



ASPC 2025 CONGRESS ON CVD PREVENTION SCIENTIFIC SESSIONS AGENDA

Dates and times are subject to change

FRIDAY, AUGUST 1, 2025

| SESSION | NAME OF SESSION | SPEAKER/MODERATOR |
|-------------------------|--|---------------------------------|
| Session 1 | Opening Session & Award Lectures | |
| 8:00 – 8:20 AM | Welcome Remarks & President's Address | Michael Shapiro, DO, MCR, FASPC |
| 8:20 – 8:35 AM | Honorary Fellow Award Lecture | Helen Hobbs, MD |
| 8:35 – 8:50 AM | Joseph Stokes III, MD, Pioneer in Prevention Award Lecture | Roger Blumenthal, MD, FASPC |
| 8:50 – 9:05 AM | Nanette Wenger Award Lecture | Harmony Reynolds, MD |
| 9:05 – 9:20 AM | American Journal of Preventive Cardiology Editors' Update | Erin Michos, MD, MHS, FASPC |
| Session 2 | How Prospective Cohort Studies Have Informed the Practice of Preventive Cardiology | |
| 9:20 – 9:35 AM | Lessons from Framingham | Matthew Naylor, MD, MPH |
| 9:35 – 9:50 AM | Lessons from Bogalusa | Keith Ferdinand, MD, FASPC |
| 9:50 – 10:05 AM | Lessons from Women's Health Initiative | JoAnn Manson, MD, MPH, DrPH |
| 10:05 – 10:25 AM | Q & A | |
| 10:25 – 11:00 AM | Networking Break | |
| Session 3 | EAS/ASPC Joint Session – Advances in Lipoprotein(a) Management: Transatlantic Insights | |
| 11:00 – 11:15 AM | Genetics and Pathophysiology of Lipoprotein(a): New Insights | Florian Kronenberg, MD |
| 11:15 – 11:30 AM | Integrating Lipoprotein(a) into Risk Assessment and Management: European vs. American Guidelines | Prof. Dr. Lale Tokgözoğlu |
| 11:30 – 11:45 AM | Lipoprotein(a): Myths, Misconceptions, and Management | Michael Shapiro, DO, MCR, FASPC |
| 11:45 AM – 12:00 PM | Emerging Therapies for Lowering Lipoprotein(a): Clinical Trial Updates | Harpreet Bhatia, MD, MAS, FASPC |
| 12:00 – 12:15 PM | Q & A | |
| 12:30 – 1:15 PM | Expert Theater Lunch Presentations | |

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| Session 4 | Debates in Preventive Cardiology – Round 1 | |
| 1:30 – 2:00 PM | The Systolic Blood Pressure Goal Should Be <120 mmHg, Not <130 | Paul Whelton, MD, MSc (Pro) vs. Raymond Townsend, MD (Con) |
| 2:00 – 2:30 PM | Colchicine Should Be Recommended for Secondary Prevention of Coronary Disease | Paul Ridker, MD, MPH (Pro) vs. Sanjit Jolly, MD, MSc (Con) |
| 2:30 – 3:00 PM | ApoB Measurement Should Replace LDL-Cholesterol | Ann Marie Navar, MD, PhD, FASPC (Pro) vs. Roger Blumenthal, MD, FASPC (Con) |
| 3:00 – 3:30 PM | Q & A | |
| 3:30 – 4:00 PM | Networking Break | |
| Session 5 | Artificial Intelligence and Technology in the Practice of Preventive Cardiology | |
| 4:00 – 4:15 PM | AI Language Models in Preventive Cardiology: Hope, Hype & Dr. ChatGPT | Ashish Sarraju, MD |
| 4:15 – 4:30 PM | Opportunistic and Inclusive Prevention: AI and Health Techquity | Fatima Rodriguez, MD, MPH, FASPC |
| 4:30 – 4:45 PM | Wearables and Mobile Health Technologies for Preventive Cardiology Solutions | Seth Martin, MD, MHS, FASPC |
| 4:45 – 5:00 PM | Development to Deployment of Cardiovascular AI | Pierre Elias, MD |
| 5:00 – 5:20 PM | Q & A | |
| 5:20 – 5:30 PM | Annual ASPC Business Meeting | |
| 5:30 – 6:30 PM | Networking Break / Oral Abstract Presentations | |
| 6:30 – 7:30 PM | Welcome Reception | |
| 7:30 – 9:30 PM | Dinner Symposium | |

Saturday, August 2, 2025

| Session | Name of Session | Speaker / Moderator |
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| 8:00 – 8:45 AM | Expert Theater Breakfast Presentations | |
| 8:55 – 9:00 AM | Day 2 Welcome | |
| Session 6 | Discussions and Debates in Preventive Cardiology | |
| Assessing Risk in YOUNG Adults | | |
| 9:00 – 9:10 AM | Risk Factors | Sadiya Khan, MD, MSc |
| 9:10 – 9:20 AM | Polygenic Risk Score | Pradeep Natarajan, MD, MMSC |
| 9:20 – 9:30 AM | Imaging | Ron Blankstein, MD, FASPC |

