

# GSCA 2022 Conference

## Event Schedule

Tue, Nov 08, 2022

8:30 AM

### Pre-Conference Check-in

🕒 8:30 AM - 10:30 AM, Nov 8

📍 Conference Registration Desk (2nd level)

Only for those attending a Pre-Conference Session; There is an additional fee to attend a pre-conference session

9:00 AM

### Hindsight is 20/20: Ethics: Bridging the Gap between School Counselors and Private Practitioners (Ethics)

🕒 9:00 AM - 3:00 PM, Nov 8

📍 Percival Room (capacity 65)

PC: Ethics

The role of the School Counselor has changed radically since the first “guidance counselor” opened their door to students. The amount of regulation and societal changes the present-day school counselor faces are innumerable. This course will:

1. Familiarize school counselors with ethical codes such as the Georgia Department of Education, American School Counselor’s Association, American Counselor’s Association American Mental Health Counselor’s Association.
2. Look at how FERPA, Title IX and case law is relevant to the school counselor. Particular attention will be paid to the 2016 changes to the ASCA’s code of ethics.
3. Learn at how to recognize and resolve potential ethical concerns using a decision-making model that incorporates their professional codes of ethics, current state and federal laws and peer review to arrive at ethically informed decisions.
4. Practical suggestions for application of HIPAA, HITECH and record requests in an ethically responsible manner will be discussed throughout the presentation.

---

#### 🗣️ Speaker



#### Tracey Pace

Heritage Counseling, Inc  
GSCA, AMHCA, LPCAGA

### Resilience: More than a Buzz Word - A Way of Being and Doing (Resiliency)

🕒 9:00 AM - 3:00 PM, Nov 8

📍 Sloane Room (capacity 65)

PC: Resilien...

It is essential to understand what resiliency is in order to determine how to develop it in our students. This session focuses on defining resilience and what school counselors can do to create a culture of resilience in the school. We will review how various scholars define and assess resilience and then move toward how to promote it. Specifically, we will address how to create a culture of resilience via schoolwide programming, how it connects to SEL and student motivation, and specific techniques for generating growth in students. Content and techniques for generating resilience and its skills and traits to students via classroom instruction, small group experiences, individual sessions, as well as identify literature that enables discussions and skill practice. Finally, we will look at how school counselors can maintain their own resilience and, perhaps, deliver to their faculty and staff. This is a comprehensive look at resilience and how it can be fostered in the school setting.

🗣️ Speaker



**Karen Griffith**  
GSCA

10:30 AM

**\*\*\*CANCELED\*\*\* Social Emotional and Ethical (SEE) Learning: A comprehensive curriculum and framework for Systemic Social Emotional Learning**

🕒 10:30 AM - 2:30 PM, Nov 8  
📍 Savannah Private Dining Room (capacity 20)

PC: SEE

11/6/22 - all registrants for this sessions received an email regarding the cancellation of this session. Please email [info@gaschoolcounselor.org](mailto:info@gaschoolcounselor.org) if you need assistance.

In this session participants will learn about the SEE Learning program and how it functions as a comprehensive social emotional learning curriculum as well as a framework to build enduring ethical capabilities. Along with information about the SEE Learning program, participants will learn how SEE learning can help them implement the ASCA mindset and behaviors standards.

10:45 AM

**Registration Desk Open**

🕒 10:45 AM - 5:30 PM, Nov 8  
📍 Conference Registration Desk (2nd level)

Check-in for regular conference attendance. A limited number of the Conference T-shirts (\$18) and the #BeExtra t-shirts (\$22) will be available for purchase as the Payments window.

12:45 PM

**Ambiguous Loss: What is it and how does it effect students in and out of the classroom?**

🕒 12:45 PM - 1:45 PM, Nov 8  
📍 Plimsoll Room (capacity 60)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Middle

Ambiguous Loss is a type of grief and loss that can impact students in a variety of ways. Through this presentation, the presenter will define, provide examples and data on the impact, and provide ways to support students who are grappling with ambiguous loss.

🗣️ Speaker



**Katherine (Katie) M. Wood**

**Re-Engaging Solution-Focused practices into your daily school counseling activities**

🕒 12:45 PM - 1:45 PM, Nov 8  
📍 Scarbrough Ballroom 5 (capacity 110)

Primary Experience Level: All Counselors

Primary Interest Area: Counselor Focused

Primary Target Audience: Secondary

Research has shown Solution-Focused Brief Therapy to be effective and useful in school counseling, so why do we forget to use it? This session will provide an opportunity to re-engage with SFBT by presenting a reminder of the tenets of the theory/technique as well as examples of how to practice it in your daily individual counseling interactions with students.

### 🗨️ Speakers



#### **Patty DaSilva**

School Counseling Consultant, middle and high school  
Cobb County School District



#### **Mary Carr**

Cobb County School District

## **E to the 6th: The Power of an Effective School Counseling Program**

🕒 12:45 PM - 1:45 PM, Nov 8

📍 Scarbrough Ballroom 3 (capacity 115)

**Primary Experience Level: All Counselors**

**Primary Interest Area: Counselor Focused**

**Primary Target Audience: Elementary**

The power of a good school counseling program is exponential. Join six ENERGIZED counselors as we EMPOWER you through the EXCHANGE of ideas to help ELEVATE your counseling program while EQUITABLY ENGAGING all stakeholders. Come power up with us!

### 🗨️ Speakers



#### **Wendy Whedon**

Crescent Road Elementary School



#### **Tonya Jones**

Professional School Counselor  
Stockbridge High School



#### **Danielle Bennett**

Elementary School counselor  
Griffin Spalding County Schools



#### **Kimberly Ridall-Villagomez**

School Counselor  
Beaverbrook Elementary School



#### **Jenna Sullivan**

Moreland Road Elementary



#### **Tiffiany Simmons**

Jackson Road Elementary School

## **"I didn't know I couldn't go." Supporting Undocumented Students Pursuing A Post-Secondary Education**

🕒 12:45 PM - 1:45 PM, Nov 8

📍 Scarbrough Ballroom 1 (capacity 115)

**Primary Experience Level: All Counselors**

**Primary Interest Area: Advocacy**

**Primary Target Audience: Secondary**

As school counselors, it is our duty to advocate for all students regardless of citizenship status. Georgia is one of only three states that bars undocumented students from attending certain public universities. When undocumented and DACA students are accepted to allowable post-secondary institutions, they may be forced to pay out of state tuition with little avenues of financial help options. This presentation will equip participants with tools and resources to advocate for and assist undocumented and DACA students who wish to pursue a post-secondary education in the state of Georgia.

## 🗣️ Speakers



**Danielle Mabeus**  
Cobb County School District



**Ashley Morey**  
School Counselor  
Thomson High School

## Aiding Teachers in Emotion Regulation Strategies for All Students

🕒 12:45 PM - 1:45 PM, Nov 8

📍 Verelst Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Elementary

As counselors, we are well versed in emotion regulation strategies and often teachers rely on us to help them navigate social and emotional topics with students. But, what if we gave them practical strategies to help students within their classroom and to teach social and emotional topics alongside us? Oconee County Primary School did just that. Using the Zones of Regulation curriculum, teachers led their students through feeling recognition, calming strategies, and behavior management lessons.

## 🗣️ Speaker



**Leia Payne**  
Professional School Counselor  
Oconee Primary School

## How to Become a Rock Star in Classroom Management

🕒 12:45 PM - 1:45 PM, Nov 8

📍 Scarbrough Ballroom 4 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Middle

This session will be energetic, informative, and practical. School counselors will leave with a plan that they can immediately implement in their classroom management. Many school counselors are not comfortable presenting classroom lessons, especially if they were not teachers before their counseling career. Join this session for three effective tools to use for core curriculum lessons!

