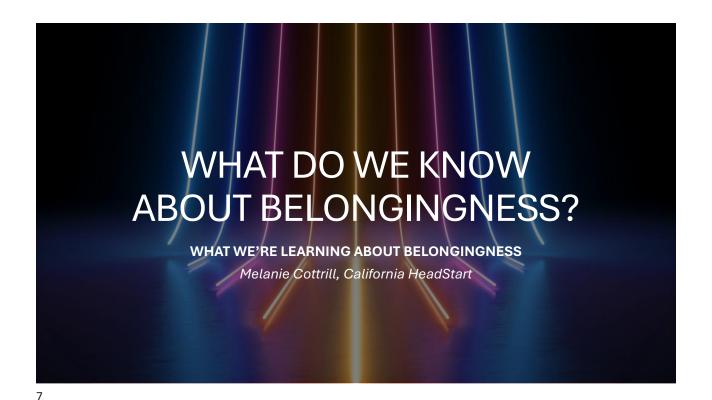




A Conversation focused on how NOT to exclude someone is not the same conversation as one focused on how to include them.







WHAT WE KNOW ABOUT BELONGINGNESS 20,000 Survey Respondents by CIGNA - BetterUp Study Generations **Ethnicity** 47% 46% 56% The GenZ White Men and Feel Left Out Of Sometimes or Report an Generation Report Women Score Always Feel Things at the Increase in Job **Most Lonely** Highest Lonely at their Office and in Performance **Baby Boomers** Black and Asian Workplace Community When Feeling a Reports Least Women Score Belongingness to Lonely Lowest Team or Group





