

EMPOWERED

A Leader Program

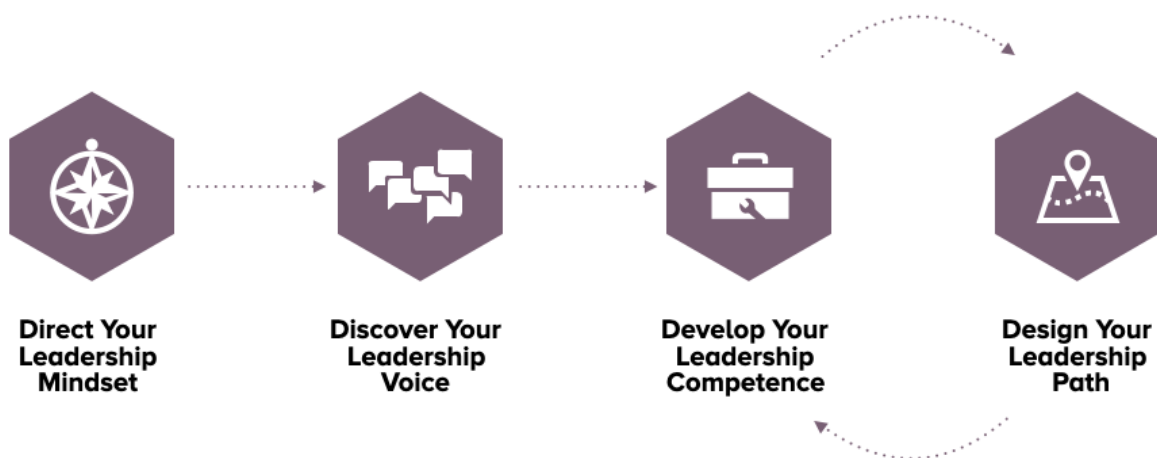
Empowered was created by leadership development experts with deep industry knowledge and experience and incorporates contributions, strategies, and insights from successful women leaders in construction and engineering. **We are empowering women in construction to lead.**

Program Overview

Empowered is a 10-month leadership development program tailored to the unique challenges and opportunities women face in construction. It combines real-world insights, actionable strategies, and a supportive learning environment to help you unlock your full potential.

Through a series of interactive workshops and networking opportunities, you'll gain the tools, confidence, and mindset to thrive as a leader, making a tangible difference in your organization and the industry.

The Roadmap



What You'll Learn:

1. **Direct Your Leadership Mindset**
Understand the power of Self-Awareness and how to overcome Imposter Syndrome.
2. **Discover Your Leadership Voice**
Learn about your superpowers and challenges with the GiANT 5 Voices program.
3. **Develop Your Leadership Competence**
Learn to navigate conflict resolution and develop negotiation skills. Develop a practical understanding of change and change management strategies.
4. **Design Your Leadership Path**
Create a personalized roadmap for your continued development as a leader.

Format and Schedule:

- **Duration:** Six engaging workshops over 10 months.
- **Delivery:** In-person and virtual sessions with hands-on activities, group discussions, and expert-led instruction.
- **Networking:** Abundant opportunities for participants to build their professional network
- **Dates:** March – December 2026
- **Location:** AGCVA (11950 Nuckols Road, Glen Allen, Va. 23059) ****Unless otherwise noted****
- **Online Learning Platform Access:** GIANT OS platform with assessments, exercises and leadership content

All sessions are in-person unless otherwise noted. Social Hours are optional but highly encouraged.

	LEARNING	Workshop Time	Peer & Social Time
MAY 12	Direct Your Leadership Mindset Workshop #1 and #2	8 a.m.-4:30 p.m.	5:30-7:30 p.m. Dinner
JUNE	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD
JULY 14	Discover Your Leadership Voice Workshop #3	1-4:30 p.m.	5-6 p.m. (Location TBD)
AUG	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD
SEPT 9	Develop Your Leadership Competence Workshop #4 – Conflict & Negotiation	1-4:30 p.m.	5-6 p.m. (Location TBD)
OCT	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD



NOV 17	Develop Your Leadership Competence Workshop #5 – Change & Change Mgt	1-4:30 p.m.	5-6 p.m. (Location TBD)
DEC	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD
JAN 12	Design Your Leadership Path Workshop #6	1-4:30 p.m.	5-6 p.m. (Location TBD)
FEB 2	Core Group - 2 hours In-person	3-5 p.m.	5:30-7:30 p.m. (Dinner Location TBD)

Key Benefits:

- **Practical Skills:** Gain tools you can apply immediately to lead yourself and lead teams, projects, and initiatives effectively.
- **Industry-Specific Insights:** Learn from leaders who understand the unique dynamics of construction.
- **Confidence Building:** Build self-assurance to step into leadership roles and take on new challenges.
- **Networking Opportunities:** Connect with like-minded women in the industry to share experiences, insights, and support.
- **Personalized Growth:** Walk away with a clear, actionable plan for your leadership journey.

Who Should Attend?

- Women in construction who aspire to leadership roles.
- Emerging leaders looking to strengthen their skills and confidence.
- Experienced professionals seeking to refine their approach and make a greater impact.

Step into Your Leadership Potential Today!

Join this transformative journey that will equip you to lead with purpose and confidence. Become **Empowered** to shape your future and that of our industry.

Cost: AGCVA Members: \$3,400

Non-Members: \$3650

Includes materials, social hours, and dinners. Peer Processing Lunches are scheduled separately by participants and are not included.

Contact: Courtney Baker | 540-323-0311 | courtney@agcva.org

Registration Link: [Register on the AGCVA Website](#)