## 🗣️ Speaker



**Teshia Stovall Dula**  
GSCA/Athens2021

## Every Minute Counts: Finding Time for What's Most Urgent & Most Important & Getting Results

🕒 12:45 PM - 1:45 PM, Nov 8

📍 Scarbrough Ballroom 2 (capacity 115)

Primary Experience Level: Beginner (1-4 years)

Primary Interest Area: Counselor Focused

Primary Target Audience: Elementary

School Counselors across the nation are struggling to find a balance between addressing immediate behavior challenges, while also providing proactive approaches to equip students with emotional regulation skills to be successful. A Counselor of the Year at a Beating the Odds School found success in integrating PBIS, MTSS, school counseling curriculum, and a wrap-around process to meet the needs of high risk students. Walk away with useful tools to use with students.


 Speaker



**Sandra Long**  
Griffin Spalding County School District

1:45 PM

**Exhibit & Engagment Extravaganza; Meet the Candidates**

 1:45 PM - 2:45 PM, Nov 8

 Regency Ballroom


**General Sess...**

This year's Exhibitor Trade Show floor will be bursting with activity! We will have educational demos from exhibit tables, and mini-stage presentations that will delight and amaze you. Come ready to meet a lot of colleagues, and exchange many ideas!

Come meet the Candidates running for office for 2023-2024!

3:00 PM

**Opening General Session**

 3:00 PM - 4:40 PM, Nov 8

 Harborside Ballroom

**General Sess...**

**Speaker - Dr. Bobby Gueh**  
**Becoming the Bridge for ALL Students to Succeed**

In today's social and political climate, students are faced with a myriad of social injustices that are barriers to their success. Counselors are often the bridge on which students can stand on to get to the next phase of their life socially, emotionally, and academically. Participants will be encouraged and motivated to reflect on the work they do, and also learn how they can utilize DEIJ strategies to become the bridge for ALL students in these critical days of systemic changes.


 Speaker



**Dr Bobby Gueh**  
Clinical Assistant Professor  
Georgia State University

4:45 PM

**Shuttle Buses to/from SCAD Available**

 4:45 PM - 7:30 PM, Nov 8


 SCAD Shuttle Bus Pickup - River Street Level

**Social Eve...**

Multiple shuttle buses will run continuously from River Street to the SCAD museum.

5:00 PM

**President's Reception/SCOE Awards**

 5:00 PM - 6:30 PM, Nov 8

 SCAD Museum

**Social Eve...**

Do not miss the opening night reception, taking place at the coolest spot in town — the SCAD Museum! Thanks to our sponsors, SCAD, we will have a mock-tail and cheese reception, as well as deliver Counselor of the Year Awards from the Museum's amazing auditorium.

Address: 601 Turner Blvd, Savannah, GA 31401.

Walking Directions (Approximatley 15 minutes): As you exit the hotel, turn right on West Bay Street. Turn Left on MLK Blvd.

Parking: There is small parking lot next to the museum and paid parking at the Savannah Visitor Center if you opt not to walk or take the shuttle bus provided from the Hyatt.

## Wed, Nov 09, 2022

6:45 AM

### Yoga

🕒 6:45 AM - 7:30 AM, Nov 9

📍 Plimsoll Room

Social Eve...

Start your day refreshed and recharged by attending Yoga with Tierney Langdon

#### 🗣️ Speaker



#### Tierney Langdon

8th grade Counselor and Peer Leader Sponsor  
Grace Snell Middle School

### Army Boot Camp

🕒 6:45 AM - 7:30 AM, Nov 9

📍 Harborside Ballroom East

Members of the Georgia National Guard will be demonstrating Physical Readiness Training (PRT) Drills to "warm-up" your morning using the same drills that our Soldiers use to prepare for Physical Training!

8:00 AM

### Registration Desk Open

🕒 8:00 AM - 5:30 PM, Nov 9

📍 Conference Registration Desk (2nd level)

### Exhibits Open

🕒 8:00 AM - 5:30 PM, Nov 9

📍 Regency Ballroom

### Grab & Go Breakfast

🕒 8:00 AM - 9:00 AM, Nov 9

📍 Regency Ballroom

Grab breakfast from the Regency Ballroom before you head to an Affinity meeting.

### Male Counselors Affinity Meeting

🕒 8:00 AM - 9:00 AM, Nov 9

📍 Vernon Room (capacity 65)

Affinity Meeting/Region M...

This space is for male school counselors only. Grab your breakfast and come network with Bobby Gueh and other male school counselors!

### Latinx/Hispanic Counselors Affinity Meeting

🕒 8:00 AM - 9:00 AM, Nov 9

📍 Verelst Room (capacity 65)

[Affinity Meeting/Region M...](#)

This space is for Latinx/Hispanic school counselors only. Grab your breakfast and join Mirna Wynn and other Latinx/Hispanic school counselors for some networking and learning!

### Independent/Charter School Counselors

🕒 8:00 AM - 9:00 AM, Nov 9

📍 Percival Room (capacity 65)

[Affinity Meeting/Region M...](#)

This space is for Independent/Charter school counselors only. Grab your breakfast and join Jenai Hackett and other Independent/Charter school counselors for some networking and learning!

### Counselor Educators Affinity Meeting

🕒 8:00 AM - 9:00 AM, Nov 9

📍 Scarbrough Ballroom 4 (capacity 115)

[Affinity Meeting/Region M...](#)

Calling all counselor educators! Grab your breakfast and join Erin Mason & Tylon Crooks for a counselor educator meet up!

### Grad Students Affinity Meeting

🕒 8:00 AM - 9:00 AM, Nov 9

📍 Scarbrough Ballroom 5 (capacity 110)

[Affinity Meeting/Region M...](#)

Hey Grad Students! Grab your breakfast and meet up with your GSCA Grad Student liaisons, Leonissa and Shannon for grad student networking and support!

### Rural School Counselors Affinity Meeting

🕒 8:00 AM - 9:00 AM, Nov 9

📍 Sloane Room (capacity 65)

[Affinity Meeting/Region M...](#)

Calling all rural school counselors! Grab your breakfast and join the Jessicas! (Ward and DeBarry) to talk about all things rural school counseling!

9:15 AM

### University System of Georgia Overview and Updates

🕒 9:15 AM - 10:15 AM, Nov 9

📍 Scarbrough Ballroom 5 (capacity 110)

[Primary Experience Level: All Counselors](#)

[Primary Interest Area: Student Focused](#)

[Primary Target Audience: Counselor Educator/Supervisor](#)

With 26 colleges and universities across the state, the University System of Georgia (USG) provides a wide range of opportunities for students to participate in Dual Enrollment while in high school and to continue their education after high school graduation. Join this session to learn about the USG and the resources available to help students explore their postsecondary options, as well the latest updates on the USG freshman and dual enrollment admission requirements.

🗣️ Speaker



**Sarah Wenham**  
University System of Georgia

### Stuck In the Middle: Social Emotional Learning to Support Your Staff and Students

🕒 9:15 AM - 10:15 AM, Nov 9

📍 Percival Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Middle

Have you struggled to establish and maintain Social Emotional Learning time for your students? Do you feel stuck in this area of your work? Let's talk about building a sustainable, effective SEL program that fits the needs of your school. In this learning opportunity, collaborate with peers to discuss how to listen to the voices of our students and staff in order to build positive school culture and implement SEL in ALL classrooms throughout everyday.