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| 9:30 – 10:00 AM | Hormone Therapy Should Be Used for Prevention of ASCVD | Leslie Cho, MD (Pro) vs. Martha Gulati, MD, MS, MASPC (con) |
| 10:00 – 10:30 AM | Serial Anatomic Imaging is the Best Way to Monitor Response to Therapy for Patients with Atherosclerosis | David Maron, MD, FASPC vs. Matthew Budoff, MD, FASPC |
| 10:30 – 10:45 AM | Q & A | |
| 10:45 – 11:00 AM | Networking Break | |
| Session 7 | Early Career Research Presentations | Larry Sperling, MD, MASPC |
| 11:15 AM – 12:05 PM | Early Career Research Presentations | Spencer Carter, MD Matthew Shotwell, MD Brooke Zlotshever, MD |
| 12:15 – 1:00 PM | Expert Theater Lunch Presentations | |
| Session 8 | Career Phenotypes in Preventive Cardiology | |
| 1:15 – 1:30 PM | Clinical Research | Khurram Nasir, MD, MPH, FASPC |
| 1:30 – 1:45 PM | Private Practice | Danielle Belardo, MD, FASPC |
| 1:45 – 2:00 PM | Cardiovascular Imaging | Ron Blankstein, MD, FASPC |
| 2:00 – 2:15 PM | Industry | Sergio Fazio, MD, PhD, FASPC |
| 2:15 – 2:30 PM | Q & A | |
| Session 9 | Expanding the Scope: Prevention of Atrial Fibrillation and Heart Failure | |
| 2:30 – 2:35 PM | Patient with Atrial Fibrillation | Joe Dolan |
| 2:35 – 2:50 PM | Prevention of Atrial Fibrillation | Christine Albert, MD, MPH |
| 2:50 – 2:55 PM | Patient with Heart Failure | Shiela Foley McCarr |
| 2:55 – 3:10 PM | Prevention of Heart Failure | Clyde Yancy, MD, MSc |
| 3:10 – 3:30 PM | Q&A | |
| 3:30 – 4:00 PM | Networking Break | |
| Session 10 | Case Presentations with Expert Faculty Panel | David Maron, MD, FASPC (Moderator) |
| 4:00 – 4:10 PM | Case 1: CAC score >1000, no Sx <i>Presented by: Arthur Shiyovich</i> | Expert Panel: Shoa Clarke, MD, PhD Fatima Rodriguez, MD, MPH, FASPC Ashish Sarraju, MD Garima Sharma, MD |
| 4:10 – 4:25 PM | Discussion | |
| 4:25 – 4:35 PM | Case 2: 3VD, No Sx <i>Presented by: Alexandra Smith</i> | |
| 4:35 – 4:50 PM | Discussion | |
| 4:50 – 5:00 PM | Case 3: Lipid management in pregnancy/breastfeeding | |

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| | <i>Presented by: Amanda Jowell</i> | |
| 5:00 – 5:15 | Discussion | |
| 5:15 – 5:20 PM | Early Career Research Winner Announcement | |
| 5:20 – 7:00 PM | Networking Break / Oral Abstract Presentations | |
| 6:30 – 7:30 PM | Abstract Author Reception | |
| 7:30 – 9:30 PM | Dinner Symposium | |

Sunday, August 3, 2025

| Session | Name of Session | Speaker / Moderator |
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| Breakfast Symposium | Assessing Women's Cardiovascular Risk Across the Lifespan | Alison Bailey, MD, FASPC |
| 8:30 – 8:40 AM | Preconception Prevention Planning | Kardie Tobbs, DO, MS, FASPC |
| 8:40 – 8:50 AM | The Role of Prevention During & After Reproduction | Ijeoma Isiadinso, MD, MPH |
| 8:50 – 9:00 AM | Menopause & CV Risk | Lily N. Dastmalchi, DO, MA |
| 9:00 – 9:10 AM | The Role of Prevention in the Aging Geriatric Woman | Anne Marie Kerchberger, MD |
| 9:10 – 9:20 AM | Assessing Cardiovascular Risk in Women Throughout the Lifespan | Martha Gulati, MD, MS, MASPC |
| 9:20 – 9:30 AM | Panel Discussion | Alison Bailey, MD, FASPC |
| 9:35 – 9:40 AM | Day 3 Welcome | |
| Session 11 | Sunday Keynote Address | |
| 9:40 – 10:00 AM | Universal Screening for LDL, CRP, and Lp(a) | Paul Ridker, MD, MPH |
| Session 12 | BOOM! The Impact of GLP-1 Receptor Agonists | |
| 10:00 – 10:15 AM | Understanding GLP-1 Receptor Agonists: Mechanisms and Mechanisms of Action | Jorge Plutzky, MD |
| 10:15 – 10:30 AM | The Heart of the Matter: GLP-1 Receptor Agonists and Cardiovascular Outcomes | Vanita Aroda, MD |
| 10:30 – 10:45 AM | The Next Frontier: Innovations and Future Research in GLP-1 Agonist Therapy | Christos Mantzoros, MD, DSc, PhD |
| 10:45 – 11:00 AM | Who, When, and How: Guidelines for the Use of GLP-1 Receptor Agonists | Darren McGuire, MD, MHSc |
| 11:00 – 11:15 AM | Q & A | |
| 11:15 – 11:30 AM | Networking Break | |
| Session 13 | Hypertension | |

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| 11:30 – 11:45 AM | Lifestyle Interventions | Alison Bailey, MD, FASPC |
| 11:45 AM – 12:00 PM | Primary Aldosteronism - Underrecognized, Undertreated, and Underappreciated | Vivek Bhalla, MD |
| 12:00 – 12:15 PM | Novel Drug Therapy | Luke Laffin, MD |
| 12:15 – 12:30 PM | Renal Denervation | Deepak Bhatt, MD, MPH |
| 12:30 – 12:45 PM | Q & A | |
| 12:45 – 1:00 PM | Closing Remarks & 2026 Announcement | |