

# EMPOWERED

## A Leader Program

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**Empowered** was created by leadership development experts with deep industry knowledge and experience and incorporates contributions, strategies, and insights from successful women leaders in construction and engineering. **We are empowering women in construction to lead.**

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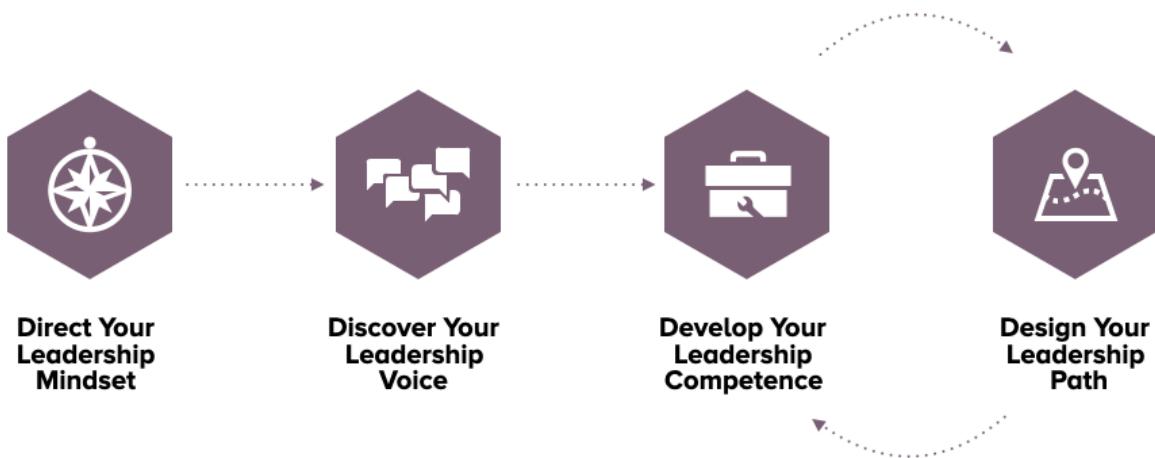
### Program Overview

**Empowered** is a 10-month leadership development program tailored to the unique challenges and opportunities women face in construction. It combines real-world insights, actionable strategies, and a supportive learning environment to help you unlock your full potential.

Through a series of interactive workshops and networking opportunities, you'll gain the tools, confidence, and mindset to thrive as a leader, making a tangible difference in your organization and the industry.

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### The Roadmap



## What You'll Learn:

- 1. Direct Your Leadership Mindset**  
Understand the power of Self-Awareness and how to overcome Imposter Syndrome.
- 2. Discover Your Leadership Voice**  
Learn about your superpowers and challenges with the GiANT 5 Voices program.
- 3. Develop Your Leadership Competence**  
Learn to navigate conflict resolution and develop negotiation skills. Develop a practical understanding of change and change management strategies.
- 4. Design Your Leadership Path**  
Create a personalized roadmap for your continued development as a leader.

## Format and Schedule:

- Duration:** Six engaging workshops over 10 months.
- Delivery:** In-person and virtual sessions with hands-on activities, group discussions, and expert-led instruction.
- Networking:** Abundant opportunities for participants to build their professional network
- Dates:** March – December 2026
- Location:** AGCVA (11950 Nuckols Road, Glen Allen, Va. 23059) \*\*Unless otherwise noted\*\*
- Online Learning Platform Access:** GIANT OS platform with assessments, exercises and leadership content

*All sessions are in-person unless otherwise noted. Social Hours are optional but highly encouraged.*

	LEARNING	NETWORKING	TIMES
MAR 17	<b>Direct Your Leadership Mindset</b> Workshop #1 and #2	Expectations Dinner	8am-4:30pm + 5:30-7:30pm Dinner
APR	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD
MAY 12	<b>Discover Your Leadership Voice</b> Workshop #3	Social Hour	1-4:30pm + 5-6pm Social Hour
JUNE	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD
JULY 14	<b>Develop Your Leadership Competence</b> Workshop #4 – Conflict & Negotiation	Social Hour	1-4:30pm + 5-6pm Social Hour
AUG	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD
SEPT 9	<b>Develop Your Leadership Competence</b> Workshop #5 – Change & Change Mgt	Social Hour	1-4:30pm + 5-6pm Social Hour
OCT	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD
NOV 17	<b>Design Your Leadership Path</b> Workshop #6	Social Hour	1-4:30pm + 5-6pm Social Hour
DEC 9	Core Group - 2 hours	Celebration Dinner	3-5pm + 5:30-7:30pm Dinner



## **Key Benefits:**

- **Practical Skills:** Gain tools you can apply immediately to lead yourself and lead teams, projects, and initiatives effectively.
  - **Industry-Specific Insights:** Learn from leaders who understand the unique dynamics of construction.
  - **Confidence Building:** Build self-assurance to step into leadership roles and take on new challenges.
  - **Networking Opportunities:** Connect with like-minded women in the industry to share experiences, insights, and support.
  - **Personalized Growth:** Walk away with a clear, actionable plan for your leadership journey.
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## **Who Should Attend?**

- Women in construction who aspire to leadership roles.
  - Emerging leaders looking to strengthen their skills and confidence.
  - Experienced professionals seeking to refine their approach and make a greater impact.
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## **Step into Your Leadership Potential Today!**

Join this transformative journey that will equip you to lead with purpose and confidence. Become **Empowered** to shape your future and that of our industry.

**Cost:** AGCVA Members: \$3,400

Non-Members: \$3650

Includes materials, social hours, and dinners. Peer Processing Lunches are scheduled separately by participants and are not included.

**Contact:** Courtney Baker | 540-323-0311 | [courtney@agcva.org](mailto:courtney@agcva.org)

Registration Link: [Register on the AGCVA Website](#)

