



ASPC 2026 CONGRESS ON CVD PREVENTION

SCIENTIFIC SESSIONS AGENDA

Dates and times are subject to change

FRIDAY, JULY 31, 2026

SESSION	NAME OF SESSION	SPEAKER/MODERATOR
7:45 – 8:45 AM	<i>Expert Theater Breakfast Presentation</i>	
SESSION 1	Opening Session & Keynote Lecture	David Maron , MD, FASPC Michael Shapiro , DO, MCR, MASPC
9:00 – 9:15 AM	Welcome Remarks & President's Address	David Maron , MD, FASPC
9:15 – 9:30 AM	Honorary Fellow Award Lecture	Katherine Wilemon
9:30 – 9:45 AM	American Journal of Preventive Cardiology Editors' Update	Khurram Nasir , MD, MPH, MSc, FASPC
SESSION 2	What's New in the Guidelines	Ty Gluckman , MD, MHA, FASPC Priyanka Satish , MD
9:45 – 9:55 AM	Hypertension Guideline Update	Keith Ferdinand , MD, FASPC
9:55 – 10:05 AM	Cholesterol Management Guideline Update	Roger Blumenthal , MD, FASPC
10:05 – 10:25 AM	Cardiovascular-Kidney-Metabolic Syndrome Guideline	Chiadi Ndumele , MD, PhD, MHS
10:25 – 10:35 AM	The View from Europe	Børge Nordestgaard , MD, DMSc
10:35 – 10:50 AM	Q & A	
10:50 – 11:20 AM	<i>Networking Break</i>	
SESSION 3	Innovations in Imaging	Brittany Weber , MD, PhD, FASPC
11:20 – 11:30 AM	Photon Counting CT	Ron Blankstein , MD, FASPC
11:30 – 11:40 AM	Opportunistic Screening with AI	Fatima Rodriguez , MD, MPH, FASPC
11:40 – 11:50 AM	AI-enabled Cardiovascular Risk Prediction from Noncontrast CT	David L Wilson , PhD
11:50 AM – 12:00 PM	AI-enabled Retinal Imaging to Estimate Cardiovascular Risk	Aaron Y Lee , MD, MSCl
12:00 – 12:20 PM	Q & A	
12:30 – 1:15 PM	<i>Expert Theater Lunch Presentations</i>	



FRIDAY, JULY 31, 2026 (continued)

SESSION	NAME OF SESSION	SPEAKER/MODERATOR
SESSION 4	Debates	Roger Blumenthal , MD, FASPC
1:20 – 1:40 PM	Resolved: Risk Scores, Not Imaging, are the Best Approach to Population Screening	PRO: Larry Sperling , MD, MASPC CON: Ron Blankstein , MD, FASPC
1:40 – 1:47 PM	Moderated Discussion	
1:47 – 2:07 PM	Resolved: Early Population-Based Preventive Pharmacotherapy is Desirable and will Dramatically Reduce the Burden of ASCVD	PRO: Michael Shapiro , DO, MCR, MASPC CON: David Maron , MD, FASPC
2:07 – 2:14 PM	Moderated Discussion	
2:14 – 2:34 PM	Resolved: Twitter is Right: the 2026 Dyslipidemia Guideline is Wrong	PRO: @AnnMarieNavar CON: Ann Marie Navar , MD, PhD, FASPC
2:34 – 2:40 PM	Moderated Discussion	
2:40 – 3:10 PM	Networking Break	

SESSION 5	Joint Session with NLA: Novel Therapies	Ramzi Dudum , MD, MPH, FASPC Michael J. Wilkinson , MD
3:10 – 3:25 PM	Hypercholesterolemia	Amit Khera , MD, MSc, MASPC
3:25 – 3:40 PM	Hypertriglyceridemia	Pam Taub , MD, FASPC
3:40 – 3:55 PM	High Lp(a)	Steve Nissen , MD
3:55 – 4:10 PM	Inflammation	Brittany Weber , MD, PhD, FASPC
4:10 – 4:30 PM	Q & A	
4:30 – 4:40 PM	Annual ASPC Business Meeting	
4:40 – 6:00 PM	Networking Break / Oral Abstract Presentations	
6:00 – 7:15 PM	Welcome Reception	
7:30 – 9:30 PM	Dinner Symposium	



