



# ACHE South Conference (2026)

"Beyond the Books: Nurturing the Social, Emotional, and Spiritual Well-Being of Higher Education Communities"

## Day 1 • Monday, February 16

Time	Session Title	Location
8:30 am - 4:00 pm	Registration Open	
8:30 am - 9:15 am	Breakfast/Networking	
8:30 am - 9:00 am	First Timers Meet and Greet Breakfast	
9:15 am - 9:30 am	Welcome and Introductions	
9:30 am - 10:30 am	<b>Keynote Speech #1 (Ed Naylor)</b>	
10:45 am - 11:15 am	<b>Concurrent Session (Block I)</b>	
	<b>"Mindful in the Moment: Cultivating Emotional Wellness in Higher Education Spaces"</b> Presented by Marcia Credle & Franschesca Thompson	Pulaski Room
	<b>"Supporting Student Well-Being: Understanding Top Concerns and Fostering Resilience and Belonging"</b> Presented by Hannah Regitz & Marie Mallory	Reynolds Suite

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## Day 1 • Monday, February 16 (cont.)

Time	Session Title	Location
11:30 am - 12:00 pm	<b>Concurrent Session (Block II)</b>	
	<p><b>"University of South Carolina Palmetto College: Improving Faculty Welfare as a Bridge to Student Success"</b> Presented by Kathleen Klik &amp; Susan Elkins</p>	Pulaski Room
	<p><b>"AI and VR for Human-Centered Care: Empowering Healthcare Workers For Resilience, Connection, and Career Fulfillment"</b> Presented by Pat Guilbaud</p>	Reynolds Suite
12:15 pm - 1:15 pm	<b>Keynote Speech #3 (Amy Johnson)</b>	
1:30 pm - 2:00 pm	<b>Concurrent Session (Block III)</b>	
	<p><b>"We Are Family - Connecting Off-Campus Students to ETSU Culture"</b> Presented by Brandi Huskey</p>	Pulaski Room
	<p><b>"Supporting academic resilience with innovative advising practices"</b> Presented by Beth Crawford and David Rausch</p>	Reynolds Suite

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## Day 1 • Monday, February 16 (cont.)

Time	Session Title	Location
2:15 pm - 2:45 pm	<b>Concurrent Session (Block IV)</b>	
	<b>"Building Resilience through EQ"</b> Presented by Melissa Lubin	Pulaski Room
	<b>"How to Stop Taking Student Crises to Your Dinner Table: Boundary Setting from the Frontline to the VP's Office"</b> Presented by Candis Harris and Whitney McDowell-Robinson	Reynolds Suite
3:00 pm - 3:30 pm	<b>Concurrent Session (Block V)</b>	
	<b>"Beyond Enrollment: Cultivating Human Flourishing in the Pipeline of Higher Education Communities"</b> Presented by Kennard Weever	Pulaski Room
	<b>"From Resilience to Responsibility: Embedding ISO 45003 to build supportive and accountable universities"</b> Presented by Bryan Hall	Reynolds Suite

**Day 1 • Monday, February 16 (cont.)**

<b>Time</b>	<b>Session Title</b>	<b>Location</b>
<b>3:45 pm - 4:15 pm</b>	<b>Concurrent Session (Block VI)</b>	
	<p><b>"Beyond Burnout: Holistic Well-Being Strategies for Resilience and Connection"</b> Presented by Ja'net Bishop-Nesbit</p>	Pulaski Room
	<p><b>"Supporting Adult Learners' Transition to College through an Adult-Focused First-Year Seminar Course"</b> Presented by Marci Reiter</p>	Reynolds Suite
	<p><b>"Beyond Membership, Making Your Mark in ACHE"</b> Presented by Beth Crawford, Marie Mallory, Hannah Regitz, &amp; Dianna Rust</p>	Sapelo Room



# ACHE South Conference (2026)

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## Day 2 • Tuesday, February 17

Time	Session Title	Location
8:30 am - 12:30 pm	Registration Open	
8:30 am - 9:00 am	Continental Breakfast	
9:30 am - 10:00 am	<b>Keynote Speech #3 (Dianna Rust)</b>	
10:15 am - 10:45 am	<b>Concurrent Session (Block VII)</b>	
	<b>"Empowering the Whole Educator: The Cardinal Leadership Institute Approach to Well-Being and Leadership"</b> Presented by Matt Bergman	Pulaski Room
	<b>"Student Mental Health, Social Connection and Community Building"</b> Presented by Deborah Haber	Reynolds Suite
11:00 am - 11:30 am	<b>Concurrent Session (Block VIII)</b>	
	<b>"Pacing for Success: Fostering Resilience and Achievement in a CBE Degree Program"</b> Presented by Pat Guilbaud and Scott Amundsen	Pulaski Room

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## Day 2 • Tuesday, February 17 (cont.)

Time	Session Title	Location
11:00 am - 11:30 am	<b>"Human Connections in a Digital Classroom: Building Relationships that Sustain Learning"</b> Presented by Mike Breakey	Reynolds Suite
11:45 am - 12:15 pm	<b>Concurrent Session (Block IX)</b>	
	<b>"Partnering for Impact: Continuing Ed, Workforce and Wellness for High School Students"</b> Presented by Jon DeBenedictis	Pulaski Room
	<b>"From Inquiry to Persistence: Communication Strategies That Empower Adult Learners"</b> Presented by Jeana Nier	Reynolds Suite
12:30 pm - 1:30 pm	<b>Awards Luncheon &amp; Business Meeting</b>	
1:45 pm - 2:15 pm	<b>Concurrent Session (Block X)</b>	
	<b>"Reflecting on Personal Motivational Immediacy in Leadership for Well-Being"</b> Presented by Jonathan Taylor & Steven Frye	Pulaski Room

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## Day 2 • Tuesday, February 17 (cont.)

Time	Session Title	Location
1:45 pm - 2:15 pm	<b>"Incorporating Spiritual Compassion into Mentorship"</b> Presented by Sydney Richardson	Reynolds Suite
2:30 pm - 3:00 pm	<b>Concurrent Session (Block XI)</b>	
	<b>"Teaching Like a Crew Chief: Lessons from Stock Car Racing about Teaching"</b> Presented by Amy Johnson	Pulaski Room
	<b>"More Than Just Credit: Reflection, Confidence, and Motivation through Prior Learning Assessment"</b> Presented by Cathy Delametter	Reynolds Suite
3:15 pm - 3:45 pm	<b>Concurrent Session (Block XII)</b>	
	<b>"Building Self-Efficacy Through Pedagogy: Applying Building Thinking Classrooms in the College Classroom"</b> Presented by Megan Hardin	Pulaski Room
	<b>"Prediction of Student Course Success Through LMS Engagement"</b> Presented by Andy Browne	Reynolds Suite



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## Day 3 • Wednesday, February 18

Time	Session Title	Location
8:00 am - 9:00 am	Registration Open	
8:30 am - 9:00 am	Continental Breakfast	
9:00 am - 9:30 am	<b>Concurrent Session (Block XIII)</b>	
	<b>"From Poverty to Opportunity: Partnering with the Community to Create Generational Change"</b> Presented by Steven Frye & Ann Manginelli	Pulaski Room
9:45 am - 10:45 am	<b>Keynote Speech #4 (Julie Shankle)</b>	
10:45 am - 11:15 am	<b>Closing</b>	

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