🗣️ Speaker



**Veronica Johnson**  
Clarke County School District

### Affinity Groups for School Counselors and Beyond

🕒 9:15 AM - 10:15 AM, Nov 9

📍 Scarbrough Ballroom 1 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Counselor Focused

Primary Target Audience: Counselor Educator/Supervisor

Affinity groups can be a powerful way to engage with others and grow in a shared commitment to a topic. As an example, this session will describe the process and outcomes of an affinity group for white school counselors exploring their racial identity and intentionally working towards more antiracist, culturally sustaining practices. A panel of affinity group participants will share their experiences. Other affinity group possibilities will be discussed.



🗨️ Speakers



**Mia Kim Chang**  
Georgia State University



**Erin Mason**  
Georgia State University



**Dan Dosal-Terminel**  
Doctoral Student  
Georgia State University



**Joelle Carreon**  
Graduate Assistant - CETLOE  
Georgia State University



**Abbie Miller**  
Georgia State University



**Jaé Hinson**  
Georgia State University



**Angela Jiang**  
Graduate Researcher  
Georgia State University

**Enroll, Enlist, Employ!**

🕒 9:15 AM - 10:15 AM, Nov 9

📍 Verelst Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Secondary

Does your college & career readiness program engage, energize or empower your students? Are you facilitating activities to elevate your students to success? Or, are you checking off tasks on your to do list? This interactive session is designed to share engaging and energizing college and career activities that will empower your students for their post secondary plans. If your former students do not call about participating in these activities, this session is for you!

🗨️ Speakers



**Marcia Teemer**  
Dutchtown High School



**LaNekia Pruitt**  
Henry County School District

**The Sum of All Fears: Increasing Math Achievement by Reducing Math Anxiety and Building Math Confidence**

🕒 9:15 AM - 10:15 AM, Nov 9

📍 Scarbrough Ballroom 4 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Elementary

Low math achievement proves to be a recurring weakness in American students. Gaps in math achievement are prevalent from elementary to graduate school. Intense fear and nervousness towards math, known as math anxiety, is a persistent theme to math avoidance and low achievement. In this session, learn how two elementary school counselors are helping students build math confidence and increase math achievement through multi-tiered interventions. Learn how to have fun while facing your math fears.

#### Speakers



#### Beth Ruff

Professional School Counselor  
Powder Springs Elementary School



#### LaShawn Thomas

Powder Springs Elementary School

### Bringing Creativity Into Counseling: How to Keep the Color in Education

🕒 9:15 AM - 10:15 AM, Nov 9

📍 Scarbrough Ballroom 3 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Elementary

In a world where many students are encouraged to follow traditional educational and work paths, it is the school counselors' responsibility to encourage and facilitate creativity in their students. During this session we will explore how counselors can think creatively and how they can encourage creativity among their students.

#### Speaker



#### Shannon Zogran

Graduate Student Liaison  
Georgia School Counseling Association

### ADHD Unlocked: Empowering your school community in the support of students with ADHD

🕒 9:15 AM - 10:15 AM, Nov 9

📍 Plimsoll Room (capacity 60)

Primary Experience Level: All Counselors

Primary Interest Area: Advocacy

Primary Target Audience: Middle

In this session, the presenter will share insights into working with students with Attention Deficit Hyperactivity Disorder. The session will include a brief overview of ADHD, how it presents across the lifespan, and practical tips for teachers, parents, administration, and counselors when they support students. With more and more students being diagnosed with ADHD, school counselors must be prepared to assist students, consult with teachers, support parents and advocate for students with administration.

#### Speaker



#### Jenai Hackett

Middle School Counselor  
Davis Academy

### Nudging for School Counselors: Using Choice Architecture to Improve Student Outcomes

🕒 9:15 AM - 10:15 AM, Nov 9

📍 Vernon Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Tips and Technology

Primary Target Audience: Secondary

Choice architecture is a concept from Behavioral Economics that looks at how to encourage people to make choices that are in their best interest, while still allowing for autonomy of choice. In this session, presenters will teach the basic principles of choice architecture, and will facilitate a discussion on how school counselors can apply its principles to help increase students' taking advanced classes, participating in extracurricular activities, promoting post-secondary attendance, and other important student issues.

---

#### 🗨️ Speakers



#### George McMahon

Clinical Associate Professor, School Counseling Program Coordinator  
The University of Georgia



#### Katherine (Katie) M. Wood

---

### Youth Voice and Action

🕒 9:15 AM - 10:15 AM, Nov 9

📍 Sloane Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Secondary

A Student Voice & Action group is designed to provide students with a sense of agency by using their voice to facilitate change in the school community. Acting as problem solvers, decision-makers, and leaders, students explored several SEL competencies, advocated for solutions to educational inequity, and presented actionable steps for their school administration. Elevating student voice is an essential component of a successful school-based well-being and behavioral health initiative.

---

#### 🗨️ Speakers



#### Tara Quinn-Schuldt

Student Support Specialist  
Cherokee county Schools



#### Tracy Tuck

School Counselor  
Cherokee High School

---

### Change: Don't Talk About It, Be About It

🕒 9:15 AM - 10:15 AM, Nov 9

📍 Scarbrough Ballroom 2 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Counselor Focused

Primary Target Audience: Elementary

Change is inevitable! However, change can be challenging for students and adults. Counselors, though we are trained to assist others with change, are no different. It can be challenging even for the change agents. Maybe you are a new counselor adjusting to your role. Or your beloved administrator makes a career change and you have to adjust to new leadership. Your school closes and you are placed in a new school or level. Maybe you are given new responsibilities that take you away from what you love to do. Or are you conflicted by your personal beliefs and your role as an advocate? How can we, as counselors, adjust to change and practice what we teach? We will share stories, scenarios, experiences, and solutions to some of our biggest challenges with change. We challenge YOU to come to this session with your own change-related issues so we can problem-solve together to be the change we seek in the world.

## Speakers



### Maria Sherrod

School Counselor  
Fayetteville Elementary School



### Mesha Bolton

School Counselor  
Springdale Park Elementary School



### Leslie Kollasch

Counselor  
Inman Elementary



### Dionna Pollite

School Counselor  
Cleveland Elementary School/ Fayette County Schools



### Lakisha Bonner

Coordinator of Counseling and Career Development  
Fayette County Board of Education

10:30 AM

## Membership Assembly

🕒 10:30 AM - 11:15 AM, Nov 9

📍 Harborside Ballroom West (capacity 460)

General Sess...

Proposed Bylaws changes, recognition of RAMP recipients

11:30 AM

## Recognizing and Helping Students who are Grieving

🕒 11:30 AM - 12:30 PM, Nov 9

📍 Scarbrough Ballroom 5 (capacity 110)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Middle

Grief and loss is a universal, but individualized experience. For K-12 students, it can come with a flood of emotions that they need support processing. This presentation is geared toward school counselors who want more insight into recognizing different types of grief and loss, learning the signs and symptoms, ways that school counselors can support students navigate their grief, and will provide activities and resources to help school counselors in that process.

## Speaker



### Katherine (Katie) M. Wood

## Practicing Cultural Humility in School Counseling

🕒 11:30 AM - 12:30 PM, Nov 9

📍 Verelst Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Career Advancement

Primary Target Audience: Elementary

Different groups are negatively impacted by inequitable power, privilege, and injustice. Cultural humility, a process of reflection and lifelong inquiry, involves self-awareness of personal and cultural biases as well as awareness and sensitivity to significant cultural issues. Core to the process of cultural humility is the counselor's deliberate reflection of values and biases. Looking toward the future, cultural humility and practices that cultivate it ought to be an essential component of our work as counselors.