SATURDAY, AUGUST 1, 2026

SESSION	NAME OF SESSION	SPEAKER/MODERATOR
8:00 – 8:45 AM	Expert Theater Breakfast Presentations	
8:55 – 9:00 AM	Day 2 Welcome and Keynote Address	Ann Marie Navar , MD, PhD, FASPC
9:00 – 9:15 AM	Joseph Stokes III, MD, Pioneer in Prevention Award Lecture	Keith Ferdinand , MD, FASPC
SESSION 6	Meet the Editors	Erin Michos , MD, MHS, FASPC
9:15 – 9:23 AM	JACC: The Role of Trials, Registries, and Big Data in Shaping the Future of Cardiovascular Prevention	Erica Spatz , MD, MHS
9:23 – 9:31 AM	Global Heart: Publishing Global Cardiovascular Prevention Science that Reflects Diversity	Raul Santos , MD, PhD, MSc
9:31 – 9:39 AM	AJPC: From Paper to Practice, How Journals Can Drive Changes in Cardiovascular Prevention	Khurram Nasir , MD, MPH, MSc, FASPC
9:39 – 9:47 AM	Circulation: Incorporating Cardiovascular Prevention Implementation and Policy Research into High-Impact Publishing	Brad Maron , MD
9:47 – 10:05 AM	Q & A	
10:05 – 10:20 AM	Networking Break	
SESSION 7	Encore Presentations of Clinical Trials	Alison Bailey , MD, FASPC
10:20 – 10:30 AM	PISCES Trial	Charmaine Lok , MD, MSc
10:30 – 10:40 AM	Q & A	
10:40 – 10:50 AM	SELECT Trial	Michael Lincoff , MD
10:50 – 11:00 AM	Q & A	
11:00 – 11:10 AM	CORAL-Reef Trials of Enlicitide	Ann Marie Navar , MD, PhD, FASPC
11:10 – 11:20 AM	Q & A	
11:20 – 11:30 AM	BROADWAY/TANDEM	Ashish Sarraju , MD, FASPC
11:30 – 11:40 AM	Q & A	
11:40 – 11:50 AM	VESALIUS	Matthew Budoff , MD, FASPC
11:50 AM – 12:00 PM	Q & A	
12:10 – 12:55 PM	Expert Theater Lunch Presentations	



SATURDAY, AUGUST 1, 2026 *(continued)*

SESSION	NAME OF SESSION	SPEAKER/MODERATOR
SESSION 8	Early Career Research Presentations	Martha Gulati , MD, MS, MASPC
1:00 – 1:50 PM	Early Career Research Presentations	Josiah Bennett , MD Vijaya Parameswaran , MS, PhD, RD Muhammad Maaz Bin Rehan , MD
SESSION 9	Nutrition	David Maron , MD, FASPC
1:50 – 2:35 PM	Rapid Fire Hot Nutrition Topics	Christopher Gardner , PhD
SESSION 10	Patient Presentations with Expert Faculty Panel	Dharmesh Patel , MD, FASPC
2:35 – 2:40 PM	Patient with Resistant Hypertension: Stacey Gilmore, RRT, BSRT	EXPERT PANEL: Harpreet Bhatia , MD, MAS, FASPC Kardie Tobbs , DO, MS, FASPC
2:40 – 2:55 PM	Discussion	
2:55 – 3:00 PM	Patient with ASCVD: Scott Castleberry	
3:00 – 3:15 PM	Discussion	
3:15 – 3:20 PM	Patient with Familial Chylomicronemia Syndrome: Lindsey Bryan	
3:20 – 3:35 PM	Discussion	
3:35 – 4:05 PM	Networking Break	
SESSION 11	Jeopardy	Ramzi Dudum , MD, MPH, FASPC Viet Le , DMSc, MPAS, PA-C, FASPC
4:05 – 4:55 PM	Team One: Harpreet Bhatia, MD, MAS (UCSD) Captain Jessica Holtzman, MD (UCSF) Stefan Milutinovic, MD (Tulane) Team Two: Shoa Clarke, MD, PhD (Stanford) Captain Carol Fernandez Hazim, MD (Jefferson Health Einstein) Danh Nguyen, MD (UTSW) Team Three: Alison Bailey, MD, FASPC (WVU) Captain Leonie Dupuis, MD (UNC) Jimin Hwang, MD (Stanford)	JUDGES: Roger Blumenthal , MD, FASPC Ashish Sarraju , MD, FASPC
4:55 – 5:10 PM	Early Career Research Winner Announcement	
5:10 – 6:30 PM	Networking Break / Oral Abstract Presentations	
7:30 – 9:30 PM	Dinner Symposium	



