

ANNUAL DIVISION ACTIVITY REPORT

Each year, each Division is required to submit a report to the Board of Directors. The report covers the activities of the Division during the preceding year and describes the activities programmed for the coming year.

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Division Name: Division 6: Clinical and Community Psychology

Year: 2014- 2015

List any successful activities / initiatives held by the Division in the previous year

January to July 2014 (before the Paris Congress):

- Participation in the IAAP Task Force on Communication whose aim was to develop a strategy to improve communications in the IAAP. Elaboration of drafts and final questionnaires that were implemented to provide the input to develop the IAAP communication strategies and elaboration of the final report that was discussed by the IAAP Board of Directors Main activities International Association of Applied Psychology (IAAP).
- Carrying out a review of the most popular psychological organizations websites in order to generate ideas and potential models to enhance the visibility, attractiveness and usability of the IAAP webpage.
- Participation in the IAAP Task Force on Strategic Goals, reflecting the different roles of the Divisions in the IAAP for a better alignment and coordination of our governance structure – Elaboration of surveys – Elaboration of draft and final reports.
- Participation in the organization of the ICAP 2014 in different ways: proposals about the Division keynote sessions; reviewing of submissions (oral communications, brief communications, e-posters) and participation in several sessions and activities of the Board of Directors of the IAAP Main activities.

July 2014, during the 28th International Congress of Applied Psychology (ICAP 2014)

- To organize a Business Meeting of Division 6 (Clinical and Community Psychology) on July 10th, 28th International Congress of Applied Psychology, Paris (France). The Agenda included: (1) introduction of the Executive Committee, (2) main activities report presentation (presentation report of main activities) during the last 2 years and (3) future proposals. The meeting was led by the president and the elected president using a *powerpoint* presentation. The future proposals were comprehensively discussed by the attendants.¹ As a result of this business meeting and some skype meetings held after, an action plan was implemented.
- To lead a work group for discussing the conclusions of the Task Force on Communication; to gather their suggestions and to provide a presentation to all the IAAP members with the conclusions of this work group.
- Oral communications by members of the Executive Committee: Long-term prevalence of mental disorders in (the) victims of terrorist attacks

¹ Thank you Lisa Brown, Tuomo Tikkanen, Jesús Sanz, Tim Hannan, Ozlen Eylem, Wolfgang Beiglboeck, Sabine Hammond, Lyudmylo Romanynk and Johnrew Guilaran for attendant and involvement

Sanz, J., García-Vera, M. P., Silver, R.C., Gesteira, C., Zapardiel, A., de Miguel, C., y Casanueva, P.
Effectiveness of cognitive-behavioral therapy with terrorism victims who suffer from emotional disorders many years after terrorist attacks
García-Vera, M. P., Sanz, J., Moreno, N., Cobos, B., Fausor, R., García-Jiménez, J., Lozano, D., y González-Bravo, C.
Lay people's myths on how people are supposed to respond to disasters
García-Vera, M. P., Sanz, J., Silver, R. C., Gutiérrez, S., Prieto, S., Rodríguez, I., Mínguez, A., y Martín-Donoso, I.
5 Things Every Psychologist Should Know About Disasters (symposium)
Daniel Dodgen Lisa M Brown Maria Paz Garcia Vera and Elizabeth Boyd