📣 Speaker



**Jonathan Blase**  
New Glennwood Elementary

### Becoming a School Counselor Social Justice Warrior

🕒 11:30 AM - 12:30 PM, Nov 9

📍 Plimsoll Room (capacity 60)

Primary Experience Level: All Counselors

Primary Interest Area: Advocacy

Primary Target Audience: Secondary

Dismantling inequitable systems and promoting social justice are central, not peripheral, to being a school counselor. Supported by our profession's ethical standards and national framework, school counselors are called to develop programs that fight inequity. School

counselors must promote the development of school policies that lead to the equitable treatment of all students as well as opposing school policies that hinder the equitable treatment of any student. In this session, participants will walk away with strategies and tools for becoming social justice warriors who implement ethical school

counseling programs for ALL students.

📣 Speakers



**Julie Hartline**  
Director of Advancement Services  
HATCHING RESULTS, LLC



**Dawn Mann, Ed.D.**  
Founder and Chief Operating Officer  
New Dawn Training Solutions



**Toni Dickerson**  
Lead Professional Learning Specialist  
HATCHING RESULTS, LLC



**John Nwosu**  
Garrett Middle School

### Multiculturalism and School Counselor Supervision

🕒 11:30 AM - 12:30 PM, Nov 9

📍 Percival Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Counselor Focused

Primary Target Audience: Counselor Educator/Supervisor

Multiculturalism has been called the fourth force in counseling. School counselors recognize that cultural competence is paramount to meeting students' needs and as such are entrusted with growing their cultural competence. School counselor supervisors must develop an understanding of multiculturalism as it affects the supervisory relationship with school counselors in training. Addressing multicultural factors in the supervision process includes gender, race, religion, ethnicity, sexual orientation and identity, ability status, age, and socioeconomic status.

### 🗣️ Speakers



#### Lee Grimes

School Counselor, Contributing Faculty Member  
Thomas County Schools, Walden University



#### Kim Mitchell

School Counseling Program Specialist  
Atlanta Public Schools

## Hispanic Family Engagement in Your School

🕒 11:30 AM - 12:30 PM, Nov 9

📍 Scarbrough Ballroom 1 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Advocacy

Primary Target Audience: Elementary

School counselors help foster school belongingness among all students and their families. This session gives helpful suggestions on how school counselors can assist Hispanic parents' involvement in their school's community and advocate for students' academic success.

### 🗣️ Speakers



#### John Creger

School Counselor  
Marietta City School District



#### Diana Eraydin

School Counselor  
Marietta High School

## Groups, Groups, Groups: Unlocking Student Success Through Group Counseling

🕒 11:30 AM - 12:30 PM, Nov 9

📍 Vernon Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Elementary

Does the thought of running a small group make you anxious? Are you struggling to find the time, energy, and participants for small groups? Are your "Yalom" skills a bit rusty? Don't fret! This session is designed to address the glows and grows of running small groups at the K-12 level. We will guide you through confident collaboration with stakeholders and arm you with creative tips and tricks to work smarter not harder.

### 🗣️ Speakers



#### April West

Gwinnett County Public Schools



#### Jessica Pickard

Elementary School Counselor  
Gwinnett County Public Schools



#### Alisha Jordan

Gwinnett County Schools

## Talk Data to Me!

🕒 11:30 AM - 12:30 PM, Nov 9

📍 Sloane Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Secondary

School counselors, like all educators, are charged with making continuous quality improvement for the benefit of the students they serve. An effective way to meet this charge is for counseling teams to collectively engage in recurring cycles of data inquiry and analysis. Talk Data to Me provides counselors with a blueprint for creating a data team that uses collaboration and strategic thinking to benefit students.

#### 👤 Speakers



#### Torrye D. Isom

School Counselor 9th/10th Grade  
Gwinnett County Public Schools



#### Daria Williamson

Assistant Principal  
Brookwood High School

### Understanding school refusal: An analysis of the causes, identification, and strategies of students' school refusal.

🕒 11:30 AM - 12:30 PM, Nov 9

📍 Scarbrough Ballroom 4 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Middle

School absences continues to be a growing concern for school stakeholders. School refusal is one cause of student absences and affects students, parents, and school systems. The causes and ways to identify school refusal students along with various strategies for assisting students to get back to school, will be addressed. With a greater understanding of school refusal, school stakeholders will be better equipped to address student absenteeism.

#### 👤 Speakers



#### Denise Lenares Solomon

Core Instructor  
Capella University



#### Tajeé Houston

Capella University Graduate student



#### Calandria Fields

Professional School Counselor  
Richmond County Board of Education



#### Limarie Lopez

Counselor in Training  
Capella University



#### Claudia Perez

Graduate Student  
Capella University

### Making Pearls from Pain: A Girls Coping Skills Group Intervention

🕒 11:30 AM - 12:30 PM, Nov 9

📍 Scarbrough Ballroom 2 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: General Counseling

Primary Target Audience: Middle

Stress. Anxiety. Depression. Peer pressure. Family trouble. It all can leave students feeling overwhelmed and unable to cope. If not addressed positively, these stressors can lead to negative behaviors and damaging mindsets. In this informative workshop, you will learn about a creative approach to a group counseling intervention aimed specifically at girls to help them learn and implement positive coping skills that will empower them to make pearls from their pain.

#### Speaker



**Kayse McCanne**

Mental Health and Wellness Facilitator  
Stockbridge Elementary School

### Engaging and Empowering School Counselors to be change agents in their schools

🕒 11:30 AM - 12:30 PM, Nov 9

📍 Scarbrough Ballroom 3 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Elementary

Are student behavioral and emotional needs increasing in your school? Do you find yourself being pulled in many different directions? Are you unable to fully deliver your comprehensive counseling program due to responding to the overwhelming student needs? As professional school counselors, we play a proactive role in implementing strategies for students, parents, and teachers for positive behavior. Join our session to gain knowledge on how to support administration, staff, and parents with positive behavior strategies which can lead to fewer administrative referrals.

#### Speakers



**Lauren Butler**

Gwinnett County School District



**Laura Spencer**



**Natasha Dhannani**

Counseling Intern  
Ivy Creek Elementary School

12:30 PM

### Lunch on your Own

🕒 12:30 PM - 2:00 PM, Nov 9

### Leadership Team Luncheon & PPAC Luncheon (invitation only)

🕒 12:30 PM - 2:00 PM, Nov 9

Social Eve...

At Churchill's Restaurant, across the street from the Hyatt

2:00 PM

### Get Zen with Gentle Yoga

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Percival Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Counselor Focused

Primary Target Audience: Counselor Educator/Supervisor

As school based mental health counselors, we must model self-care. One way to do this is through yoga. Certified as a 200 HR RYT yoga instructor, I'll teach breathwork, mindfulness and asanas to do with staff and students. Certified through Child Light Yoga to teach "Yoga for Teens and Tweens," you take what you learn back to your school. Come in comfy clothes so you can stretch and restore and get some zen.



Speaker



**Tierney Langdon**

8th grade Counselor and Peer Leader Sponsor  
Grace Snell Middle School

**Foundations for Counselor Support for LGBTQ Students**

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Sloane Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Advocacy

Primary Target Audience: Secondary

“I don’t know what I don’t know.” In supporting LGBTQ students, counselors often have good intentions, but are frequently unsure of what to do when situations arise or we are consulted. Over the past years, I have given trainings to schools and systems on how to do this. This is a snapshot of the essential components counselors need to know. Participants won’t learn it all but will have resources on how to move forward.

