Title of Lesson: Habit 6: Synergize; Together is Better

Domain: Academic/ Social Emotional

Grade Level- K-5 Time Required: 40 minutes

ASCA Mindset(s): Sense of belonging in the school environment

ASCA Behaviors:

Learning Strategies: Gather evidence and consider multiple perspectives to make informed decisions
Social Skills: Use effective oral and written communication skills and listening skills
Social Skills: Use effective collaboration and cooperative skills
Social Skills: Use leadership and teamwork skills to work effectively in diverse teams

Essential Questions:
What is synergize?
What skills are necessary for successful team work?

Materials/Resources:
Solo cups
Yarn
Rubber bands
The Little Red Pen By: Janet Stevens Or Pumpkin Soup By: Helen Cooper
The Power of teamwork video
Minion Teamwork short film
**Activity:** Begin the lesson with minion video and allow the students to guess the topic: Synergize: teamwork. Discuss the pros/cons of working as a team. What are skills that are necessary for successful team work? Read the book, *The Little Red Pen.* Discuss how the downfall that occurred when the characters did not work as a team? How did the book turn around when they decided to work successfully? Was communication important? What other skills did you see in the book? Did the characters use their strengths to help others? Next, the students will be broken into groups of 4 to participate in a team work activity. Each group will be given 6 solo cups and a rubber band with 4 pieces of yarn tied to the rubber band. The goal of the group is to successfully stack the solo cups in a pyramid without touching the cups with their hands. They may only manipulate the cups with the rubber band and yarn. The students will work as team to make the pyramid. After each team is successful, gather back as a group and reflect on the activity. Were you successful? Why? Why not? What skills were necessary to be successful? Were there any problems? If so, how did you solve them as team? Finish with watching The Power of Teamwork video.

**Evaluation:** Evaluate the students during the group activity. Are the students applying the necessary skills to be successful? Were the teams successful?