August 2014 until now

- To promote the elaboration of a comprehensive plan of action. The plan is called Dynamic Action Plan (DAP, Division 6). The aims, objectives, activities, tasks and methodology are showed in the Attachment *Action Plan Division 6*. The DAP is conceived in three dimensions. We state (specify) the specific activities in each one of them.
- To send by email the DAP draft 1 to the business meeting attendants to be comprehensively discussed (an answer was requested before January 16th, 2015).
- To include their suggestions and comments into a DAP draft 2.
- To develop the three dimensions of the DAP.
 - a. Thematic working groups. We have a specific thematic working group in Division 6, carried out by Division 6 members:
 - i. Psychopathological consequences and interventions with terrorist attacks victims, armed conflicts and disasters:
 - 1. <u>www.ucm.es/catedrasanchezgey</u>
 - 2. www.ucm.es/estres/victimas
 - ii. Prevention Program for Psychosis (P3)
 - 1. http://www.p3-info.es
 - b. National and international organizations. We have developed some links with:
 - i. Spanish Psychological Organizations:
 - 1. SEPCyS (Spanish Society of Clinical and Health Psychology)
 - ii. International organizations:
 - 1. EFPA (European Federation of Psychologist' Association) Standing Committee on Crisis, Disaster and Trauma Psychology.
 - c. Methodology in the communication approach:
 - i. Community Management approach for building, managing the online Division 6 community around the online IAAP brand (online) by creating and maintaining permanent (stable) and lasting relationships with the IAAP members and potential members of the IAAP, and, on the whole (in general), anyone interested in the IAAP or in the Division 6.
 - ii. Internet (LinkedIn, Twitter, Facebook, blogs...and the IAAP website (webpage)) is the mean to perform the functions of this Community Manager.
 - Contributions to the IAAP Bulletin: Issue 27. January 2015. Report. *Terrorism and armed conflict: the importance of applying evidence-based practices beyond levels of development*
 - Participation in the review and discuss the Progress Report and Draft International Declaration on Core Competences in Psychology. The Report was sent to the Presidents of two national psychological organizations in Spain. The presidents of these

associations supported the content of this report. They sent their comments and they really appreciate that IAAP were listening to them.

- Spanish Society of Clinical and Health Psychology (Sociedad Española para el Avance de la Psicología Clínica y de la Salud) (SEPCyS) President: Jorge Barraca
- Spanish Association of Behavioral Psychology (Asociación Española de Psicología Conductual) (AEPC). President: Gualberto Buela-Casal
- At the time, the same document was sent to other two national organizations, although no response or comment has been received so far. Later on, those organizations said they were still working on it, and claimed that their comments would be sent as soon as possible.
- Spanish Society for the Study of Stress and Anxiety (Sociedad Española para el estudio de la ansiedad y el estrés) (SEAS): President: Antonio Cano Vindel
- Spanish Association of Clinical Psychology and Psychopathology (Asociación Española de Psicología Clínica y Psicopatología (AEPCP): President: Amparo Belloch Fuster
- Participation in The UN Statistical Commission which began its work in March, 2015. The Commission, as informed by Amanda Clinton: has aims to address the 17 Sustainable Development Goals (SDGs) to be finalized by the United Nations in September of the current year, reached out to IAAP for help monitoring success on items related to mental health and psychological welfare. Dr. Amanda Clinton and Dr. Walter Reichman have begun developing plans for assisting with accountability through evaluation and monitoring in achieving the SDGs as related to psychology. The first step has been identifying adequate survey tools to help achieve this goal.

List any not-so-successful activities / initiatives held by the Division in the previous year and how these can be improved.

We have difficulties for continue working in order to get our Dynamic Action Plan because we still have no access neither to our website nor to all our contents (newsletter, instruments, questionnaires, and so on). We have requested assistance for this during these months, but we have not received a satisfactory answer so far. Thus, our website contents are still in process of rearrangement. We are very concerned about it because the website is the main point of our management Division 6 Community. The Division 6 website is the core of the activity on the dimensions of our DAP. It is also the main part of communication among the specified people that produce different services or psychological products for our potential members. For example, to assign the accurate jobs to the best Division 6 members, we need to gather information about Division 6 members. We could use our Survey (http:// www.iapsy.org/division6/uploads/file/Susrvey IAAP distributed.pdf), but currently it is not possible due to the website access problem. A key point for implementing our Action Plan is the Division 6 web. We suggest that our Action Plan first steps, once having restored the access to our web, could be:

- Stablishing thematic working groups for each issue of working (psychotherapy, assessment, emergencies, competencies, etc.)
- Stablishing the national and international organizations to collaborate in the development of the activities by the thematic working groups (APA, IUPsyS, UN, other Divisions of the IAAP, etc.). A way of start coping with this could be:
 - To stablish collaboration agreements with IAAP Divisions that share interests and activities.