Speaker



**Ken Jackson**

Counselor  
Decatur High School/The University Of Georgia

**Social Emotional Literacy: Using School-Wide Read-Alouds to Develop SEL Skills**

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Scarbrough Ballroom 1 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Middle

School counselors play a vital role in creating meaningful bridges between academic skills and social-emotional development in their students. This presentation highlights how school-wide read-alouds can be a catalyst for a number of positive outcomes beyond literacy including developing SEL skills, building stronger relationships, increasing empathy, encouraging social justice, and positively impacting school climate. Practical concerns, potential read aloud books, and SEL lesson ideas will be discussed.

Speaker



**Ryan Dixon**

Pine Grove Middle School

**Elevating Equity: An Examination of Intersectionality**

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Plimsoll Room (capacity 60)

Primary Experience Level: All Counselors

Primary Interest Area: Counselor Focused

Primary Target Audience: Elementary

All school counselors enter the profession with a solid understanding of the basic skills needed to connect with students. In this session, we will go beyond the basics to explore how intersectionality plays a pivotal role in a counselor's ability to provide an equitable comprehensive school counseling program. Participants will leave this session with real-world application tools to elevate their comprehensive school counseling program in equity.

Speaker



**Maegan Mellick**

Burgess-Peterson Academy

## Level Up Your Level Meetings with Technology Tools

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Scarbrough Ballroom 5 (capacity 110)

Primary Experience Level: All Counselors

Primary Interest Area: Tips and Technology

Primary Target Audience: Secondary

Imagine a future where one-on-one “Senior Meeting” notes are automatically populated into a document, saved in your Google Drive, and sent in a personalized email to the student as they leave your office. Simultaneously, the student’s postsecondary interests and courses for graduation are added to your personal database. This future is now! Learn how to make the most of your level meetings using technology tools. Computers are encouraged for this presentation with a workshop component.

### 🗨️ Speakers



#### Christina Cotsakis Cordón

School Counselor  
Clarke County School District



#### Ericka Wade

Professional School Counselor  
Cedar Shoals High School

## EEEEEEKick-start FAFSA Completion: How to Elevate Your FAFSA Completion

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Scarbrough Ballroom 2 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Tips and Technology

Primary Target Audience: Secondary

This presentation will be an exchange of ideas on how to elevate a school’s FAFSA completion rate. We will discuss any changes to the 2022-23 FAFSA. Focus will be on empowering school counselors to plan and implement equitable, engaging, and energizing FAFSA events to increase FAFSA completion rates. Ultimately, the completion of FAFSA will empower students to pursue a post-secondary education.

### 🗨️ Speakers



#### Brenda Vaughn

K-12 Outreach Representative  
Georgia Student Finance Commission



#### Jessica Sills

Counselor  
Jasper County High School



#### Amy Cox

School Counselor  
Jasper County High School

## Supervision Bootcamp for Site Supervisors

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Vernon Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Counselor Focused

Primary Target Audience: Elementary

Interested in becoming a site supervisor for practicum or internship? Have you been a supervisor in the past, but would like a refresher on supervision models of skills? Tried to be a supervisor and felt overwhelmed? Come join us for a brief overview of the primary goals of supervision, strategies for effective multicultural supervision, and a review of key supervision skills and techniques.

## 🗣️ Speakers



### George McMahon

Clinical Associate Professor, School Counseling Program Coordinator  
The University of Georgia



### Brandee Appling

Assistant Professor  
The University of Georgia



### Erin Mason

Georgia State University



### Karen Rowland

Department Chair  
Mercer University

## How to Promote Counseling Services to the Community: Transform Yourself into a PR Expert

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Scarbrough Ballroom 3 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Tips and Technology

Primary Target Audience: Secondary

Do you ever get that distressing feeling that no one knows exactly what services your counseling program provides? Then this session is for you, as it focuses on creative ideas, fun activities, and step-by-step methods you can use to promote your counseling program services to all stakeholders. Topics to be addressed will include tricks of social media, boosting your counseling website, how to create catchy announcements including easy PR videos, psychoeducational resources, and much more!

## 🗣️ Speaker



### Betsy Alpert

Professional School Counselor  
Cobb County School District

## Best of Both Worlds: School Counselor & LPC Collaboration in P-12

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Verelst Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: General Counseling

Primary Target Audience: School Administrator

An overview of research and experiential insight guiding how school counselors and licensed professional counselors (LPCs) can actively collaborate in the P-12 setting. The information is beneficial for all professional school counselors (PSCs), but will be especially relevant for PSCs and/or school administrators looking for research and information advocating for successful models of PSC-LPC collaboration.

## 🗣️ Speakers



### Richard Cleveland

Georgia Southern



### Jennifer Perry Ph.D., LCMHCA, NCC

Assistant Professor  
Georgia Southern University

## Oh No They Didn't Just Say That: A dive into cross-cultural and racial communication

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Harborside Ballroom East (capacity 280)

Primary Experience Level: All Counselors

Primary Interest Area: Tips and Technology

Primary Target Audience: Counselor Educator/Supervisor

Bias! It is a significant concept that everyone can never get enough learning about because we all have it. Together we will investigate the blind spots so we can interrupt disrupt ourselves. This session will allow you to build on what you already know and give you some new understanding of inherent bias concepts through communication, specifically microaggressive verbal acts. Through discussion, reflection, and practice with strategies to interact with an inclusion first mindset.

### 🗣️ Speaker



**Krischanna Roberson (She,Her)**

Collabovate Consulting

## Drum, Draw, Drama, and Dance: Oh My! Integrating the Arts into Your School Counseling Program

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Scarbrough Ballroom 4 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Elementary

In the age of screen-time and constant stimulation, school counselors are struggling to keep students' attention with traditional counseling instruction. Come learn how to increase student engagement by creating experiences through Arts Integration. Get your art on, with hands-on lessons integrating music, visual arts, theatre, and dance. Confidence in your artistic abilities is not required but will be gained through this session.

### 🗣️ Speaker



**Beth Ruff**

Professional School Counselor  
Powder Springs Elementary School

## Collaborating with Teachers to Intentionally Integrate SEL in Academic Lessons

🕒 2:00 PM - 3:00 PM, Nov 9

📍 Harborside Ballroom West (capacity 460)

Primary Experience Level: Intermediate (5-10 years)

Primary Interest Area: Advocacy

Primary Target Audience: Secondary

Social-Emotional Learning directly impacts student achievement. Identifying innovative avenues to infuse SEL into teachers' academic lessons is essential. Intentionality is key when developing a plan to collaborate with teachers about embedding SEL concepts within their academic instructional planning process. Optimizing both teachers and counselors expertises, knowledge, and resources provides a new collaboration model where students' academic and social-emotional needs are met in tandem. Do you want to implement this type of collaboration model?

### 🗣️ Speaker



**Ashley Price**

Thomaston Upson County School District

🕒 2:45 PM - 4:15 PM, Nov 9

📍 Regency Ballroom

**General Sess...**

This year's Exhibitor Trade Show floor will be bursting with activity! We will have educational demos from exhibit tables, and mini-stage presentations that will delight and amaze you. Come ready to meet a lot of colleagues, and exchange many ideas!

4:15 PM

### Elevate Your Comprehensive Program with RAMP

🕒 4:15 PM - 5:15 PM, Nov 9

📍 Scarbrough Ballroom 5 (capacity 110)

**Primary Experience Level: All Counselors**

**Primary Interest Area: General Counseling**

**Primary Target Audience: Secondary**

The Recognized ASCA Model Program (RAMP) recognizes schools committed to delivering comprehensive, data-informed school counseling programs aligned with the ASCA National Model framework. The RAMP designation demonstrates to administrators, school boards, families, and the community at large that the schools are committed to supporting the mission of the school and district. If you are ready to RAMP, this session is for you! This session appropriate for all grade levels K-12.

