

April 25th, 2023 12:00 - 5:20 PM			April 25th, 2023 12:00 - 5:30 PM		
Day 1					
Introduction to OSHA	12:00 - 2:00	2.0 hr.	12:00-2:00	2.0 hr.	
Break	2:00 - 2:10	10 min.	2:00-2:15	15 min.	
Focus 4 -					
Fall Hazards	2:10 - 3:40	1.5 hrs.	2:15-3:45	1.5 hrs.	
Struck-by	3:40 - 4:10	.50 hr.	3:45-4:15	.50 hr.	
Break	4:10 - 4:20	10 min.	4:15-4:30	15 min.	
Caught-in-between	4:20 - 4:50	.50 hr.	4:30-5:00	.50 hr.	
Personal Protective Equipment	4:50 - 5:20	<u>.50 hr.</u>	5:00-5:30	<u>.50 hr.</u>	
		5.0 Hours		5.0 Hours	
April 26th, 2023					
7:00 am - 12:20 PM			7:00 am - 12:30 PM		
Day 2					
Material Handling	7:00 - 8:00	1.0 hr.	7:00 - 8:00	1.0 hr.	
Confined Space	8:00 - 9:00	1.0 hr.	8:00 - 9:00	1.0 hr.	
Break	9:00- 9:10	10 min.	9:00- 9:15	15 min.	
Electrical LO/TO	9:10 - 10:40	1.5 hrs.	9:15 - 10:45	1.5 hrs.	
Health Hazards in Construction	10:40 - 11:10	.50 hr.	10:45 - 11:15	.50 hr.	
Break	11:10 - 11:20	10 min.	11:15 - 11:30	15 min.	
Excavations	11:20 - 12:20	<u>1.0 hr.</u>	11:30 - 12:30	<u>1.0 hr.</u>	
		5.0 Hours		5.0 Hours	
10 Hours Total					