2016). Burnout and the battle for your own happiness. In A. S. G. Antoniou & C. L. Cooper (Eds.), *Coping, personality and the workplace. Responding to psychological crisis and critical events.* Routledge.
- Locke, E. A., & Kenner, E. (2016). How altruism undermines mental health and happiness. In A. S. G. Antoniou, C. L. Cooper, G. P. Chrousos, C. D. Spielberger, & M. W. Eysenck (Eds.), Handbook of managerial behavior and occupational health. Elgar.

# **NEWS TO SHARE?**

You're very welcome to submit items for inclusion in the IAAP Division 8 ENews. The executive committee aims to contribute to IAAP eNews 5-times a year (February, April, June, October, December). Your news can be included if you sent it to John de Wit (j.dewit@uu.nl) by the second Monday of the preceding month (January, March, May, September, November).