#### 🗣️ Speaker



**Gail M. Smith**

Retired School Counseling Supervisor

### Culturally Relevant School Counseling in an Anti-CRT Environment

🕒 4:15 PM - 5:15 PM, Nov 9

📍 Plimsoll Room (capacity 60)

**Primary Experience Level: All Counselors**

**Primary Interest Area: Advocacy**

**Primary Target Audience: Secondary**

New laws limit how schools provide culturally relevant pedagogy. It's the educator's responsibility to practice equitable systems making it possible for all students to receive quality education. GSCA and ASCA provide frameworks that promote cultural diversity and encourage counselors to use their voices as advocates for equitable and inclusive schools by providing culturally responsive counseling. This session explores how counselors can navigate the murky waters of Anti-CRT legislation yet continue delivering culturally relevant program.

#### 🗣️ Speaker



**Kim Mitchell**

School Counseling Program Specialist  
Atlanta Public Schools

### Elevating District Level Supervisors by Empowering School Counselors

🕒 4:15 PM - 5:15 PM, Nov 9

📍 Scarbrough Ballroom 1 (capacity 115)

**Primary Experience Level: Experienced (11+ years)**

**Primary Interest Area: Advocacy**

**Primary Target Audience: Counselor Educator/Supervisor**

District Supervisors are constantly trying to find ways to empower their school counselors. However, we are also tasked with many other roles, duties, and situations that can pull our time and focus away from our school counselors. This session will focus on how District Supervisors can elevate their practices and engage their immediate to empot the school counselors in their district. Participants will leave with an understanding of how to leverage their resources and implement practices that will help their school counselors to feel empowered to implement a comprehensive model program.

## 🗣️ Speakers



### Melisa Marsh

Supervisor of School Counseling, Advisement, and Crisis Response  
Cobb County School District



### Patty DaSilva

School Counseling Consultant, middle and high school  
Cobb County School District

## Elevating Your Career to the Next Step

🕒 4:15 PM - 5:15 PM, Nov 9

📍 Percival Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Career Advancement

Primary Target Audience: Middle

How to elevate from here? Have you ever wondered what's next in store for you? Come seek answers through an interactive discussion exploring matching career goals with future career pathways. School counselor educators and school counselors discuss career growth enhancement for school counselors. Presenters will discuss career paths such as school counselor education, adjuncting while working as a school counselor, district supervisor and coordinator, writing and publishing children's books, licensed professional counselor, and supervising counselors for licensure. This session is appropriate for all audiences.

## 🗣️ Speakers



### Dr. Malti Tuttle

Associate Professor  
Auburn University



### Brandee Appling

Assistant Professor  
The University of Georgia



### Brent Henderson

School Counselor  
Paul Duke STEM High School



### Jennifer Zimmerman

School Counselor  
Park Street Elementary School



### Katrina Wilson

School Counselor  
Pine Street Elementary School

## Energize Staff and Empower Students Through a Data Driven SEL Program

🕒 4:15 PM - 5:15 PM, Nov 9

📍 Scarbrough Ballroom 4 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Elementary

With increasing concerns for students' wellbeing, schools across the nation are turning to Social Emotional Learning for solutions. School Counselors serve a pivotal role, as they are tasked with the responsibility of determining a pathway to meet the needs of the whole child. This presentation will help school counselors and administrators begin their SEL journey. Attendees will explore practical sources of data, evidence-based interventions, and progress monitoring tools that drive a successful SEL program.

### 🗣️ Speakers



**Kimberly Callahan**  
Ware County School District



**LeAnna Hiers**  
Ware County School District

## Helping Teachers Uncover Implicit Bias Through Self-Discovery & Seeking to Understand Their Students

🕒 4:15 PM - 5:15 PM, Nov 9

📍 Scarbrough Ballroom 2 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Advocacy

Primary Target Audience: Middle

Come learn about our approach using Restorative Circles to address implicit bias with faculty and staff! We will provide steps on how you can begin the courageous conversation and lead teachers through reflective activities to learn about themselves and how their experiences impact relationships with students. School counselors have ethical and professional responsibilities to address racial equity and social justice. Leave this session with ways you can begin interrupting the system to influence systemic change.

### 🗣️ Speakers



**Shayla Thompson**  
Crews Middle School



**Elizabeth Elizabeth**  
Alton C. Crews Middle School/Gwinnett County Public Schools



**Garrece Walker**  
School Counselor  
Gwinnett County Public Schools

## Post-Secondary Considerations for Undocumented Students

🕒 4:15 PM - 5:15 PM, Nov 9

📍 Verelst Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Secondary

Undocumented students account for approximately 427,000 (2%) of all students in higher education. Of those students approximately 14,201 (2%) pursue a post-secondary education in the state of Georgia. This presentation will examine the context of undocumented students in higher education and ways we can best support our undocumented students and their families. Participants will also identify critical issues associated with a student's immigration status and ways to best support their social and emotional needs.

### 🗣️ Speaker



**Dr. Mirna Wynn**  
School Counselor  
Hillgrove High School

## Bibliocounseling Through a Social Justice Lens

🕒 4:15 PM - 5:15 PM, Nov 9

📍 Scarbrough Ballroom 3 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Elementary

Are you aware of the benefits of Bibliocounseling through the social justice lens? Multicultural Bibliocounseling helps our students to engage in media that represents their identities, celebrates the cultural backgrounds of others, and projects the voices of the underrepresented population. The versatility of bibliocounseling is a therapeutic approach for students to identify and release their feelings through forms of mixed media. So, are you ready to include this multicultural technique in your school counseling program?

Speaker



**April West**

Gwinnett County Public Schools

**Social and Emotional Learning from the Principal's Perspective: Secondary School Leaders and Counselors working together to support students**

4:15 PM - 5:15 PM, Nov 9

Sloane Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: School Administrator

The primary purpose of the presentation is to provide a model for supporting students from various ethnic backgrounds within a high school setting. We will share a model for providing support for all students through the collaborative efforts of city officials, local churches, and other programs to support students within a public high school setting. A strategic planning model will be shared along with implementation to support students from various ethnic backgrounds.

Speaker



**Christopher Martin**

Principal  
Lanier High School-GCPS

**Elevating Comprehensive School Counseling Programs with MTSS**

4:15 PM - 5:15 PM, Nov 9

Harborside Ballroom East (capacity 280)

Primary Experience Level: All Counselors

Primary Interest Area: General Counseling

Primary Target Audience: Elementary

Learn how aligning your Comprehensive School Counseling Program (CSCP) to a Multi-Tiered System of Support (MTSS) empowers you to design and implement an engaging and energizing CSCP. Discover opportunities to exchange program results with community stakeholders to elevate your program by communicating how each student benefits from the CSCP resulting in increased equity for students at your school.

Speakers



**Kristie Gordon**

Professional School Counselor  
Porter Elementary School/Bibb County School District



**Dr. Berina Regina English**

Assistant Principal  
Porter

**Empowering Students through the Power of Play: Elevate Your School Counseling Program Using Play and Creative Interventions**



🕒 4:15 PM - 5:15 PM, Nov 9

📍 Harborside Ballroom West (capacity 460)

Primary Experience Level: All Counselors

Primary Interest Area: General Counseling

Primary Target Audience: Elementary

Play is a powerful tool in working with elementary students. Learn how to infuse play into all aspects of your school counseling program. This session will provide creative and unique ideas for working with students through individual counseling and behavior interventions, small group sessions, and play-based whole group lessons. You can even use play with staff members! Walk away with a toolbox of ideas and strategies to implement in your own counseling program.

