



SCIENTIFIC SESSIONS AGENDA

Dates and times subject to change

Friday, August 2, 2024

SESSION	NAME OF SESSION	SPEAKER/MODERATOR
Session 1	Opening Session & Award Lectures	
8:00 – 8:20 AM	Welcome Remarks & President's Address	Michael Shapiro, DO, FASPC Martha Gulati, MD, FASPC
8:20 – 8:35 AM	<i>Honorary Fellow Award Lecture: Lipid Lowering 2024 and Beyond</i>	Chris Cannon, MD
8:35 – 8:50 AM	<i>Joseph Stokes III, MD Pioneer in Prevention Award Lecture –</i>	Sergio Fazio, MD, PhD, FASPC
8:50 – 9:05 AM	<i>Nanette Wenger Award Lecture: Where are We Now? – From WISE to Chest Pain Guidelines and Improving CVD Care for Women</i>	Noel Bairey Merz, MD
9:05 – 9:25 AM	American Journal of Preventive Cardiology Editors' Update and Top 5 Papers in Prevention	Nathan Wong, PhD, MASPC
Session 2	Bridging Populations and Prevention: How Prospective Cohorts Have Informed Prevention of CVD	
9:25 – 9:40 AM	Lessons from MESA	Khurram Nasir, MD, MPH, FASPC
9:40 – 9:55 AM	Lessons from CARDIA	Sadiya Khan, MD, MSc
9:55 – 10:10 AM	Lessons from PESA	Inés García Lunar, MD, PhD
10:10 – 10:25 AM	Q & A	
<i>10:25 – 10:40 AM</i>	<i>Networking Break</i>	
Session 3	Advancing Obesity Treatment from Bench to Bedside: Implementing GLP-1 Strategies in Clinical Practice	
10:40 – 10:55 AM	The Evolution of GLP-1 Therapy: Historical Perspectives and Breakthroughs in Obesity Management	Ambarish Pandey, MD
10:55 – 11:10 AM	GLP-1 Agonists: A New Era in Obesity Management	Robert Kushner, MD, MS
11:10 – 11:25 AM	GLP-1 Agonists: A New Era in Cardiovascular Risk Management	Petra Zubin Maslov, MD, PhD
11:25 – 11:40 AM	Navigating the Practicalities of GLP-1 Therapy: From Insurance Coverage to Clinical Application	Danielle Belardo, MD, FASPC
11:40 – 11:55 AM	Q & A	
<i>12:00 – 12:45 PM</i>	<i>Expert Theater Lunch Presentations</i>	

