*This form is to be used to document Adventure Therapy Training for the AEE Clinical Adventure Therapist Certification application or for recertification. Please fill it out and have the training workshop or course facilitator sign it.*

**Name of Person being Trained:**

**Title of Training or Course:**

**Location of Training or Course:**

**Date of Training or Course:**

**Name of Trainer / Training Agency:**

**Contact Info for Trainer/Agency:**

Please indicate below the number of hours spent on each [Core Element of AT Training](https://www.aee.org/core-elements-of-adventure-therapy-training):

|  |  |  |
| --- | --- | --- |
| Core Element | **Definition** | **# of Hours:** |
| Facilitation and Processing in AT | *Definition: This element focuses on the effectiveness of the adventure therapy experience, assists clients in finding direction and sources for functional change, and creates changes that are lasting and integrated into the clients’ lives.* |  |
| Organizational/ Administrative Policies in AT | *Definition: This element focuses on the organizational processes and policies surrounding adventure experiences used by the adventure therapist.* |  |
| Conceptual Knowledge of AT | *Definition: This element focuses on the ability of the adventure therapist to use specific models, practices, philosophies, and applications of adventure therapy for the unique needs of treatment issues with clients* |  |
| Therapeutic Alliance Building in AT | *Definition: This element focuses on the ability of the adventure therapist to co-construct an effective therapeutic alliance with clients. The building of this positive form of therapeutic relationship incorporates the use of natural environment elements and adventure programming concepts. Special attention is paid to the specific and diverse context of various clients (e.g., social, cultural, systemic, ethnic, gender, and sexual orientation, etc* |  |
| Assessment in AT | *Definition: This element focuses on how the adventure therapist examines clients in mental health settings through adventure experiences and uses supportive documentation for screening and creating potential interventions.* |  |
| AT Interventions | *Definition: This element focuses on the implementation of adventure therapy treatment strategies and processes to produce functional client change in an appropriate, culturally relevant, lasting manner.* |  |
| Therapeutic Monitoring in AT | *Definition: This element focuses on the continual connection to clients involved in adventure therapy programming, including ongoing evaluation of therapy, maintenance of treatment gains, ongoing treatment planning, and termination.* |  |
| AT Documentation | *Definition: This element focuses on the accurate appraisal of all steps in the adventure therapy process, including but not limited to screening and intake, participant forms, agreement to participate, waivers, informed consent, and other pertinent documentation forms for client benefit.* |  |
| Professionalism in AT | *Definition: This element focuses on the expected professional behavior of an adventure therapist.* |  |
| Socio-Cultural/Environmental Considerations in AT | *Definition: This element focuses on the awareness and practices related to diversity needs, power, privilege, and environmental stewardship.* |  |

**Facilitator Signature:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date:**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_