---

👤 Speaker



**Ruth Bowen**

Summit Hill Elementary

### Elevating Your Emotion Regulation Program

🕒 4:15 PM - 5:15 PM, Nov 9

📍 Vernon Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: General Counseling

Primary Target Audience: Elementary

Are you noticing more students struggle with their emotions and behaviors? Come join us to learn what emotion regulation is, what is needed to address it and easy ways to implement it in your counseling program. Walk away with ideas in lessons, small groups and individual sessions.

---

👤 Speaker



**Stacey Miller**

School Counselor  
Buford Elementary School

8:00 PM

### PROBE Party

🕒 8:00 PM - 10:30 PM, Nov 9

📍 Harborside Ballroom

Social Eve...

Be there or be square! The PROBE party brings down the house every year, and this year is no exception. Thanks to our sponsor, PROBE, we will have desserts, adult beverages, a DJ and dance floor, with a gorgeous evening view of the Savannah River! Wear your PROBE sticker instead of your name badge for admittance.

**Thu, Nov 10, 2022**

6:45 AM

### Yoga

🕒 6:45 AM - 7:30 AM, Nov 10

📍 Plimsoll Room (capacity 60)

Social Eve...

Start your day refreshed and recharged by attending Yoga with Tierney Langdon

---

👤 Speaker



**Tierney Langdon**

8th grade Counselor and Peer Leader Sponsor  
Grace Snell Middle School

8:00 AM

### Army Boot Camp

🕒 6:45 AM - 7:30 AM, Nov 10

📍 Harborside Ballroom East (capacity 280)

Members of the Georgia National Guard will be demonstrating Physical Readiness Training (PRT) Drills to “warm-up” your morning using the same drills that our Soldiers use to prepare for Physical Training!

### Information Desk Open

🕒 8:00 AM - 12:30 PM, Nov 10

📍 Conference Registration Desk (2nd level)

### Grab & Go Breakfast

🕒 8:00 AM - 8:45 AM, Nov 10

Grab breakfast before you head to a Region meeting. They will be available near all the Region Meetings.

### Region 5 Meeting

🕒 8:00 AM - 8:45 AM, Nov 10

📍 Scarbrough Ballroom 1 (capacity 115)

[Affinity Meeting/Region M...](#)

Join your GSCA Region Liaison and other region members for networking & learning!  
[Elevate with GSCA Emerging Leaders Program](#) (complete this google form to learn more)

### Region 4 Meeting

🕒 8:00 AM - 8:45 AM, Nov 10

📍 Scarbrough Ballroom 2 (capacity 115)

[Affinity Meeting/Region M...](#)

Join your GSCA Region Liaison and other region members for networking & learning!  
[Elevate with GSCA Emerging Leaders Program](#) (complete this google form to learn more)

### Region 2 Meeting

🕒 8:00 AM - 8:45 AM, Nov 10

📍 Scarbrough Ballroom 3 (capacity 115)

[Affinity Meeting/Region M...](#)

Join your GSCA Region Liaison and other region members for networking & learning!  
[Elevate with GSCA Emerging Leaders Program](#) (complete this google form to learn more)

### Region 7 Meeting

🕒 8:00 AM - 8:45 AM, Nov 10

📍 Scarbrough Ballroom 4 (capacity 115)

[Affinity Meeting/Region M...](#)

Join your GSCA Region Liaison and other region members for networking & learning!  
[Elevate with GSCA Emerging Leaders Program](#) (complete this google form to learn more)

### Region 6 Meeting

🕒 8:00 AM - 8:45 AM, Nov 10

📍 Percival Room (capacity 65)

[Affinity Meeting/Region M...](#)

Join your GSCA Region Liaison and other region members for networking & learning!  
[Elevate with GSCA Emerging Leaders Program](#) (complete this google form to learn more)

### Region 1 Meeting

🕒 8:00 AM - 8:45 AM, Nov 10

📍 Sloane Room (capacity 65)

[Affinity Meeting/Region M...](#)

Join your GSCA Region Liaison and other region members for networking & learning!  
[Elevate with GSCA Emerging Leaders Program](#) (complete this google form to learn more)

### Region 3 Meeting

🕒 8:00 AM - 8:45 AM, Nov 10

📍 Regency Ballroom

[Affinity Meeting/Region M...](#)

Join your GSCA Region Liaison and other region members for networking & learning!  
[Elevate with GSCA Emerging Leaders Program](#) (complete this google form to learn more)

9:00 AM

### Empowering Students to Manage Stress and Increase Happiness

🕒 9:00 AM - 10:00 AM, Nov 10

📍 Scarbrough Ballroom 5 (capacity 110)

[Primary Experience Level: All Counselors](#)

[Primary Interest Area: General Counseling](#)

[Primary Target Audience: Secondary](#)

“It’s worse than it’s ever been.” Anxiety, stressors, and limited protective factors have created an almost overwhelming challenge. Counselors need to be meaningful, efficient, and effective. This session presents a classroom core, 3+session approach delivered to students this past year and redesigned for a small group. The purpose was to give practical, research-based strategies that could be used immediately to start the process. Participants will gain the tools to deliver this in their school settings.

#### 🗣️ Speaker



**Ken Jackson**

Counselor  
Decatur High School/The University Of Georgia

### A Bridge to a Career: Providing Engaging and Equitable Access to a Career Focused Education

🕒 9:00 AM - 10:00 AM, Nov 10

📍 Scarbrough Ballroom 4 (capacity 115)

[Primary Experience Level: Intermediate \(5-10 years\)](#)

[Primary Interest Area: Student Focused](#)

[Primary Target Audience: Secondary](#)

Middle and High School Counselors! Would you like your Bridge activities to have a meaningful, long-term impact in the lives of your students? Through the utilization of YouScience, you can ensure your students are engaged and empowered to pursue a relevant career focused education. Presenters will share how they successfully and collaboratively used YouScience data along with supplemental activities to provide rising 9th grade students innovative support regarding their high school and postsecondary plans.

#### 🗣️ Speakers



**Angie Weeks**

Professional School Counselor  
Cartersville City Schools



**Chaja S. Pinkard**

Professional School Counselor  
Cartersville High School

## Play Therapy Small Groups in School Counseling

🕒 9:00 AM - 10:00 AM, Nov 10

📍 Verelst Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: General Counseling

Primary Target Audience: Elementary

Developing and implementing counseling small groups can be challenging for PreK-2nd grade school counselors. Small groups at this level revolve mostly around behavior modifications which can be boring, difficult to organize, and produce limited results. But what about a child's first language, PLAY? In this session you'll learn strategies for designing effective prek-2 play small groups including using play therapy techniques and advocating for the power of play in school counseling through efficient results reports!

### 👤 Speaker



**Rebecca Peacock**

School Counselor  
City Schools of Decatur

## Elevate your practice with efficiency and data management using Excel!

🕒 9:00 AM - 10:00 AM, Nov 10

📍 Scarbrough Ballroom 2 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Tips and Technology

Primary Target Audience: Secondary

It is easy for counselors to become overwhelmed and lost when navigating the sea of data required to effectively manage student caseloads. Excel offers a powerful array of tools to manage and filter data. Participants will have the opportunity to learn effective practices in managing, filtering, and analyzing data using Microsoft Excel.

### 👤 Speaker



**Michael Weiland**

The Gwinnett School Of Mathematics, Science, and Technology

## Supporting Mental Health in an Epidemic- Creating Systemic Change While Supporting Students' Everyday Needs

🕒 9:00 AM - 10:00 AM, Nov 10

📍 Sloane Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Counselor Focused

Primary Target Audience: Counselor Educator/Supervisor

School counselors are facing unprecedented challenges in supporting students with their mental health. Not only do students need day to day services and intervention, but there is a greater need for systems level support and change when it comes to mental health access for students and the community. This session will focus on how counselors can advocate for systems level change and tap into community resources, while still ensuring they have appropriate school based interventions.