- To stablish collaboration agreements with National and International Organizations and Societies (i.e. participation in the United Nations (UN) projects).
- To provide Division 6 members up to date information about UN, IUPSyS, etc. projects that may become involved.
- Stablishing the methodology for disposing our psychological products that can be accessed from combined methodologies of communication:
 - Creating an updated list serve for sending emails to Division 6 members to share ideas, information about conferences, "opinion pieces", etc.; sending regular information about activities and news or offering our psychological products to IAAP new members.
 - Promoting and updating our Division 6 webpage (<u>www.iaapsy.org/division6</u>). This webpage was launched in 2012 and became a resource that we could all share and get advantage with it. In the website, it could be found sections with, for example, interviews of experts across the world, students in foreign countries, free instruments in the section of Sharing resources, information about activities and our Survey in the Section of Connecting.

Please, we need:

- Full access for the Division 6 members to the Division 6 website and the page contents. We consider this website as a very useful tool of communication.
- Please, it is urgent to update the mailing list (including new members from Paris ICAP).
- The current list of the IAAP members (to recruit members for our division).
- Technological help to update the contents in the webpage.
- Counselling about how to create a closed Facebook group.
- Support into the process of been involved in the IAAP Journal Applied Psychology: Health and Wellbeing as part of the Editorial Board.
- Support with our time bank service in the computer time bank with the proper software.
- To stablish links with International Organizations with common goals (United Nations (UN), International Union of Psychological Science (IUPSyS), American Psychological Association (APA), Spanish Society for Clinical and Community Psychology (SEPCyS), Red Cross, Psychology Beyond Borders, etc.) and also consumer associations or services to customers of psychological services.
- To improve the exchange of knowledge and concerns between, the scientific and technological community, and the general public, in order to enable policies and programs which could have its formulation improved, understood and supported.
- To improve participation and responsibilities of the Division 6 members in the IAAP activities (task forces, Bulletin, Journals as Health and Well-being, International Meetings, etc.).
- To ensure stability and steady work increasing the participation of the members in the activities of the Division 6.
- To increase the number of new members, rescue the past members and maintain the current ones.
- To recruit members for keeping in touch with people with similar interest.
- To establish a closed Facebook group for internal discussion and communication for Division 6 members only (for keeping in touch division members; for linking members to the psychological news; for informing members about activities and resources of interest; for

organizing virtual and face-to face meetings; for linking members with resources of interest of different Associations or for linking members with sections of our Newsletter).

- To stablish a Twitter link with the Facebook group as a primarily link for informing the massmedia and politicians about some issues of their interest.
- To promote the active participation of IAAP Division 6 members in other psychological networks. For instance, to have IAAP Division 6 members participating actively in the Psychology Network (it is a good network with more than 110,000 members and a lot of discussion; which would be a chance to inform about IAAP and its activities. Every member of the network (psychologist and people who are just interested in psychology) would be allowed to start a discussion or put out information). Division 6 members could also collaborate with the Mental Health Innovation Network. Both of these networks could play a role in increasing the visibility of our Division 6 if our members were asked to be identified as IAAP Division 6 members when they were involved in the discussions of these networks
- To encourage Division 6 members to send regular articles for the IAAP Bulletin or for the Division 6 Newsletter The Clinical and Community Psychologists, or papers for the Journal of Health and Well-Being. To stablish a list of priorities of our Division 6 psychological products (articles, interviews, opinion pieces, international guidelines, scientific papers, abstract with the research results, international exchange of knowledge and experiences in the professional field, or expert reports with clinical and community recommendations). In this sense, it would be urgent to reach out and welcome the new IAAP members who joined for the Paris meeting and have not yet chosen their division affiliations (but also old members). To update the current benefits and advantages of belonging to Division 6 and IAAP and to send regular messages to our members about our products (Newsletter, articles, resources, etc.) depending on their interests.
- To cover expenses resulting from the Division 6 activity.
- To promote the involvement of Division 6 members in International Organizations and in other activities of the IAAP.
- To increase the visibility of Division 6 (i.e., by sharing resources via Division webpage; by making contacts with other national and international associations of clinical and community psychology).
- To show members and general public a clear display of the Division 6 Services List and how to access the services.
- To build consensus for ensuring recognition of the Clinical and Community Psychology.
- To improve and strengthen programs for sharing with universities and research members of the IAAP Division 6.
- To promote IAAP publications and activities.
- To promote collaboration with national and international organizations.