EMPOWERED

A Leader Program

Empowered was created by leadership development experts with deep industry knowledge and experience and incorporates contributions, strategies, and insights from successful women leaders in construction and engineering. **We are empowering women in construction to lead**.

Program Overview

Empowered is a 10-month leadership development program tailored to the unique challenges and opportunities women face in construction. It combines real-world insights, actionable strategies, and a supportive learning environment to help you unlock your full potential.

Through a series of interactive workshops and networking opportunities, you'll gain the tools, confidence, and mindset to thrive as a leader, making a tangible difference in your organization and the industry.

The Roadmap



What You'll Learn:

1. **Direct Your Leadership Mindset**
   Understand the power of Self-Awareness and how to overcome Imposter Syndrome.
2. **Discover Your Leadership Voice**
   Learn about your superpowers and challenges with the GiANT 5 Voices program.
3. **Develop Your Leadership Competence**
   Learn to navigate conflict resolution and develop negotiation skills. Develop a practical understanding of change and change management strategies.
4. **Design Your Leadership Path**
   Create a personalized roadmap for your continued development as a leader.

Key Benefits:

- **Practical Skills**: Gain tools you can apply immediately to lead yourself and lead teams, projects, and initiatives effectively.
- **Industry-Specific Insights**: Learn from leaders who understand the unique dynamics of construction.
- **Confidence Building**: Build self-assurance to step into leadership roles and take on new challenges.
- **Networking Opportunities**: Connect with like-minded women in the industry to share experiences, insights, and support.
- **Personalized Growth**: Walk away with a clear, actionable plan for your leadership journey.

Who Should Attend?

- Women in construction who aspire to leadership roles.
- Emerging leaders looking to strengthen their skills and confidence.
- Experienced professionals seeking to refine their approach and make a greater impact.

Format and Schedule:

- **Duration**: Six engaging workshops over 10 months.
- **Delivery**: In-person and virtual sessions with hands-on activities, group discussions, and expert-led instruction.
- **Networking:** Abundant opportunities for participants to build their professional network
- **Dates**: March – November 2027
- **Location**: AGCVA (11950 Nuckols Road, Glen Allen, Va. 23059) **Unless otherwise noted**
- **Online Learning Platform Access:** GIANT OS platform with assessments, exercises and leadership content

All sessions are in-person unless otherwise noted. Social Hours are optional but highly encouraged.

	LEARNING	Workshop Time	Peer & Social Time
MARCH 17	**Direct Your Leadership Mindset** Workshop #1 and #2	8 a.m.-4:30 p.m.	5:30-7:30 p.m. Dinner
APRIL	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD
MAY 5	**Discover Your Leadership Voice** Workshop #3	1-4:30 p.m.	5-6 p.m. (Location TBD)
JUNE	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD
JUNE 30	**Develop Your Leadership Competence** Workshop #4 – Conflict & Negotiation	1-4:30 p.m.	5-6 p.m. (Location TBD)
JULY	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD
AUGUST 25	**Develop Your Leadership Competence** Workshop #5 – Change & Change Mgt	1-4:30 p.m.	5-6 p.m. (Location TBD)
SEPTEMBER	Core Group (virtual) - 60 min Peer Processing Lunch - 90 min	Lunch	Dates and Time TBD
OCTOBER 27	**Design Your Leadership Path** Workshop #6	1-4:30 p.m.	5-6 p.m. (Location TBD)
NOVEMBER 9	Core Group - 2 hours In-person	3-5 p.m.	5:30-7:30 p.m. (Dinner Location TBD)



Step into Your Leadership Potential Today!
Join this transformative journey that will equip you to lead with purpose and confidence. Become **Empowered** to shape your future and that of our industry.

Cost: AGCVA Members: $3,400

Non-Members: $3650

Includes materials, social hours, and dinners. Peer Processing Lunches are scheduled separately by participants and are not included.

Contact: Courtney Baker | 540-323-0311 | courtney@agcva.org

Registration Link: Register on the AGCVA Website