### 👤 Speaker



**Tessa Barbazon**

Director of School Counseling and SEL  
Clarke County School District

## The Relevance, Rigor and Relationship of School Counselors and School Principals

🕒 9:00 AM - 10:00 AM, Nov 10

📍 Percival Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: General Counseling

Primary Target Audience: School Administrator

As education professionals, we have been exposed to the data on how the school counselor and principal relationships are vital to students' success. The next step is putting this information into practice. This session will be a working session that will help facilitate the purpose, blueprint and effectiveness of building a strong school counselor and school principal relationship. Be prepared to share and exchange best practices.

#### Speaker



**LaKisha Mack**

Savannah Chatham County Public Schools

### Engaging Yourself In the LPC Process

🕒 9:00 AM - 10:00 AM, Nov 10

📍 Plimsoll Room (capacity 60)

Primary Experience Level: All Counselors

Primary Interest Area: Career Advancement

Primary Target Audience: Elementary

Have you considered becoming a licensed professional counselor in Georgia? Yes, it may give you opportunities for a "side job" or part-time work after retirement, but there are so many more benefits to the LPC process. You will learn the ways that you can grow as a person and a strengthen your counseling skills through the supervision methods. In addition, you will discover what all is required to become a LPC.

#### Speaker



**Francie Livingston**

Pine Log Elementary

### Interior Design with Trauma in Mind

🕒 9:00 AM - 10:00 AM, Nov 10

📍 Harborside Ballroom East (capacity 280)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Elementary

This presentation aims to display compiled research on trauma and how it affects children; specifically, how counselors can make the spaces they teach and counsel in more conducive to the traumatized child. Using research to design trauma-safe spaces is a practice that advocates for the traumatized learner and helps promote equitable learning. The presenters hope attendees will use the information to advocate for trauma safe spaces at their schools.

#### Speakers



**Elizabeth McDevitt**

Forsyth County



**Matthew Ho**

Norcross Elementary



**Niki High**

Gwinnett County Public Schools

### Pre-Firefighters: Preventing Social-Emotional Flare Ups In Schools

🕒 9:00 AM - 10:00 AM, Nov 10

📍 Scarbrough Ballroom 3 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: General Counseling

Primary Target Audience: Middle

Interactions between adults and students often escalate due to stressors, strained relationships, and limited de-escalation skills. Such interactions lead to social and emotional fires that school counselors are often called to put out. Preventing fires helps students become school, career, and life ready. In this session, participants will learn tips on advocating for their role, an introduction to stress and trauma, de-escalation skills, and prevention initiatives for improving school behaviors and climate.

#### 👤 Speakers



**Chanelle Joseph Nwosu**

Atlanta Public Schools



**John Nwosu**

Garrett Middle School

### Addressing SEL through Single Gender Mentoring Programs

🕒 9:00 AM - 10:00 AM, Nov 10

📍 Scarbrough Ballroom 1 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Elementary

Mentoring has always been a powerful tool for connecting with students and addressing social/emotional development. In light of the time that students have been away from the school environment, we have used group mentoring as a Tier 2 and Tier 3 tool to connect with students.

This presentation chronicles the experience of two school counselors as they separately spearheaded gender specific group mentoring initiatives. They will share the specific structure, activities, and lessons learned.

#### 👤 Speakers



**Dia Harden**

Ronald E McNair Discover Learning Academy Elementary School



**Charles Barnes**

DeKalb County School District

### Self-Care as an Ethical Responsibility for School Counselors

🕒 9:00 AM - 10:00 AM, Nov 10

📍 Vernon Room (capacity 65)

Primary Experience Level: All Counselors

Primary Interest Area: Counselor Focused

Primary Target Audience: Secondary

Burnout, compassion fatigue, and vicarious trauma are prevalent in the helping professions. Therefore, as school counselors continue to shoulder their student's personal difficulties and their own, self-care becomes an ethical and moral imperative. The ASCA Ethical Standards state that school counselors must monitor their emotional health and practice wellness to ensure optimal professional effectiveness. This highlights the need for school counselors to learn about and implement best practices related to self-care.

### 🗣️ Speakers



**Albrina Burger**  
School Counselor  
Cartersville High School



**Claudia Calder**  
Assistant Professor  
Albany State University

10:15 AM

## ES Worksetting - The 24th Annual Book-A-Holics Anonymous: Using Children's Literature in Social, Emotional, and Academic Learning

🕒 10:15 AM - 11:15 AM, Nov 10

📍 Harborside Ballroom West (capacity 460)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Elementary

For TWENTY-FOUR YEARS...calling all BOOK-A-HOLICS! We're celebrating 24 years of school counselors using fantastic children's literature to enhance our counseling programs! The self-proclaimed President of Book-A-Holics Anonymous is back to bring you dozens of children's books as well as ideas for using them in your counseling program in this practical and fast-paced workshop! With a complete bibliography of books arranged by subject, you will leave with LOTS of ways to become a Book-A-Holic yourself!

### 🗣️ Speaker



**Nancy Jones**  
Dean of Counseling and Student Services  
Wesleyan School

## MS Worksetting - Engaging and Empowering Students: Helping Students Understand Appearance Discrimination and Become Champions for Themselves and Others

🕒 10:15 AM - 11:15 AM, Nov 10

📍 Scarbrough Ballroom 3 (capacity 115)

Primary Experience Level: All Counselors

Primary Interest Area: Student Focused

Primary Target Audience: Middle

Appearance ideals or comparisons can negatively impact a student's self-esteem and body confidence. For some, the issue is related to appearance discrimination. Students may not be aware that appearance discrimination may be present that can negatively impact the student experiencing it.

This Dove Self-Esteem Project lesson addresses:

- Ableism
- Color/Shadeism
- Hair Discrimination
- Racism
- Sexism
- Sizeism

This interactive lesson helps students learn how to respond when they see or experience appearance discrimination and why inclusion is important.

🗣️ Speakers



**Antionette Meeks**  
DSEP Cadre Coordinator  
Dove Self Esteem Project Cadre Trainer



**Fannie Paige-Grant**  
Cadre Trainer - Dove Self-Esteem Project  
Dove Self-Esteem Project

**HS Worksetting; Army and ScholarTrek**

🕒 10:15 AM - 11:15 AM, Nov 10

📍 Harborside Ballroom East (capacity 280)

Primary Target Audience: Se...

Keenan Gamble (Recruiting Operations Officer for Georgia Southern University Army ROTC) will be providing information on the Army ROTC National Scholarship Process. Mr. Gamble will be discussing the benefits, how to apply, and steps to assist you with preparing your students in applying throughout the process.

Since 2020, students are behind not only academically, but socially and emotionally. We'll discuss strategies on how to best engage this era of students and provide them support in both a virtual and in-person environment.

11:30 AM

**Closing General Session**

🕒 11:30 AM - 1:00 PM, Nov 10

📍 Regency Ballroom

General Sess...

**Speaker - Lisa Koenecke**  
**Three Ways School Counselors Engage our Communities!**

Hi, my name is Lisa (said in American Sign Language). How do you engage everyone? This keynote will describe how to SHOW your allyship, how to SHIFT mindsets & behaviors in order to SHAPE policies. Using resources from ASCA, GSCA, and YOU, let's explore your stories and share your successes as we collaboratively advocate for our communities. Walk away with ideas for Engagement, Advocacy, and Leadership through this fun and Engaging Keynote!

🗣️ Speaker



**Lisa Koenecke (She/Her)**  
Certified Diversity Practitioner Cornell University  
Lakeland University