Session 4	From Vision to Reality: Building and Running a Flourishing Preventive Cardiology Program	Karol Watson, MD, PhD Roger Blumenthal, MD, FASPC
1:00 – 1:15 PM	Preventive Cardiology Demystified: A Closer Look at Program Essentials	Anurag Mehta, MD
1:15 – 1:30 PM	Kickstarting Your Program: Mastering Stakeholder Engagement and Referral Network Expansion	Martha Gulati, MD, FASPC
1:30 – 1:45 PM	From Care to Discovery: How Preventive Cardiology Programs Can Drive Research	Khurram Nasir, MD, MPH, FASPC
1:45 – 2:00 PM	Innovations on the Horizon: A Vision for the Evolution of Preventive Cardiology Clinics	Ann Marie Navar, MD, PhD, FASPC
2:00 – 2:15 PM	Q & A	
Session 5	SCCT at the ASPC Congress	Sneha Shah Jain, MD Khurram Nasir, MD, MPH, FASPC
2:15 – 2:30 PM	Revolutionizing Risk Stratification: The Role of Cardiac CT in Early Detection of Coronary Artery Disease	Maros Ferencik, MD, PhD, MCR
2:30 – 2:45 PM	Beyond Lumens: Cardiac CT for Assessing Plaque Characteristics and Vulnerability	Damini Dey, PhD
2:45 – 3:00 PM	Integrating Cardiac CT in Preventive Cardiology: Guidelines and Real-world Applications	Ron Blankstein, MD, FASPC
3:00 – 3:15 PM	The Future of Cardiac CT: Emerging Technologies and Their Potential Impact on Preventive Cardiology	Leandro Slipczuk, MD, PhD
3:15 – 3:30 PM	Q & A	
3:30 – 3:45 PM	<i>Networking Break</i>	
Session 6	Joint KSoLA/KSCP/ASPC Session: Innovative Strategies in Cardiovascular Disease Prevention	Alison Bailey, MD, FASPC Eugene Yang, MD, MS
3:45 – 4:00 PM	KSCP - Big Data Epidemiology for Cardiovascular Disease Prevention Research	Hyeon Chang Kim, MD, PhD
4:00 – 4:15 PM	KSoLA – Advances in Lipid Management for Atherosclerosis Prevention	Jung-Joon Cha, MD, PhD
4:15 – 4:30 PM	The Future of Preventive Cardiology: Genomics, Precision Medicine, and Beyond	Michael Honigberg, MD, MPP
4:30 – 4:45 PM	Panel Discussion	
4:45 – 5:00 PM	Q & A	
5:00 – 5:05 PM	Annual ASPC Business Meeting	
5:05 – 5:55 PM	<i>Networking Break / Oral Abstract Presentations</i>	
6:00 – 7:00 PM	<i>Welcome Reception</i>	

7:15 – 9:15 PM	<i>Dinner Symposia: Practical Application of the 2023 Guidelines for the Diagnosis and Management of Patients with Atrial Fibrillation</i>
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Saturday, August 3, 2024

Session	Name of Session	Speaker / Moderator
7:15 – 8:45 AM	<i>Breakfast Symposia: The Inflammation Investigation – Exploring the Atherosclerotic Cardiovascular Disease, Inflammation, and Chronic Kidney Disease Nexus</i>	
8:00 – 8:45 AM	<i>Expert Theater Breakfast Presentations</i>	
8:55 – 9:00 AM	Day 2 Welcome	
Session 7	ASPC Debates	Anurag Mehta, MD David Maron, MD, FASPC
9:00 – 9:30 AM	Reducing Residual CVD Risk: Adding Colchicine vs. Aggressive Lipid Lowering	Mike Wilkinson, MD vs. Daniel Soffer, MD
9:30 – 10:00 AM	CAC/CCTA is the Imaging Modality of Choice in Refining ASCVD Risk in Primary Prevention	Seamus Whelton, MD, MPH vs. Matthew Budoff, MD, FASPC
10:00 – 10:30 AM	Lp(a) in Primary Prevention is Actionable Today	Vera Bittner, MD, MSPH vs. Roger Blumenthal, MD, FASPC
10:30 – 10:55 AM	Q & A	
Session 8	Early Career Research Presentations	Amit Khera, MD, MSc, MASPC Neha J. Pagidipati, MD, MPH
10:55 – 11:55 AM	Early Career Research Presentations	Shoa L. Clarke, MD, PhD Sarkis Bouladian Camila Veronica Souza Freire, MD Juliana H. Namutebi, MD, MS
12:00 – 12:45 PM	<i>Expert Theater Lunch Presentations</i>	
Session 9	EAS/ASPC Joint Session - Navigating the Horizon: Addressing the Present and Shaping the Future of Residual Cardiovascular Risk	Martha Gulati, MD, FASPC Keith Ferdinand, MD, FASPC
1:00 – 1:15 PM	The SMURFS and CVD: An Outstanding 60 Years But Time to Look Ahead?	Karol Watson, MD, PhD, FASPC
1:15 – 1:30 PM	Genetics to Identify Residual CVD Risk: Time to Let the “Genie” Out of the Bottle?	Børge G. Nordestgaard, MD, DMSc
1:30 – 1:45 PM	Biomarkers and Residual CVD Risk: Time to Enhance the Use of These Markers?	Vijay Nambi, MD, PhD, FASPC
1:45 – 2:00 PM	Emerging Therapies for Residual CVD Risk: Exploring Novel Approaches and Potential Breakthroughs	Prof. Maciej Banach, MD, PhD

