



ACHE South Conference (2026)

"Beyond the Books: Nurturing the Social, Emotional, and Spiritual Well-Being of Higher Education Communities"

Day 1 • Monday, February 16

Time	Session Title	Location
8:30 am - 4:00 pm	Registration Open	
8:30 am - 9:15 am	Breakfast/Networking	
8:30 am - 9:00 am	First Timers Meet and Greet Breakfast	
9:15 am - 9:30 am	Welcome and Introductions	
9:30 am - 10:30 am	Keynote Speech #1 (Ed Naylor)	
10:45 am - 11:15 am	Concurrent Session (Block I)	
	"Mindful in the Moment: Cultivating Emotional Wellness in Higher Education Spaces" Presented by Marcia Credle & Franschesca Thompson	Pulaski Room
	"Supporting Student Well-Being: Understanding Top Concerns and Fostering Resilience and Belonging" Presented by Hannah Regitz & Marie Mallory	Reynolds Suite

DeSoto Hotel – February 16 – 18, 2026



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Day 1 • Monday, February 16 (cont.)

Time	Session Title	Location
11:30 am - 12:00 pm	Concurrent Session (Block II)	
	<p>"University of South Carolina Palmetto College: Improving Faculty Welfare as a Bridge to Student Success"</p> <p>Presented by Kathleen Klik & Susan Elkins</p>	Pulaski Room
	<p>"AI and VR for Human-Centered Care: Empowering Healthcare Workers For Resilience, Connection, and Career Fulfillment"</p> <p>Presented by Pat Guilbaud</p>	Reynolds Suite
12:15 pm - 1:15 pm	Keynote Speech #3 (Amy Johnson)	
1:30 pm - 2:00 pm	Concurrent Session (Block III)	
	<p>"We Are Family - Connecting Off-Campus Students to ETSU Culture"</p> <p>Presented by Brandi Huskey</p>	Pulaski Room
	<p>"Supporting academic resilience with innovative advising practices"</p> <p>Presented by Beth Crawford and David Rausch</p>	Reynolds Suite

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Time	Session Title	Location
2:15 pm - 2:45 pm	Concurrent Session (Block IV)	
	"Building Resilience through EQ" Presented by Melissa Lubin	Pulaski Room
	"How to Stop Taking Student Crises to Your Dinner Table: Boundary Setting from the Frontline to the VP's Office" Presented by Candis Harris and Whitney McDowell-Robinson	Reynolds Suite
3:00 pm - 3:30 pm	Concurrent Session (Block V)	
	"Beyond Enrollment: Cultivating Human Flourishing in the Pipeline of Higher Education Communities" Presented by Kennard Weever	Pulaski Room
	"From Resilience to Responsibility: Embedding ISO 45003 to build supportive and accountable universities" Presented by Bryan Hall	Reynolds Suite

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Time	Session Title	Location
3:45 pm - 4:15 pm	Concurrent Session (Block VI)	
	"Beyond Burnout: Holistic Well-Being Strategies for Resilience and Connection" Presented by Ja'net Bishop-Nesbit	Pulaski Room
	"Supporting Adult Learners' Transition to College through an Adult-Focused First-Year Seminar Course" Presented by Marci Reiter	Reynolds Suite
	"Beyond Membership, Making Your Mark in ACHE" Presented by Marie Mallory, Dianna Rust & Beth Crawford	Sapelo Room



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"Beyond the Books: Nurturing the Social, Emotional, and Spiritual Well-Being of Higher Education Communities"

Day 2 • Tuesday, February 17

Time	Session Title	Location
8:30 am - 12:30 pm	Registration Open	
8:30 am - 9:00 am	Continental Breakfast	
9:30 am - 10:30 am	Keynote Speech #3 (Dianna Rust)	
10:15 am - 10:45 am	Concurrent Session (Block VII)	
	"Empowering the Whole Educator: The Cardinal Leadership Institute Approach to Well-Being and Leadership" Presented by Matt Bergman	Pulaski Room
	"Student Mental Health, Social Connection and Community Building" Presented by Deborah Haber	Reynolds Suite
11:00 am - 11:30 am	Concurrent Session (Block VIII)	
	"Pacing for Success: Fostering Resilience and Achievement in a CBE Degree Program" Presented by Pat Guilbaud and Scott Amundsen	Pulaski Room

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Day 2 • Tuesday, February 17 (cont.)

Time	Session Title	Location
11:00 am - 11:30 am	"Human Connections in a Digital Classroom: Building Relationships that Sustain Learning" Presented by Mike Breakey	Reynolds Suite
11:45 am - 12:15 pm	Concurrent Session (Block IX)	
	"Partnering for Impact: Continuing Ed, Workforce and Wellness for High School Students" Presented by Jon DeBenedictis	Pulaski Room
	"From Inquiry to Persistence: Communication Strategies That Empower Adult Learners" Presented by Joanna Nier	Reynolds Suite
12:30 pm - 1:30 pm	Awards Luncheon & Business Meeting	
1:45 pm - 2:15 pm	Concurrent Session (Block X)	
	"Reflecting on Personal Motivational Immediacy in Leadership for Well-Being" Presented by Jonathan Taylor & Steven Frye	Pulaski Room

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Day 2 • Tuesday, February 17 (cont.)

Time	Session Title	Location
1:45 pm - 2:15 pm	"Incorporating Spiritual Compassion into Mentorship" Presented by Sydney Richardson	Reynolds Suite
2:30 pm - 3:00 pm	Concurrent Session (Block XI)	
	"Teaching Like a Crew Chief: Lessons from Stock Car Racing about Teaching" Presented by Amy Johnson	Pulaski Room
	"More Than Just Credit: Reflection, Confidence, and Motivation through Prior Learning Assessment" Presented by Cathy Delametter	Reynolds Suite
3:15 pm - 3:45 pm	Concurrent Session (Block XII)	
	"Building Self-Efficacy Through Pedagogy: Applying Building Thinking Classrooms in the College Classroom" Presented by Megan Hardin	Pulaski Room
	"Prediction of Student Course Success Through LMS Engagement" Presented by Andy Browne	Reynolds Suite

DeSoto Hotel – February 16 – 18, 2026



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Day 3 • Wednesday, February 18

Time	Session Title	Location
8:00 am - 9:00 am	Registration Open	
8:30 am - 9:00 am	Continental Breakfast	
9:00 am - 9:30 am	Concurrent Session (Block XIII)	
	"From Poverty to Opportunity: Partnering with the Community to Create Generational Change" Presented by Steven Frye	Pulaski Room
9:45 am - 10:45 am	Keynote Speech #4 (Julie Shankle)	
10:45 am - 11:15 am	Closing	