SUNDAY, AUGUST 2, 2026

SESSION	NAME OF SESSION	SPEAKER/MODERATOR
8:00 – 8:05 AM	Day 3 Welcome and Keynote Address	Brittany Weber , MD, PhD, FASPC
8:05 – 8:20 AM	Nanette Wenger Award Lecture	Samia Mora , MD, MHS

SESSION 12	Pediatric Prevention	Shoa Clarke , MD, PhD Adam Ware , MD
8:20 – 8:28 AM	FH in Children: Lipid Screening and Treatment	Amy Peterson , MD, MS
8:28 – 8:36 AM	The Role of Imaging in Pediatric Prevention	Elaine Urbina , MD, MS
8:36 – 8:44 AM	The Childhood Obesity and Diabetes Epidemic	Joseph Skelton , MD, MS
8:44 – 9:00 AM	Q & A	

SESSION 13	Sports Cardiology	Nate Moulson , MD, MHA Brad Petek , MD
9:00 – 9:08 AM	How Much and How to Exercise to Prevent ASCVD?	Paul Thompson , MD
9:08 – 9:16 AM	Is Weightlifting Good for Your Heart?	Matt Martinez , MD
9:16 – 9:24 AM	CAC in Elite Athletes	Jason Tso , MD
9:24 – 9:40 AM	Q & A	
9:40 – 9:55 AM	Networking Break	

SESSION 14	Beyond Coronary Disease	Robert Ostfeld , MD, ScM, FASPC
9:55 – 10:10 AM	Primary and Secondary Prevention of Stroke	Fadi Nahab , MD
10:10 - 10:25 AM	Primary and Secondary Prevention of PAD	Marc Bonaca , MD, MPH
10:25 - 10:40 AM	ASCVD Prevention in Patients with CKD	Lance Sloan , MD, MSE, FASPC
10:40 - 10:55 AM	Primary Prevention of Heart Failure	Alex Sandhu , MD, MS
10:55 – 11:10 AM	Q & A	



SUNDAY, AUGUST 2, 2026 *(continued)*

SESSION	NAME OF SESSION	SPEAKER/MODERATOR
SESSION 15	Debates	Alison Bailey, MD, FASPC Charles German, MD, MS, FASPC
11:10 – 11:30 AM	Resolved: There is an Upper Limit to “Healthy” Exercise	PRO: Matthew Budoff, MD, FASPC CON: Barry Franklin, PhD, FASPC
11:30 – 11:37 AM	Moderated Discussion	
11:37 – 11:57 AM	Resolved: GLP-1s are a Game Changer and Should be Prescribed Widely	PRO: Michael Lincoff, MD CON: Dariush Mozaffarian, MD, DrPH
11:57 AM – 12:04 PM	Moderated Discussion	
12:04 AM – 12:24 PM	Resolved: Certain Asymptomatic Patients with High CAC Scores Should Undergo Additional Testing	PRO: Todd Villines, MD CON: Martha Gulati, MD, MS, MASPC
12:24 – 12:30 PM	Q & A	
12:30 – 12:40 PM	Closing Remarks	David Maron, MD, FASPC