

Rene Brent

RN-CCHT

Rene has been a RN for 30 years and has worked in ICU, Trauma/ER and the Recovery Room. In her experience, she was inspired by the powerful mind/body connection and how self-awareness and reframing negative thoughts helps us heal emotionally and physically.

It was a natural transition for Rene Brent to go from being a healer of the body to a healer of the mind. She is passionate about helping her clients use the power of the mind and move forward in their lives and reach personal and professional goals.

Rene attended The Institute of Interpersonal Hypnotherapy (IIH in Tampa, Fl.) IIH is the only state licensed school of Hypnotherapy in Florida. Rene has trained over 1000 hours.

Rene Brent's solo practice is located in Maitland, Florida. She is certified as a Clinical and Transpersonal Hypnotherapist. She is highly trained and uses a variety of modalities including Hypnotherapy, NLP, EMT and EFT. She finds these protocols help her clients change negative habits and behaviors. When her clients release false beliefs and let go of past hurts and events, then true healing can occur.

Rene Brent is an International speaker and a #1 International Best Selling Author of *How Big Is Your BUT?*.

Rene Brent is a registered member of The American Council of Hypnotherapist (ACHE) and the International Association of Interpersonal Hypnotherapist (IAIH)