







NOW THROUGH DECEMBER 17

YOU <u>CAN</u> MAKE A DIFFERENCE!

Give the gift of food to the hungry of Southeast Texas. More than 110,000 people in the Southeast Texas area lack access to adequate nutrition. About 30% of these are children. The SETX Food Bank provides food to over 100 hunger-relief agencies across Texas counties. Donate your non-perishable and canned food. Every 10,000 pounds of food collected is the equivalent to providing over 8,300 meals to our neighbors in need!

Donations can be delivered to the AASET Executive Office at 7770 Gladys Avenue, Suite B/Beaumont. Please call (409) 899-4455 to confirm an appointment time with staff prior to arrival.



WISH LIST \checkmark

PROTEIN:

Canned tuna, salmon, chicken, peanut butter, baked beans or canned nuts.

DAIRY:

Canned, evaporated, powdered or shelf-stable milk.

FRUITS & VEGETABLES:

100% juice in boxes or cans, canned veggies and fruit in lite syrup.

OTHER:

Boxed pasta, rice, cereals, canned soups, stews and macaroni and cheese.