2:00 – 2:25 PM	Q & A	
Session 10	Case Presentations with Faculty Panel	Heather Johnson, MD, MS, FASPC
2:25 – 2:35 PM	Case 1 – Lipid lowering therapy after heart transplant <i>Presented by: Andy Gagel, MD</i>	PANEL: Jamal Rana MD, PhD Keith Ferdinand, MD, FASPC Alison Bailey, MD, FASPC
2:35 – 2:55 PM	Discussion	
2:55 – 3:05 PM	Case 2 – Pre-eclampsia and cardiovascular risk <i>Presented by: Ashley Goodwin, MD</i>	
3:05 – 3:25 PM	Discussion	
3:25 – 3:35 PM	Case 3 – Secondary prevention in chronic inflammatory disease <i>Presented by: Aliya Hutman-Zahler, MD</i>	
3:35 – 3:55 PM	Discussion	
Session 11	The Future of CVD Clinical Trials	Seth Baum, MD, MASPC Sergio Fazio, MD, PhD, FASPC
3:55 – 4:10 PM	Presentation	Sergio Fazio, MD, PhD, FASPC
4:10 – 4:40 PM	Panel Discussion	Jordan Pomeroy, MD Neha J. Pagidipati, MD, MPH David Maron, MD, FASPC
4:40 – 5:10 PM	Q & A	
5:10 – 5:20 PM	Early Career Research Winner Presentation	
5:20 – 6:00 PM	<i>Networking Break / Oral Abstract Presentations</i>	
6:00 – 7:00 PM	<i>F-I-T/Early Career & Abstract Author Reception</i>	
7:15 – 9:30 PM	<i>Dinner Symposium & Networking Reception: Optimal Practices to Improve Outcomes for Women in Cardiovascular Disease</i>	

Sunday, August 4, 2024

Session	Name of Session	Speaker / Moderator
8:55 – 9:00 AM	Day 3 Welcome	
Session 12	Inflammatory Pathways to CVD: Exploring New Frontiers in Preventive Cardiology	Brittany Weber, MD Michael Garshick, MD
9:00 – 9:15 AM	From Inflammation to Plaque Formation: Tracing the Pathway to Atherosclerosis	David Patrick, MD, PhD
9:15 – 9:30 AM	Refining Risk Stratification: Leveraging Novel Imaging Biomarkers in Patients with Systemic Inflammation	Brittany Weber, MD, PhD
9:30 – 9:45 AM	Targeting Inflammation in Autoimmunity to Reduce	Jon Giles, MD, MPH

	Cardiovascular Disease: Ready for Primetime?	
9:45 – 10:00 AM	Practical Insights from Cardio-inflammation Clinics: Lessons Learned and Future Directions	Michael Garshick, MD
10:00 – 10:15 AM	Q & A	
Session 13	Advanced Insights in Nutrition, Exercise, and Metabolism: A Multidisciplinary Approach to Cardiovascular Disease Prevention	Danielle Belardo, MD, FASPC Dharmesh Patel, MD, FASPC
10:15 – 10:35 AM	Carbs, Calories, and Processed Foods: Insights into Obesity and Diet Compositions	Kevin Hall, MD
10:35 – 10:55 AM	Combating Cardiovascular Risks: Nutritional Interventions for Lipids, Hypertension, and Diabetes	Robert Ostfeld, MD, ScM
10:55 – 11:15 AM	The Fiber Factory: Dietary Strategies in Diabetes and Obesity Prevention	Nicola Guess, RD, PhD
11:15 – 11:30 AM	Q & A	
11:30 AM – 11:40 AM	Closing Remarks & 2025 Announcement	