60 Acts of Kindness

EMPLOYEE-FOCUSED

1. Compliment a coworker on their work today
2. Bring in coffee or treats for your team
3. Write a thank-you note to a colleague
4. Offer to cover a shift or help with a task
5. Share a helpful tip or resource with a coworker
6. Celebrate someone's birthday or work anniversary
7. Leave a positive sticky note on a coworker's desk
8. Give a sincere shout-out during a meeting
9. Offer mentorship (informally) to a new employee
10. Take time to listen if a coworker needs to vent

RESIDENT-FOCUSED / COMMUNITY

11. Hold a resident appreciation event or snack day
12. Send a thank-you card to a resident
13. Offer a small gift to a resident (e.g., plant, snack, or note)
14. Organize a resident "welcome basket" for new tenants
15. Host a community clean-up day
16. Offer to help a resident carry groceries
17. Recognize a resident of the month
18. Leave a small note of encouragement on a resident door
19. Deliver flowers or snacks to residents during holidays
20. Create a resident spotlight post on social media

MANAGEMENT COMPANY / PARTNER FOCUSED

21. Thank a vendor or supplier for their work
22. Send a personal note to a management company partner
23. Recognize a team for their contributions publicly
24. Highlight a partner's achievement on social media
25. Offer to help a partner with a small task
26. Give feedback or a testimonial for a partner
27. Share a useful resource or article with a partner
28. Invite partners to a collaborative event
29. Celebrate a milestone with your management team
30. Donate supplies to a partner organization

RANDOM / COMMUNITY ACTS

31. Donate to a local food bank
32. Volunteer at a shelter or community organization
33. Pick up litter in your neighborhood
34. Pay for someone's coffee or meal
35. Compliment a stranger
36. Send a thank-you note to a local service worker
37. Leave a positive review for a local business
38. Donate clothes or items to a charity
39. Participate in a blood drive
40. Offer rides to someone in need

AMA / INDUSTRY-FOCUSED

41. Highlight a fellow AMA member on social media
42. Share industry knowledge with peers
43. Nominate someone for a safety or service award
44. Offer to host a virtual "lunch & learn"
45. Volunteer at an AMA event
46. Introduce members to each other to make connections
47. Write a blog or social post about AMA's impact
48. Submit a legacy story for the 60th anniversary
49. Recognize someone's advocacy efforts
50. Support a member who's new to the industry

CREATIVE / FUN

51. Start a kindness jar in the office or property
52. Organize a themed appreciation week
53. Decorate a common area with inspirational quotes
54. Create "thank you" cards for community partners
55. Host a casual coffee break or happy hour for connections
56. Celebrate small wins publicly
57. Post a "shout out" on social media for an employee/resident/partner
58. Create a short video highlighting an act of kindness
59. Bake or cook for someone unexpectedly
60. Send a hand-written note to someone who made a difference.