



AGC
VIRGINIA
PENINSULA



CANSTRUCTION COMPETITION



WEDNESDAY, OCTOBER 22
4:00 – 7:00 PM



THRIVE PENINSULA
12749 NETTLES DRIVE
NEWPORT NEWS, VA 23606

Join members of Associated General Contractors of Virginia for a Live Canstruction Competition. Teams will design and build sculptures made entirely from cans/boxes of food. After the competition, all the food will be donated to THRIVE Peninsula.

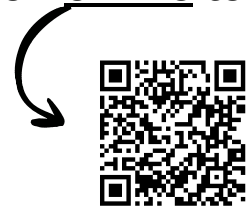
CANSTRUCTION COMPETITION

WANT TO PARTICIPATE?

1. Create a team, either at your office or with others in the community and register online at agcva.org/events.
2. Design a structure to build.
3. Collect canned food to create your structure.
4. Bring your items and your "Canstruction Blueprint" to the event.
5. Your team will build the structure together live at THRIVE Peninsula.

CAN'T BE THERE IN PERSON?

Fear of missing out is real! Make a monetary donation online to support THRIVE and your community.



ITEMS NEEDED AT THRIVE MARKET (NO GLASS PLEASE)

- baking supplies
- beans
- boxed meals
- breakfast items
- crackers
- fruit/fruit juice
- jelly
- pasta
- peanut butter
- instant potatoes
- pudding/jello
- rice
- soup
- spaghetti sauce
- tomatoes
- vegetables



CANSTRUCTION COMPETITION RULES & REGULATIONS

Awards will be given in the following categories:

Largest quantity of cans

Best Design - Structural Ingenuity

People's Choice

BUILD OUT RULES & REGULATIONS

- Structures cannot be built in advance, they must be built on site at THRIVE Peninsula, 12749 Nettles Drive Newport News, VA 23606 on October 22, 2025 between 4:00 p.m. and 6:00 p.m. Judging and awards will take place after 6:00 p.m.
- Event will take place outdoors, weather backup will be inside the building.
- Approximate size for build out is a parking spot, 16ft L x 8ft W x 10ft H.
- Teams are responsible for transporting canned goods to the event location and must submit their number of canned goods at check-in.
- No limits to team composition. This includes the make up and number of team members. Teams do not need to be AGCVA members, anyone from the community is invited to participate.
- Structures **MUST** be structurally self-supporting. Permissible: one-quarter inch thick foam-core, cardboard, masonite, plywood, plexiglass – for the purpose of leveling or balancing materials but not as load bearing.
- Upon conclusion of event, all teams will assist with the load in of canned foods that will be donated to The Market at THRIVE.

Register for the event today! agcva.org/events

Additional Questions? Contact Rachel Reim, rachel@agcva.org