



Are you prepared?

QPR Gatekeepers is a national, evidence-based suicide awareness and prevention training where participants will learn “how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help”. The training is designed for anyone who may encounter an individual considering suicide. Gatekeepers are not trained to counsel but to intervene in an emergency situation and refer an individual to a mental health professional.

SPONSORS

Brave Tomorrow Counseling
 CarePartners, Inc.
 Pineland BHDD CSB
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CERTIFIED INSTRUCTORS

Raina Chance
 Jadeshala Humphries, M.Ed., NCC,
 CPT
 Nikita D. Robinson, M.Ed., LPC
 Charlotte Spell, MS
 Mark Taracuk, MEd. NCC

COORDINATOR

Pam Worrell-Carlisle, RN, PhD

Free, online training provided in celebration of Mental Health Awareness Month by certified QPR instructors.

Choose a time that is convenient and register via email TODAY

Friday 5/22	Saturday 5/23	Tuesday 5/26	Wed. 5/27	Thursday 5/28	Friday 5/29	Email or Link to Register
			1-3 PM	1-3 PM		mnelson@georgiasouthern.edu
	2-4 PM	7-9 PM	7-9 PM		7-9 PM	jadehumphries10@gmail.com
				5:30-7:30 PM		cspell2011@gmail.com
9-11 AM					11:30-1:30 PM	rcchance@pinelandcsb.org
				6:30-8:30 PM		mtaracuk@georgiasouthern.edu
5-7 PM		5-7 PM				https://forms.gle/Ys5KnGt2J4k32Y4j